

**For release on or after September 1, 2025:**

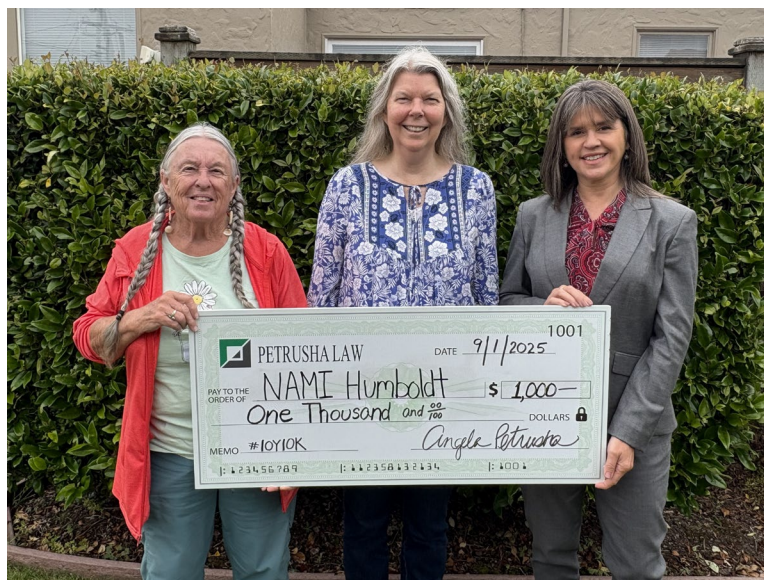
Petrusha Law is proud to announce that Tamarie Ryder, Bookkeeper selected NAMI Humboldt as the recipient of this month's \$1,000 donation, as part of the firm's "10 Years, \$10,000 Thanks" campaign. Tamarie, the firm's independent bookkeeper for the past decade, nominated NAMI Humboldt to honor its vital work supporting mental health in our community.

Tamarie shared: *"Homelessness, substance abuse and addiction, depression, and suicide are all serious issues I care deeply about, and at the root of all these challenges is mental illness. Studies show that 20% of U.S. adults have experienced mental illness. I know family members, friends, coworkers, and acquaintances that either have, or are, experiencing mental health challenges. My hope is that this donation to NAMI Humboldt will help spread the message that mental illness is nobody's fault, we are not alone, and that there is help."*

NAMI Humboldt is a volunteer-driven affiliate of the National Alliance on Mental Illness (NAMI) dedicated to supporting individuals and families affected by mental illness in Humboldt County. Through peer-led support groups, education, advocacy, and public awareness efforts, they foster recovery, connection, and greater understanding of mental health conditions while equipping people with tools for resilience.

Founding Attorney Angela Petrusha added, *"By choosing NAMI Humboldt, Tamarie has highlighted a cause that brings hope and understanding where stigma once stood, and I am honored to support her choice."*

To donate or learn more about NAMI Humboldt, visit: <https://nami-humboldt.org> or call or text (707) 444-1660.



*From left: Lea Nagy, President of NAMI Humboldt, with Tamarie Ryder and Angela Petrusha of Petrusha Law.*