

# JOIN US IN SEPTEMBER ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



## ENGLISH CLASSES

### Understanding Alzheimer's and Dementia

Thursday, September 1, 10-11 a.m.

### 10 Warning Signs of Alzheimer's

Tuesday, September 6, 2-3 p.m.

### Dementia Conversations

Thursday, September 8, 10-11 a.m.

### Healthy Living for Your Brain and Body

Tuesday, September 13, 2-3 p.m.

### Understanding and Responding to Dementia-Related Behavior

Thursday, September 15, 10-11 a.m.

### Effective Communication Strategies

Tuesday, September 20, 2-3 p.m.

## SPANISH CLASSES

### Understanding Alzheimer's and Dementia

Thursday, September 15, 2:30-3:30 p.m.

## CHINESE CLASSES

### Effective Communication Strategies (Cantonese)

Friday, September 9, 10-11 a.m.

### Healthy Living for Your Brain and Body (Mandarin)

Friday, September 16, 10-11 a.m.

### 10 Warning Signs of Alzheimer's (Mandarin)

Tuesday, September 27, 2-3 p.m.



**TO REGISTER, PLEASE CALL  
800.272.3900 OR VISIT US  
ONLINE AT ALZ.ORG/CRF**

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Program descriptions on back. Visit [alz.org/CRF](https://alz.org/CRF) to explore additional education programs in your area.