

# THE BLACK & GOLD



STUDENT DRIVEN NEWS

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## THE BLACK & GOLD STAFF

The Black & Gold is produced by the CGE newspaper club. It is reported and edited by fourth, fifth and sixth grade students.

### Editors

*Nathan April, Will Bodelson, Adam Dakhli, Louis Holthouse, Brooklyn Marti, Rory Primm, Whitten Sechrest, Lola Wetzel*

### Staff Reporters

*Sage Arthrell, Arrybella Berry, Anthony Castro-Rodriguez, Lili Gomez, Joel Hoffman, Touria Loamane*

### Junior Reporters

*Joaquin Linson, Rainier Long, Trevor Muirhead, Sebastien Procureur*

### Advisors

*Sara April, Noah Long and Cynthia Wetzel*

## NDI KEEPS DANCING

*By Joaquin Linson and Trevor Muirhead*

First of all, what is NDI? NDI is the National Dance Institute. It is taught by professional dancers to young kids. It was started in 1976 with the knowledge that the arts have a unique ability to engage and motivate children. Their purpose is to help children develop discipline, a standard of excellence and a belief in themselves that will carry over into all aspects of their lives.

Every year, NDI comes into area schools and teaches the fourth graders how to dance. This year, the 4th graders are doing the "Route Sixty Six" dance.

Our experience at NDI so far is fantastic! It has included runs, jumps and kicks. So, basic choreography, but it is much more than basic. We have to be sleek and smooth with our moves. Our fingers have to be "crispy," which just means strong, not limp, and our smiles have to be big.

But, let me tell you about the "Shooting Stars" move, which is when you stretch out your hands and put them up and move them up and down.

Some dancers are invited to join S.W.A.T.—Super Wonderful Advanced Team—which is a special group of dancers that do more complicated dances. They meet to rehearse for four hours every week.

The NDI program has helped strengthen our mental and physical health. The coach teaches us about what NDI calls the core four, principals to live by in order to be successful in anything you do. The core four include work hard, do your best, never give up, and be healthy.

## A BETTER-LATE-THAN-NEVER HISTORY OF VALENTINE'S DAY

*by Rory Primm and Whitten Sechrest*

The history of St. Valentine's has had many renditions throughout the centuries it has existed. We would love to go over all of them, but we would be here forever. This is why we only picked our favorite shorter version.

This story starts in the ancient city of Rome where Emperor Claudius II reigned from the year 268 A.D. to 270 A.D. Claudius thought that unmarried men made better warriors because of the fact they had nothing to lose, so he banned marriage for all youth men. A priest named Valentine (later known as St. Valentine) thought this was unfair and not right, so he performed secret marriages for the youth that would go unnoticed for a while. When the Emperor eventually found out (on February 14th, 270 A.D.) he had Valentine sent to prison to await his eventual death for defying the emperor. But before he was killed, he supposedly sent the first Valentine to the jailor's daughter, with whom he had fallen in love while incarcerated. In the fifth century Pope Gelasius I declared the date of Valentine's death to be officially known as St. Valentine's Day.

At first, Valentine's Day festivities were quite different than they are now. It's said that boys drew the names of girls from a box and the couples stayed together for the rest of the day. Some of them stayed together and actually got married after the festival. After Pope Gelasius I created St. Valentine's Day, the festival turned into a Christian celebration that focused on the Saint. The Catholic Church doesn't recognize St. Valentine's Day on its calendar anymore, but people throughout the world still celebrate the day as a day for romance.

It's crazy to think that if Emperor Claudius II hadn't done the horrible things he did and St. Valentines opposed them we wouldn't have this holiday where we write cards to each other to show our affection and friendship. This holiday has had many stages of transformation throughout the centuries and has amazing roots. So next time you're writing a card for that special someone or even a friend, think of where this loving holiday came from.

## WORLD CUP FINALS

by Adam Dakhli

People consider this year's World Cup Final the most fantastic football (soccer) game ever. Kylian Mbappe had a marvelous hat trick while Messi solidified himself as the greatest player of all time. (Sorry Ronaldo fans!) People feel as though Messi always deserved a world cup, and his winning this cup made Argentine fans go crazy. Just look at this photo!



The French team was a favorite to win the cup, but they couldn't pull out a victory. They will be looking to bounce back next cup with a young team of talented stars, such as Olivier Giroud, Antione Griezmann, and many more. We can count on them to put on a show.

Congrats to all the award winners in this cup.

## CGE BASKETBALL

by Adam Dakhli and Rainier Long

Boys basketball kicked off in December with practices. The games were held in January and February with the first game being on January 14th. There is an A squad (fifth and sixth graders), B squad (fourth and fifth graders), and C squad (third and fourth graders).

There are games on Saturdays and even some games occasionally on weekdays! There will be around ten games total. So far the A squad is undefeated, and is going to the championship on February 25, 2023, so go Blackhawks! The C squad is 1-8 so far, out of the tournament. The B squad is 6-3, playing a remarkable season, but out of the tournament.

