

Join Us!



**Date of Event:**

Friday, May 29, 2020

**Start and End Time of Event:**

12:30pm – 1:00pm Registration and networking time

1:00pm – 4:30pm Presentation (with short break)

**Location of Event:** Sacramento County Office of Education (SCOE) Conference Center 3661 Whitehead St., Mather, CA 95655

**NOTE:** Training location is in a separate facility, NOT in the SCOE Administration Office

**Free parking available** (Do not park in spaces that are marked CJA)

**Speaker Names:**

L. Hope Wills, MA, RD, CSP, IBCLC, CNSC  
Nutrition faculty CA LEND at Children's Hospital Los Angeles

UCEDD Feeding Development Clinic

CHLA Newborn Follow Up Clinic

Audrey Hepburn CARES team

Allyson Yoshinaga MS, Nutrition  
Nutrition Fellow, CA LEND at Children's Hospital Los Angeles

**Registration Fees:**

\$55.00 IDA Member rate

\$75.00 Non-IDA Member rate

# Setting the STAGE to support optimal feeding and nutrition in young children

**Description:**

Experts recognize that children develop in stages that build upon each other. Parents also develop in stages that build on each other and influence how and what they feed their young child. Stages of Parenting (Galinsky) offers a renewed perspective on how one becomes a parent. The presenters will explore the stages of parent development and its impact on feeding and nutrition in young children. The presenters will deliver a multimedia presentation that also engages participants in small group discussions using case-based scenarios.

**Goals: Participants will be able to:**

- recognize at least 3 key components of stages of parent development as it relates to feeding and nutrition
- identify events that delay or impair a parent's ability to transition through stages
- articulate impact of a parent's "stage" on infant mental health and feeding
- develop at least 3 strategies to support a parent through stages, from our own discipline, that will result in optimal feeding and nutrition

**Food:** Coffee, tea and light refreshments provided

**CEs:** CE Hours from CDI for LPCC, LEP, LCSWs, and LMFTs. CE hours from IDA for PT, Speech and Language, and Nursing

**ADA Requests:** Please submit request by Friday, May 8, 2020

