

City of Alexandria, Virginia

SAPCA's Fall Community Meeting

October 4, 2022



Tonight's Agenda



- Welcome
- Review 2022 Developmental Assets Data Regarding Substance Use
- Discuss Developmental Assets Data
- Discuss Action Steps Based on Data
- Review and Vote on Proposed Changes to SAPCA's Bylaws
- Community Announcements
- Adjourn

2022 Developmental Assets Survey Data: Overview of Responses



- 1,538 students completed the survey
- Response rates:
 - 8th grade: 47% (n=714)
 - 10th grade: 27% (n=408)
 - 12th grade: 27% (n=411)
- Data are self reported
- Measures thriving behaviors (Developmental Assets) and youth attitudes and behaviors regarding risky behaviors, including substance use



What are Developmental Assets?

- Building blocks that support positive, healthy development of children and youth
- Developmental Assets = Protective Factors

EXTERNAL ASSETS



Support



Empowerment



Boundaries &
Expectations



Contructive Use of Time

INTERNAL ASSETS



Commitment to Learning



Positive Values



Social Competencies



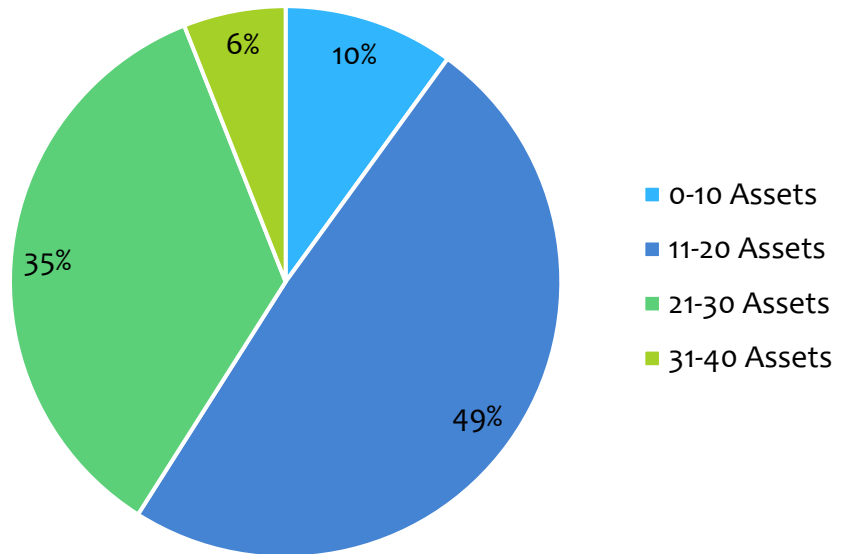
Positive Identity

Youth Assets in Alexandria



- For optimal youth outcomes, the more assets youth have, the better
- In Alexandria, 6% of youth reported having 31 or more of the 40 assets

