

JOIN US IN SEPTEMBER ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



ENGLISH CLASSES

Understanding Alzheimer's and Dementia

Thursday, September 1, 10-11 a.m.

10 Warning Signs of Alzheimer's

Tuesday, September 6, 2-3 p.m.

Dementia Conversations

Thursday, September 8, 10-11 a.m.

Healthy Living for Your Brain and Body

Tuesday, September 13, 2-3 p.m.

Understanding and Responding to Dementia-Related Behavior

Thursday, September 15, 10-11 a.m.

Effective Communication Strategies

Tuesday, September 20, 2-3 p.m.

SPANISH CLASSES

Understanding Alzheimer's and Dementia

Thursday, September 15, 2:30-3:30 p.m.

CHINESE CLASSES

Effective Communication Strategies (Cantonese)

Friday, September 9, 10-11 a.m.

Healthy Living for Your Brain and Body (Mandarin)

Friday, September 16, 10-11 a.m.

10 Warning Signs of Alzheimer's (Mandarin)

Tuesday, September 27, 2-3 p.m.



**TO REGISTER, PLEASE CALL
800.272.3900 OR VISIT US
ONLINE AT ALZ.ORG/CRF**

ALZHEIMER'S  **ASSOCIATION®**

Program descriptions on back. Visit alz.org/CRF to explore additional education programs in your area.