CAREGIVER SUPPORT GROUP



Hosted by Coastal Home Health & Hospice and Addie Meedom House, our Caregiver Support Group **meets on the fourth Thursday** of every month. This warm and welcoming group is open to all caregivers, providing a safe space to connect, share, and grow. Whether you're facing challenges, seeking support, or just looking to share your experiences, you'll find understanding hearts and listening ears here. It's a wonderful opportunity to build friendships, find comfort, and explore solutions together. You don't have to do it alone—come and be part of a community that cares.

When: 4th Thursday of each month
1:00-2:00pm

COASTAL HOSPICE

Where: The Redwood Room
Addie Meedom House
1445 Parkway Dr, Crescent City

ADDIE MEEDOM HOUSE

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