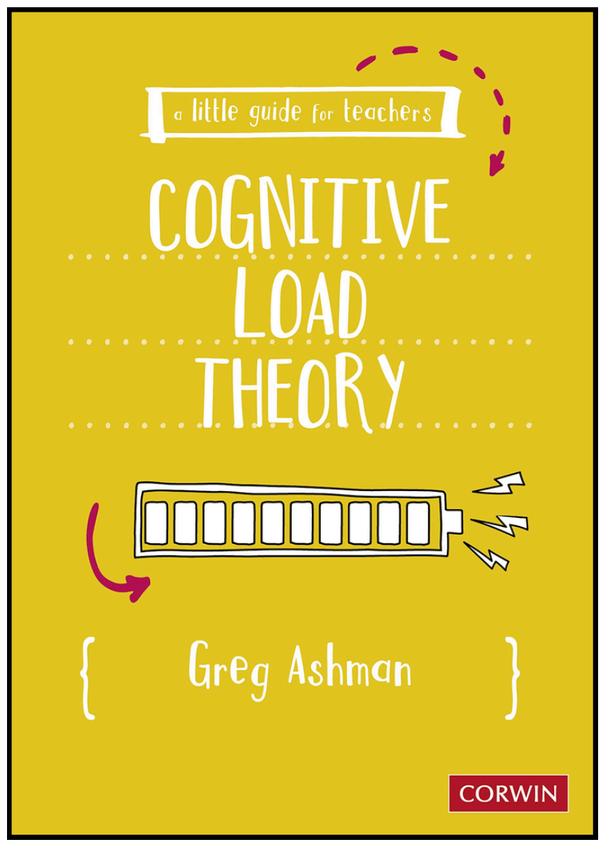


Sacramento County READS

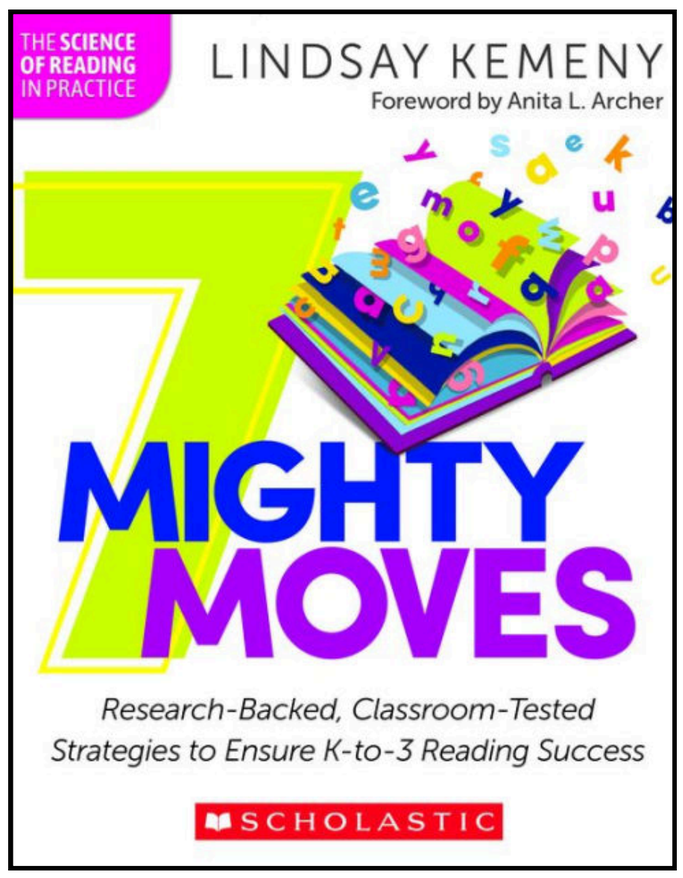
Professional Reading Recommendations



A Little Guide for Teachers: Cognitive Load Theory

By Greg Ashman

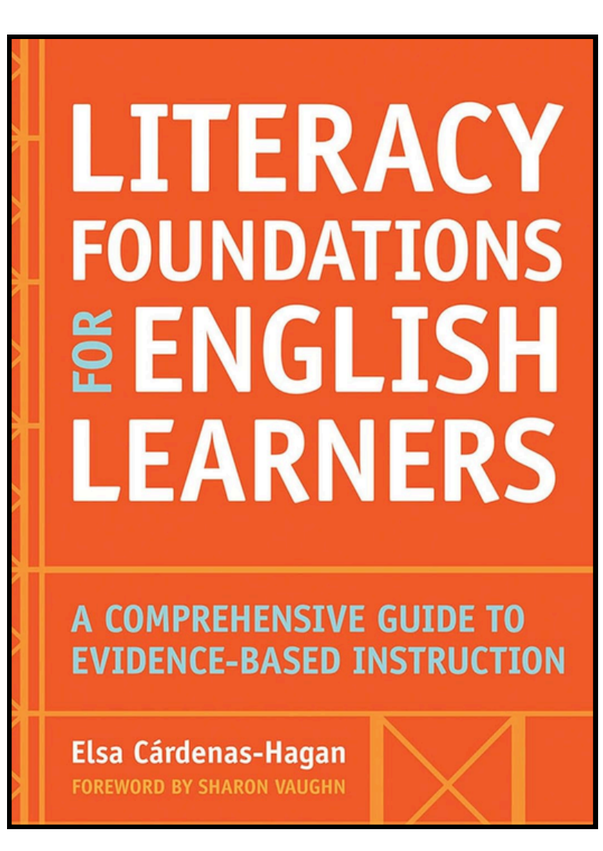
Ashman guides you through the details with a clear jargon-free focus on how an understanding of cognitive load theory can enhance your teaching.



