

## **FILL-A-BOX (OR BAG) CAMPAIGN**

As work hours are reduced or eliminated, the stress on family budgets and local food banks has increased. The Cooperative Ministry has experienced a dramatic increase in the number of families needing food assistance during the COVID-19 pandemic. You can help our emergency food pantry serve clients by filling a box (or bag) with all or some of the food items listed here. When you have your box or bag completed, please bring it to The Cooperative Ministry's clothing bank entrance, Monday-Thursday, 9 a.m. to 5 p.m., and Friday, 9 a.m. to Noon. **Items to include:**



Grits

Corned beef hash or beef stew

Box of cereal

Six cans of vegetables

Pasta Sauce

Spaghetti noodles

Canned chicken

Canned tuna

Cans of fruit

Ramen noodle packs

Baked Beans

Mac & Cheese

Package of dry peas or beans