ACEs

Adverse Childhood Experiences



When children experience traumatic events, it can have lasting effects on their mental health and wellbeing. These events are called ACEs.

11/18/2020
9:00 AM - 12:00 PM
Register

12/08/2020
1:00 PM - 4:00 PM
Register

12/16/2020
12:00 PM - 3:00 PM
Register

Location:
FREE VIRTUAL TRAINING

Why We Care:

Studies show that 26% of adults have at least one ACE while 1 in 8 adults have 4 or more ACEs. This trauma increases the likelihood of developing chronic diseases and some cancers.

What We Do:

ACE trainers across Virginia are working to raise awareness through education and connect people to helpful resources in an effort to reduce ACEs and ultimately improve the health of our communities.

Alleghany Highlands Community Services

Southside Behavioral Health

hopestarter

Rappahannock Area

R·A·C·S

Goochland Powhatan Community Services
Connect. Grow. Thrive.

regionten
a better life, a better community

Valley Community Services Board

Northwestern Community Services Board
A Behavioral Health Agency