7 Mighty Moves: Research-Backed, Classroom-Tested Strategies to Ensure K-to-3 Reading Success

By Lindsay Kemeny

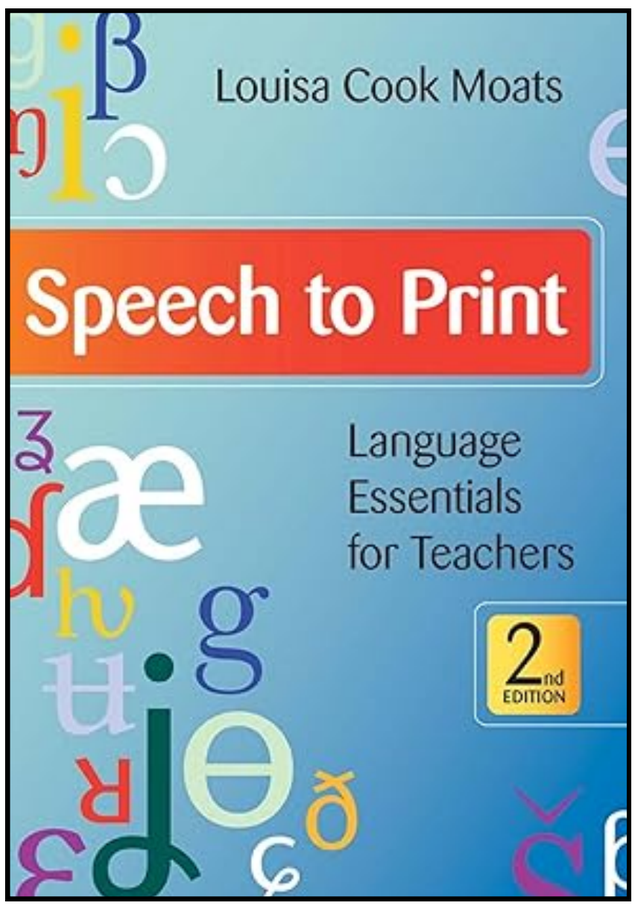
Kemeny shares seven practical and efficient strategies to teach phonemic awareness and phonics to the most effective ways to boost comprehension in any K-3 classroom.



Literacy Foundations for English Learners: A Comprehensive Guide to Evidence-Based Instruction 1st Edition

By Elsa Cardenas-Hagan Ed.D.

