

LOCK MEDS. LOCK GUNS. TALK SAFETY.

61%

of people who die by
suicide use firearms

19%

of people who die by
suicide overdose
on medications

Prevent suicides by restricting access to firearms and poisons.

Limiting access to lethal means for a person in crisis is an essential strategy for preventing suicide.

Talking about the problem of suicide saves lives, reduces stigma, encourages
help seeking behaviors and aids survivors in their personal healing.

Free cable and trigger locks and locking medication boxes are available.

To obtain your locking device, visit:

**Department of Community and Human Services
(4480 King St., 5th Fl. or 2525 Mt. Vernon Ave.)**

*If you, or someone you know, are thinking about suicide,
are worried about a friend or loved one, or would like emotional support,
the National Suicide Prevention Lifeline is available 24/7:*

1.800.273.TALK



Department of Community
and Human Services



SPAN
SUICIDE PREVENTION
ALLIANCE OF NORTHERN VIRGINIA