

Courtney Palm holds a Master's Degree in Clinical Psychology from Pepperdine University and is a Licensed Marriage and Family Therapist working in this field since 2005. She completed three years of a clinical internship to specialize in child development and sleep intervention through the Child Development Institute in California. Courtney is certified in DIR: Floortime, the Neuro-Sequential Model of Therapeutics, and the Babies/Pre-Steps Model of Intervention for premature babies.

Currently, Courtney works for Early Intervention Colorado providing developmental assessments and sleep intervention to children with developmental delays. She also worked with Children's Hospital Colorado in the Postpartum Depression Clinic providing attachment work with moms and babies in addition to sleep support.