

Leslie is a bilingual in English and Spanish, licensed marriage and family therapist. Leslie has been working with families in the mental health field for over 13 years in the non-profit sector. She is passionate about serving the community where she was raised and has been providing services in South California's border area for her entire formal career. Leslie mainly practices attachment-based therapies as she believes that healthy relationships play a key role in improving overall wellbeing. She has experience in working with families of diverse backgrounds that have been impacted by trauma. Additionally, she has received formal training in EMDR and TF-CBT. In February 2022 Leslie was promoted from Lead Therapist to program manager for Para Las Familias, a program providing bi-cultural attachment-based therapy for children 0-5 with behavioral health issues affecting their relational functioning in major areas of their lives.