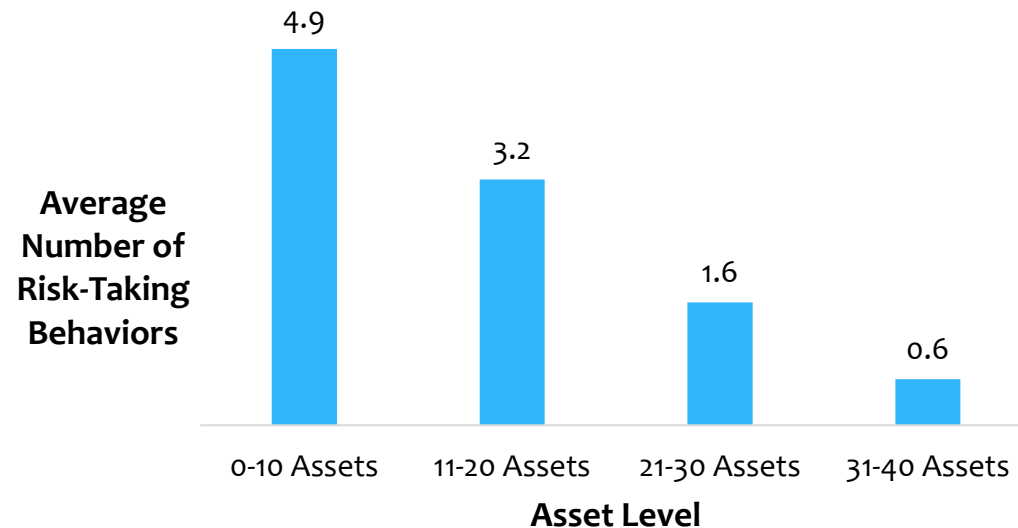
Youth Assets in Alexandria



The Power of Developmental Assets



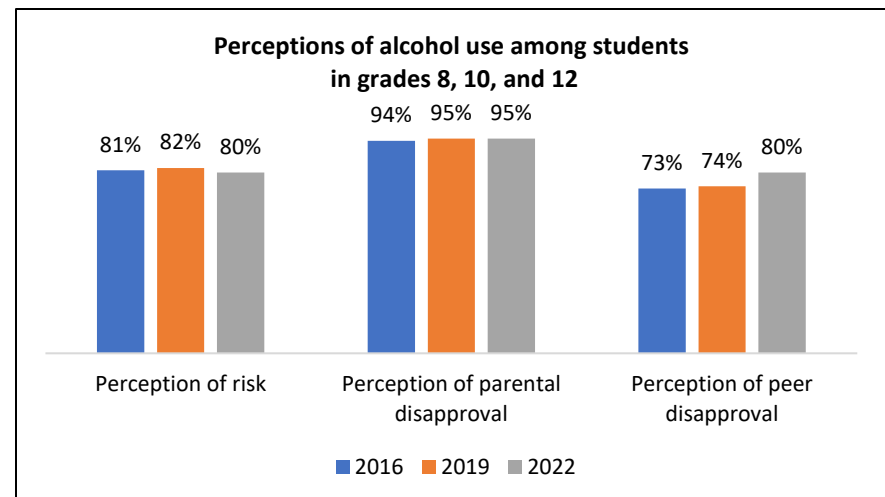
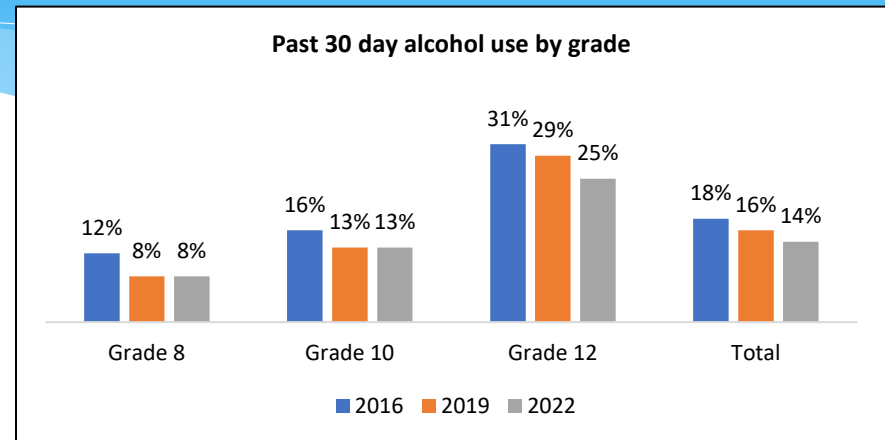
- Youth with higher levels of Developmental Assets are involved in fewer risk-taking behaviors



Youth Attitudes and Behaviors Regarding Alcohol



Alcohol	Grade	2016	2019	2022
Used alcohol once or more in the past 30 days	8	12%	8%	8%
	10	16%	13%	13%
	12	31%	29%	25%
	Total	18%	16%	14%
Perception of risk of five or more drinks once or twice a week	8	81%	80%	75%
	10	83%	84%	87%
	12	81%	80%	82%
	Total	81%	82%	80%
Perception of parental disapproval	8	96%	96%	96%
	10	94%	96%	96%
	12	91%	92%	91%
	Total	94%	95%	95%
Perception of peer disapproval	8	79%	80%	85%
	10	72%	72%	81%
	12	63%	66%	72%
	Total	73%	74%	80%



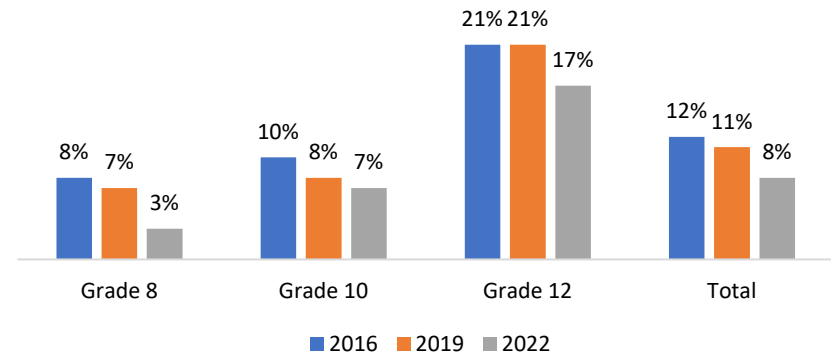
Youth Attitudes and Behaviors Regarding Marijuana



