

Meals on Wheels Press Release – Print Media/Website

For release on or after March 1, 2025:

Aren Warnow, Administrative Assistant with Petrusha Law, has nominated **Meals on Wheels Redwood Coast**, a program of Humboldt Senior Resource Center, to receive this month's \$1,000 donation as part of the firm's "[10 Years, \\$10,000 Thanks](#)" campaign.

Aren stated, "**Meals on Wheels** is an important and valuable program for our community. It provides healthy meal delivery to older community members vulnerable to food insecurity. Many of these people look forward to their interaction with the delivery drivers – not just for the meal, but because for some, this may be the only visitor they will have all day."

Meals on Wheels Redwood Coast provides nutritious meals to homebound older adults who are no longer physically or mentally able to shop or prepare meals for themselves. Meals can be delivered to those age 60 and older living in Arcata, Eureka, Fortuna, and McKinleyville. Spouses of eligible adults can also receive meals. Meals are delivered to clients' homes by friendly, courteous drivers who also provide an informal safety check for each client. Meals on Wheels assists older adults in maintaining good nutrition and helps them to continue living at home.

The firm's founding attorney **Angela Petrusha** remarked: "Every March, Meals on Wheels programs across the country celebrate 'March for Meals' to spotlight the importance of senior nutrition and well-being. If you'd like to support this worthy cause, please send your donation referencing #10Y10K to: **Meals On Wheels Redwood Coast, 1910 California Street, Eureka CA 95501** or you may donate online at www.humsenior.org.



Left side: Tasha Romo and Vanessa Kuersten of Meals on Wheels Redwood Coast. Right side: Aren Warnow and Angela Petrusha of Petrusha Law.