

Happy Birthday, RAISE!

Born July 2019



Birthday Activities



Welcome Party Attendees



Open Presents



Play Games



Eat Cake and Make a Wish



Welcome New
Members!

If this is your first
meeting, please
introduce yourself

Open Presents

Thank you to
everyone who signed
the birthday card!

HAPPY
BIRTH



Birthday Card

Can't wait to watch
you grow up!

Congratulations on
everything
accomplished during
this unprecedented
year.

¡CUPLEAÑOS FELIZ A RAISE!

Thank you for
supporting the
youth by hearing
us & giving us a
voice.

Long live
RAISE!

Thank you for all
support you
provide this
community!

Excited to see how you'll
continue lifting up our
community!

So many people have
been positively impacted
by your presence.

HAPPY Birthday!!!

Glad to be a
part of this
amazing network
of colleagues and
professionals

FELICIDADES!!!



Presents:
Messages
from City
Leadership



Play Games: Pin the Tail on the Timeline

May 2018: begin learning about TICNs

April 2019: Alexandria TICN attends Childhood Trauma & Resilience Summit

May 2019: Launched TICN with ACE Interface Training

July 2019: First official TICN meeting; identified sources of trauma in Alexandria

August 2019: Adopted RAISE as TICN name & Developed Priorities

December 2019: Youth raised awareness of mental health issues during RAISE meeting

October 2019: Established RAISE mission statement

January 2020: RAISE members advocate for a more trauma-informed Virginia during Advocacy Days in Richmond

- February 2020:
 - RAISE applies for 1st Grant
 - RAISE members are trained in Linking Systems of Care

March 2020: Helped community “Cope with COVID” by providing resources on City webpage

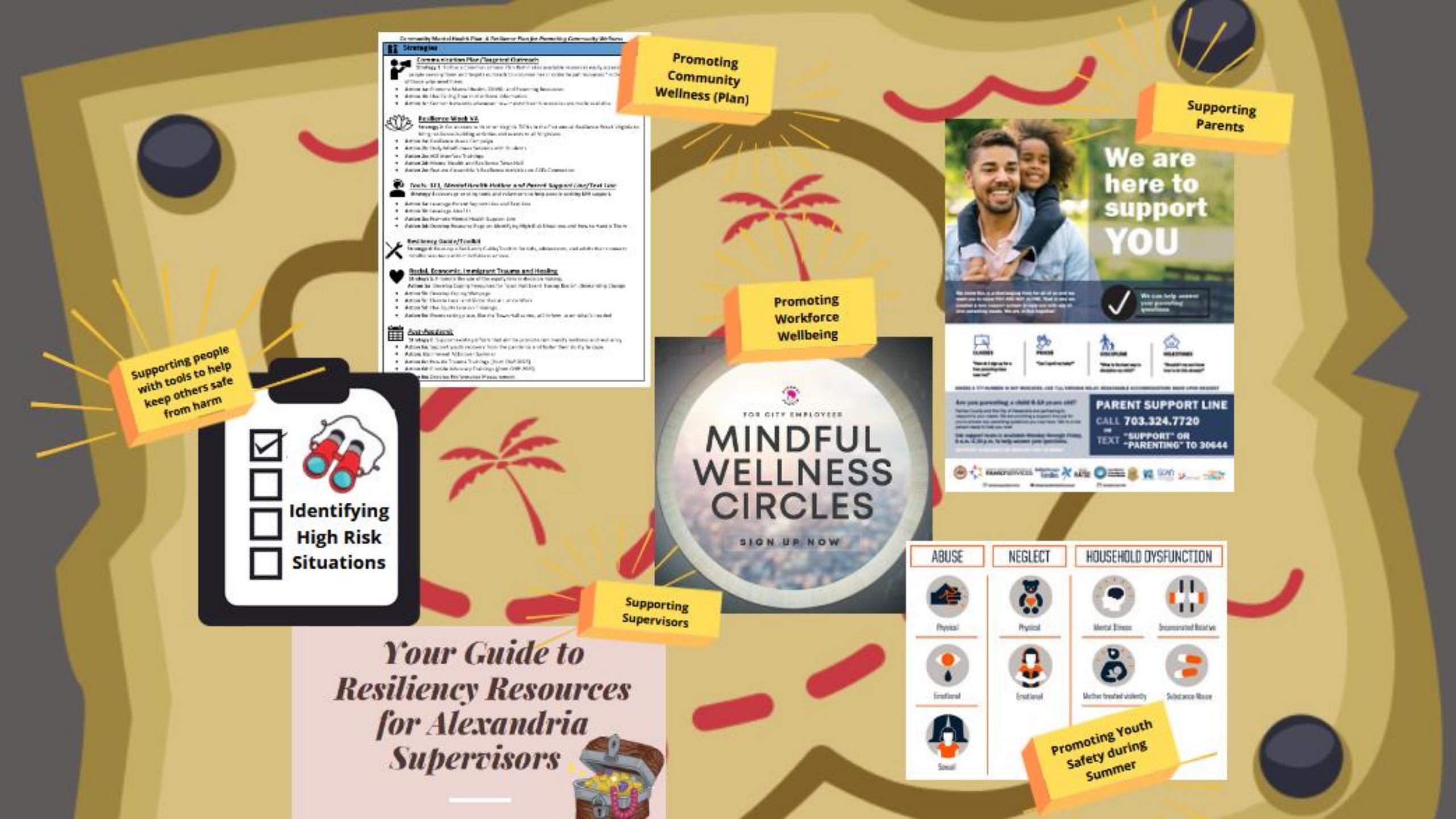
April 2020: Developed Community Mental Health/Resilience Plan to promote community wellness in response to COVID

- June 2020:
 - Shared Coping with Racial Trauma Continuum during Facing Racism, Demanding Change Town Hall
 - Compiled more resources for coping with racism for City webpage
 - Hosted Youth Forum on Mental Health
 - Launched Parent Support Line in partnership with Fairfax County
 - Began providing virtual Mindful Wellness Circles to City employees to help them cope with stress

May 2020: Celebrated Resilience Week VA. Engaged thousands of community members in resilience building activities, trainings, and a town hall

July 2020: Celebrated 1st Birthday





Eat Cake & Make a Wish!

Light your candle, if you have one,
and make a wish for RAISE as
you blow it out