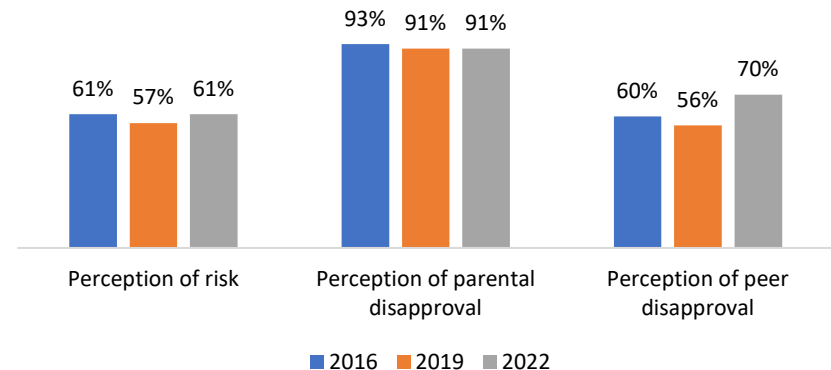
Marijuana	Grade	2016	2019	2022
Used marijuana or hashish once or more in the past 30 days	8	8%	7%	3%
	10	10%	8%	7%
	12	21%	21%	17%
	Total	12%	11%	8%
Vaped tobacco, nicotine, or marijuana once or more in the past 30 days*	8			7%
	10			12%
	12			19%
	Total			12%
Perception of risk of marijuana use once or twice a week	8	68%	64%	68%
	10	60%	58%	63%
	12	51%	45%	46%
	Total	61%	57%	61%
Perception of parental disapproval	8	96%	94%	95%
	10	92%	92%	91%
	12	87%	85%	84%
	Total	93%	91%	91%
Perception of peer disapproval	8	69%	69%	82%
	10	59%	55%	69%
	12	43%	41%	51%
	Total	60%	56%	70%

*This question was first asked in 2022

Past 30 day marijuana use by grade



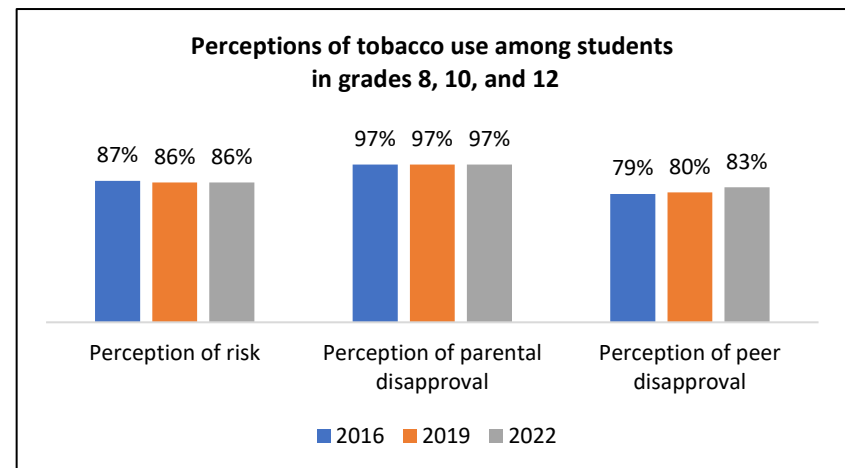
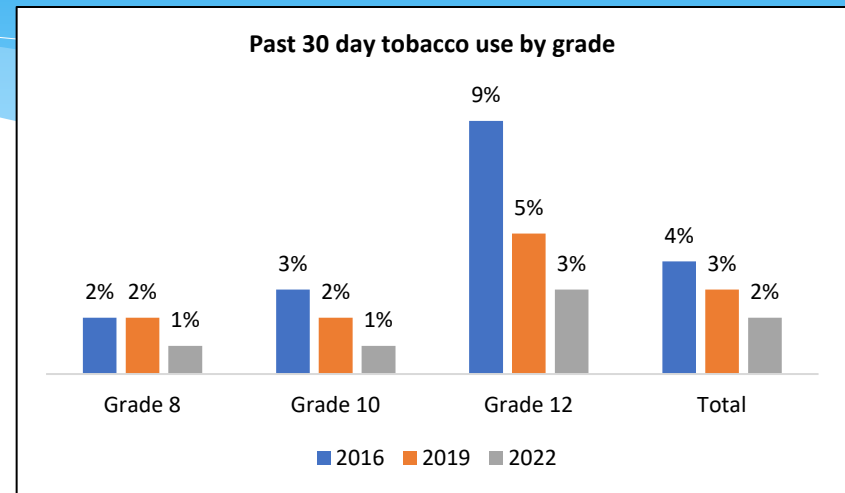
Perceptions of marijuana use among students in grades 8, 10, and 12