Thanks to all the coaches, who take time to teach all these kids to be excellent players and teammates. Congrats to all the players for making it this far in the season. And a special thanks to all the Blackhawk supporters to motivate our teams. Hope our Blackhawks are ready! GO BLACKHAWKS!

## CGE HISTORY

By Lili Gomez, Brooklyn Marti, Lola Wetzel

Did you know that Carlos Gilbert Elementary has been here for eighty years? 81 to be exact. There is a lot about Carlos Gilbert that has changed and improved.

The city bought the land our school sits upon from the railroad company for just \$3,600. The school was built for only \$50,000. Nowadays, you wouldn't even be able to build a casita for that price. Carlos Gilbert Elementary opened its doors in 1942 with only 13 teachers. The cafeteria was in the basement. The school was named after a man named Carlos Gilbert. He was an insurance salesman who sat on the school board.

It had a huge remodel in 2008. Picture the school without the kindergarten wing, music room, library and computer lab, and the entrance was in the foyer area.

A lot of traditions have been here for a long time. For example, the PTK's biggest annual fundraiser, the Halloween Carnival, was started around 70 years ago.

We interviewed former principal Maria Naranjo who lead the school from 1980 to 1993. She really enjoyed being at this school and her favorite part of it was student interactions. Interestingly, before she was the

principal, she was an elementary school student here—from 1951 to 1956. She loves the student interaction so much she came back and volunteered for another seven years in 2006 to 2013.

When we met up with Ms. Naranjo, she showed us the t-shirt CGE students designed to celebrate the school's 50th anniversary. That took place in 1992, when she was the principal of the school.

Carlos Gilbert has been keeping up the team spirit for years. The school's scrapbooks are filled with photos of sports teams and clubs that celebrate many different hobbies.

Carlos Gilbert Elementary has a reputation for keeping its teachers for many, many years. New teachers come in and many stay their entire career. Whether that's a testament to our excellent principal, the amazing students or something in the air, we'll take it.



Lili Gomez, Brooklyn Marti, Ms. Naranjo

\*\*\*OPINION POLL\*\*\*

## BEST & WORST SCHOOL LUNCHES

by Anthony Castro-Rodriguez and Sebastien Procureur

School lunches are meant to provide a nutritious midday meal. While sometimes they might not taste the best, it's a good way to get a healthy lunch. Some school lunches are arguably better than others. We conducted a survey on which school lunches are the worst and the best. Some people may disagree but opinions are opinions.

### Favorite Lunches

1. Pizza
2. Frito Pie
3. Nachos

### Least Favorite Lunches

1. Chicken Caesar Salad
2. Burger
3. Corn Dogs

# GUINNESS WORLD RECORDS

by Rainier Long

Guinness World Records 2023 came out in September 2022 and is full of amazing records. Here are some of the most amazing, unbelievable, and super cool records ever.

Eddie Hall is the human who can deadlift 1,102.31 lbs, which is half a ton. He is the first person to lift that large of an amount. He is 6'3" tall, 34 years old, and now an actor.

Robert Wadlow was the tallest person ever with a peak height at 8'11.1". He died in 1940 at age 22. He was still growing.

The smallest person roundup is our next record, or, technically, three! The smallest person ever, Chandra Bahadur Dangi was 21.5 inches tall. The smallest woman alive is Jyoti Amge, who is 2' 0.7". She is a 29-year-old Indian actress. The smallest man alive is Afshin Esmaeil Ghaderzadeh. He is 2' 1.6" tall.

This next record took quite some time to learn about. It is the oldest person ever recorded. Jeanne Calment claimed to be 122, but researchers discovered she was a fraud. The real oldest person ever was Kane Tanaka at 119 years, 107 days old.

Let's skip up to space. The tallest volcano

in the solar system, the Olympus Mons on Mars, is also known as the tallest mountain in the solar system. Fifteen miles above its base, it is three times as tall as Mount Everest (included below).

Now, the greatest rainfall within a two-day period. On June 15 – 16, 1995, Cherrapunji, a town in India, received an eight-foot-two-inch rainfall, an average of a little over two inches an hour.

Now, for the largest word count for a book. The Blah Story wins, with over 3,200,000 words. The record holder for the most pages in a book is impossible to read. A Japanese comic, in a "One Piece", is a 21,450 page book. However, it is just many comic books strapped together. Do you think it counts?

You probably know the heaviest animal (average) is the Antarctic Blue Whale. The average adult weighs 400,000 lbs, or as much as 33 elephants. It can be up to 98 feet long.

Let us go back many millions of years, to the time when the largest meat-eating dinosaur existed. The Spinosaurus was an estimated 15 meters long, or 49,2126 feet. That was how long, but it was also 18 feet tall! That is over twice as tall as Robert Wadlow! Some could even be 25 feet tall!!

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# MODERN TECHNOLOGY

by Joel Hoffman and Sage Arthrell

In many schools, there is impressive technology. Over time, technology has become a part of everyday life. It started with radios, projectors, and the Scantron testing machines that moved into different schools.

But now, there is a floating school, a super clean energy school, and even a school without rules! But how do these schools support themselves? With modern technology, of course. We know that modern tech is huge, but how much has it moved into schools?

