

meet the counselor

August 2018

Welcome Back Students and Parents!

I hope you and your family had a fun and relaxing summer vacation! I am new to Corpus Christi and am excited to get to know you all!

I will be stopping by classrooms within the next few weeks. In the meantime, please feel free to stop by my office, send an email, or request a meeting with me if I can be of assistance. Parents, please introduce yourself should you see me on campus!

A few areas in which I can assist are:

Academics - I can help you with study habits, organization, and time management. We want you to maximize your potential. If you are having difficulty with a class or with all of your classes, let's figure out a plan for success.

Career - Let's talk about the future! Yes, now is the time to start thinking about what you want to do when you grow up. 8th grade will cover this in class, but you can also schedule a time to talk individually.

Social/Emotional - Feeling overwhelmed? Something weighing on your mind? Spill a drink on yourself and need a clean shirt? Not sure how to deal with a friend? Conflict at home? A death in the family or a pet? We can work together coping skills that you can use to handle life stressors.

It is my hope that this year will be full of successful experiences!

Emily Smith, LICSW

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