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## FOR IMMEDIATE RELEASE

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### **Art in Nature Series Returns to the Humboldt Coastal Nature Center**

**ARCATA, CA** - The Art in Nature series is making its return to the Humboldt Coastal Nature Center this summer, inviting participants of all ages and skill levels to explore their creativity while connecting with the natural world. These free, beginner-friendly workshops are perfect for anyone looking to enjoy a relaxed, supportive environment surrounded by the beauty of the dunes. No experience necessary, just bring a willingness to explore, express, and enjoy.

Featured Programs:

#### **Bilingual (Spanish) Watercolor in Nature**

Saturday, July 19 | 10:00 a.m. – 1:00 p.m. at the Humboldt Coastal Nature Center (220 Stamps Lane, Manila)  
Let the coastal landscape inspire you as we explore basic watercolor techniques outdoors. All materials provided. | Deja que el paisaje costero te inspire mientras exploramos técnicas básicas de acuarela al aire libre. Se proporcionarán todos los materiales.

#### **Plant Dye Day**

Saturday, August 9 | 10:00 a.m. – 1:00 p.m. at the Humboldt Coastal Nature Center (220 Stamps Lane, Manila)  
Discover the beauty of natural color using plant-based dyes. Participants will create vibrant textile art from locally sourced materials.

Whether you're a first-time painter or a plant dye enthusiast, these events offer a unique opportunity to engage with nature and nurture your creativity. **Space is limited.** Pre-registration is required. Please visit our website calendar at [www.friendsofthedunes.org/calendar](http://www.friendsofthedunes.org/calendar) to register.

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#### **ABOUT FRIENDS OF THE DUNES**

Since its establishment in 1982, Friends of the Dunes has actively engaged the community in the conservation of the coastal environments of Humboldt County, California. They envision a dynamic, naturally diverse coastal environment that is restored, sustained, and enjoyed for generations to come through the involvement of community members who embrace learning about and caring for the land. Friends of the Dunes is a 501(c)3 non-profit organization dedicated to conserving the natural diversity of coastal environments in northern California through community-supported education and stewardship programs.