Radio in the 1920s sparked a new wave of learning; on-air classes

began popping up for any students who could afford this device.

Next came the overhead projector in 1930, followed by the ballpoint pen in 1940 and headphones came in 1950. Videotapes arrived on the scene in 1951, "creating a new and exciting method of instruction". The Skinner Teaching Machine made a system of teaching and testing, providing help for correct answers so that the students could move on to the next lesson. The photocopier, introduced in 1959, and the handheld calculator, invented in 1972 entered the classrooms next, allowing quicker

mathematical calculations. In 1972, the Scantron system of testing, invented by Michael Sokolski, allowed educators to grade things more quickly.

Now, laptops, remote learning and Promethean boards (the evolution of SmartBoards) have entered schools around the country. Since COVID-19, computers have become a big part of learning.

Who knows what incredible inventions the future of schools will hold? Only time will tell.

# FROM THE LIBRARY JOKE JAR

by Trevor Muirhead

**What kind of sea shanty tells  
pirates the weather?**

*The weatherman.*

**How do you fix a cracked pumpkin?**

*With a pumpkin patch!*

**Why do sharks only swim in salt  
water?**

*Because in pepper water they would  
sneeze!*

**What did one eye say to the other?**

*Something smells between us.*

# FUN AND GAMES

## NM WORD SEARCH

by Joel Hoffman

F	E	G	T	T	S	U	G	Y	S	G	N	Y	S	F	K	P	O	T	S
O	F	H	J	L	D	G	F	U	Y	H	J	A	S	G	B	D	J	G	L
U	R	R	F	T	O	O	F	Q	R	V	Z	G	Q	U	U	E	I	O	P
R	E	A	O	F	E	B	I	S	C	O	C	H	I	T	O	S	T	Y	H
T	J	A	X	A	Z	U	M	R	E	B	Y	I	J	P	F	E	H	W	E
Y	T	U	O	I	D	A	S	Y	A	S	A	G	R	E	A	R	T	W	Y
N	G	S	V	H	J	R	J	T	S	Y	G	B	N	M	Y	T	U	I	L
I	N	D	I	G	O	Y	U	C	C	A	S	U	T	S	C	A	H	L	Y
N	G	H	Y	B	U	X	E	N	O	P	I	T	H	B	M	R	Y	D	Z
T	P	P	O	E	F	H	V	U	N	I	K	Z	Y	O	D	A	O	F	U
H	N	O	C	A	R	F	S	R	T	E	Y	U	I	O	V	N	U	I	L
S	Y	E	F	A	T	N	A	S	G	F	R	Q	F	L	O	T	L	R	U
T	U	C	K	D	R	E	S	V	B	H	R	R	T	U	I	U	N	E	S
A	B	O	E	S	O	I	Q	R	U	T	D	R	A	Z	I	L	G	S	T
T	R	F	G	P	H	D	G	H	J	J	K	Y	R	E	E	A	R	T	H
E	Y	E	L	W	F	O	U	R	C	O	R	N	E	R	S	H	Y	O	U
F	F	U	N	S	U	T	C	A	C	M	A	T	H	I	S	A	L	L	F
U	T	N	M	A	T	H	I	S	F	U	N	Y	A	D	F	W	G	J	U
O	C	D	R	F	Y	U	N	O	A	C	B	M	N	M	Y	K	U	R	B
D	P	A	S	F	U	G	R	A	E	B	K	C	A	L	B	D	O	N	E

- Roadrunner
- Santa Fe
- Yucca
- Cactus
- Ziasymbol
- Fourtyninthstate
- Biscochitos
- Turquoise
- Desert
- Lizard
- Tarantula hawk
- Blackbear
- Fourcorners
- Pluto
- Wildfires

# FUN WITH MATH

by Adam Dakhli

5th - 6th grade

2nd - 4th grade

**TWO TRUTHS & ONE LIE!**

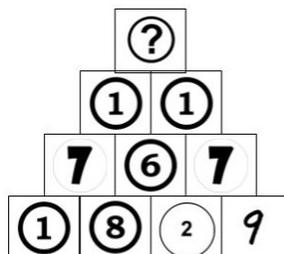
Which of the three statements below is a lie?  
Explain how you made your choice.

=  $3\frac{3}{5}$    =  $5\frac{1}{4}$    =  $2\frac{1}{2}$

(1) →

(2) + <

(3)  $7\frac{3}{4} =$  +



## RECORDS CONT FROM PG 3

It may seem impossible, but it is possible to solve a Rubik's cube with one hand. Believe it or not, but the largest gathering of people solving Rubik's cubes one handed had 610 people. Can you do it?

In honor of our newspaper, I am including this record. The youngest magazine editor, who is 12 right now. Roxanne Downs started editing GIRL when she was eight years old! That is over a year younger than our youngest reporters!

And now the final one, the record of the records of the records, is the most GWR records held. Ashrita Furman has set more than 600 records, and currently holds 530! Born September 16, 1954, the records record holder's include longest distance walked while balancing a bottle of milk on the head, 80.95 miles. That is officially amazing!