

# LOCK MEDS. LOCK GUNS. TALK SAFETY.

**61%**

of people who die by  
suicide use firearms

**19%**

of people who die by  
suicide overdose  
on medications

Prevent suicides by restricting access to firearms and poisons.

Limiting access to lethal means for a person in crisis is an essential strategy for preventing suicide.

Talking about the problem of suicide saves lives, reduces stigma, encourages  
help seeking behaviors and aids survivors in their personal healing.

Free cable and trigger locks and locking medication boxes are available.

To obtain your locking device, contact:

**[noraine.buttar@alexandriava.gov](mailto:noraine.buttar@alexandriava.gov)**

*If you, or someone you know, are thinking about suicide,  
are worried about a friend or loved one, or would like emotional support,  
the National Suicide Prevention Lifeline is available 24/7:*

**1.800.273.TALK**



Department of Community  
and Human Services