Youth Attitudes and Behaviors Regarding Tobacco



Tobacco	Grade	2016	2019	2022
Smoked cigarettes once or more in the past 30 days	8	2%	2%	1%
	10	3%	2%	1%
	12	9%	5%	3%
	Total	4%	3%	2%
Vaped tobacco, nicotine, or marijuana once or more in the past 30 days*	8			7%
	10			12%
	12			19%
	Total			12%
Perception of risk of one or more packs of cigarettes per day	8	86%	86%	81%
	10	87%	87%	93%
	12	88%	86%	87%
	Total	87%	86%	86%
Perception of parental disapproval	8	99%	97%	97%
	10	96%	98%	98%
	12	95%	96%	97%
	Total	97%	97%	97%
Perception of peer disapproval	8	81%	82%	86%
	10	80%	82%	84%
	12	73%	74%	79%
	Total	79%	80%	83%



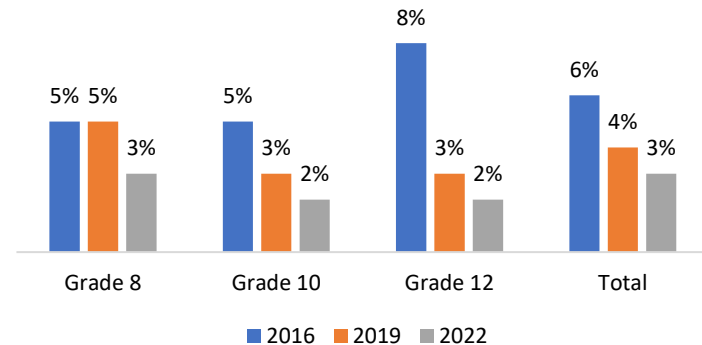
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Youth Attitudes and Behaviors Regarding Prescription Drugs

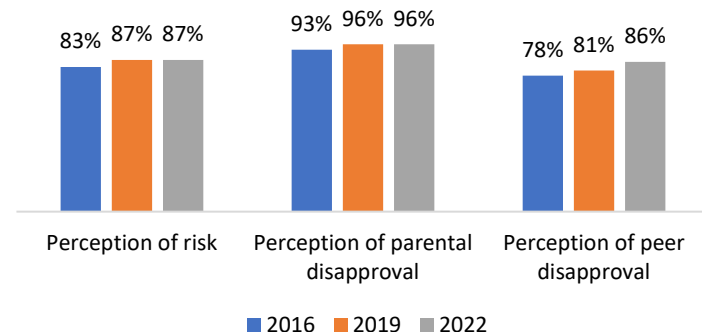


Prescription Drugs	Grade	2016	2019	2022
Used prescription drugs not prescribed to them once or more in the past 30 days	8	5%	5%	3%
	10	5%	3%	2%
	12	8%	3%	2%
	Total	6%	4%	3%
Perception of risk of using prescription drugs not prescribed to them	8	80%	87%	82%
	10	84%	90%	92%
	12	87%	85%	90%
	Total	83%	87%	87%
Perception of parental disapproval	8	93%	94%	95%
	10	93%	98%	96%
	12	94%	95%	98%
	Total	93%	96%	96%
Perception of peer disapproval	8	79%	81%	85%
	10	80%	83%	89%
	12	72%	79%	84%
	Total	78%	81%	86%

Past 30 day prescription drug misuse by grade



Perceptions of prescription drug misuse among students in grades 8, 10, and 12



Discuss Developmental Assets Data



- What are your general reactions to this data?
- What trends or patterns do you notice?
- Are the results surprising? How so?
- What questions does this data raise for you?
- What solutions can you think of to address youth attitudes and behaviors regarding substance use?

Review and Vote on Approval of Proposed Changes to SAPCA's Bylaws



Highlights of Proposed Bylaws Changes



- Eliminated the Past Chair position
- Expanded the Board of Directors from 5 to 7 positions plus SAPCA officers to 5-8 positions plus SAPCA officers
- Changed Alexandria Police and Sherriff Office representatives **from elected to appointed** Board of Director positions
- Added a new Board position: a representative of the Keep It 360 Advocates (**an appointed position**)

Highlights of Proposed Bylaws Changes



- Clarified that at least one **elected** Board position must be a youth.
- Changed requirement of elections from in-person voting to electronic voting
- Changed SAPCA regular meetings from quarterly to bi-annual
- Changed recipient of SAPCA's net assets, upon dissolution, from the Partnership to a Healthier Alexandria to the City of Alexandria government

Community Announcements



Adjourn



Thank you! Questions?

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