

## ABOUT OUR SPEAKERS



**Steffan Carroll** has been a Toastmaster off-and-on since the mid-1980s when he became a Competent Toastmaster (CTM) at Lockheed Missiles & Space in Sunnyvale, with subsequent memberships in Marin County and Michigan. He joined Optimal Speakers in Murrieta in 2019 after a fifteen-year hiatus. He has served as Treasurer, Secretary, VPM, VPE and President of Optimal Speakers. During the 2023-2024 term, Steffan served as C3 Area Director. He is working on his second Pathway and, in the last year, decided to make becoming a DTM a goal. Instead of delivering speeches, Steffan has spent much of his time in the previous five years in Toastmasters with Free Toast Host (FTH) and Basecamp, working on his club infrastructure and processes. As a Club coach, he felt that other clubs could benefit from his expertise with FTH and Basecamp, hence his work as Club Coach for Temecula Toastmasters since December 2023. He also serves as the district website administrator.



**Thomas Uata** is the immediate past President of Optimal Speakers Toastmasters, the immediate past Director of Division C, and the previous Director of Area C3. His journey with Toastmasters began in February 2020 with Optimal Speakers. He has also joined several other clubs, including Meniffee Toastmasters, Standing Ovations, Advanced Toastmasters Club, THE NEXT LEVEL, and Twin Cities Business Leaders. But somehow have found a home at Optimal Speakers.

Thomas has completed three pathways and is currently working on another. He set a goal to achieve his Distinguished Toastmaster (DTM) designation, and found that the process of giving speeches and developing leadership skills has greatly contributed to his personal and professional growth.