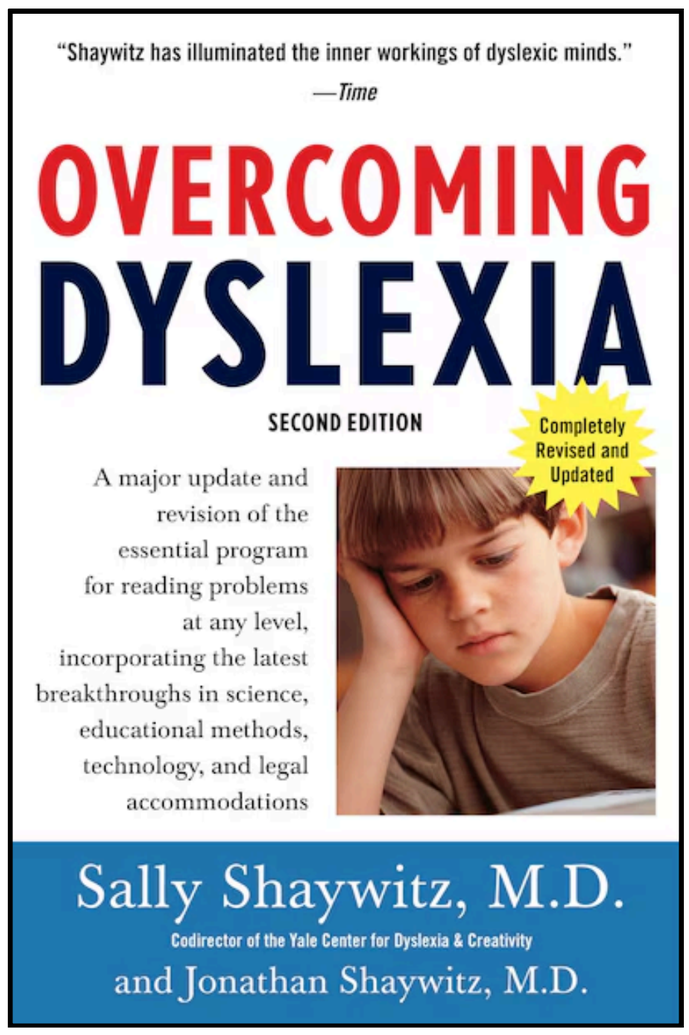
This essential text gives educators the knowledge base they need to help English learners develop strong literacy skills and achieve academic success.



Speech to Print: Language Essentials for Teachers

By Louisa Cook Moats, Ed.D.

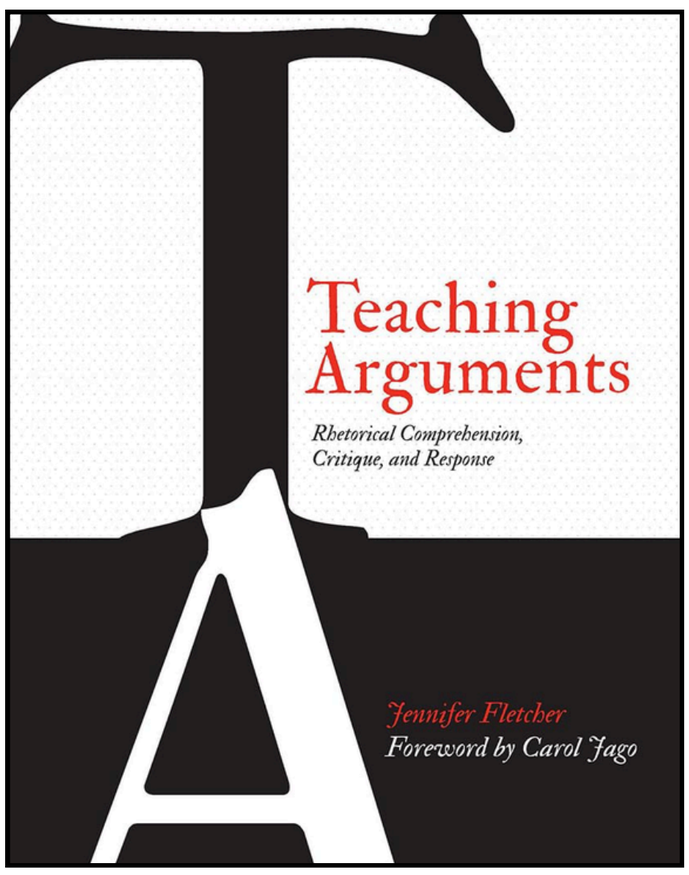
Moats' book is a foundational resource that highlights the essential role of language knowledge in teaching reading, writing, speaking, and listening—the "language arts." It emphasizes that educators with a strong understanding of language are better prepared to address the diverse needs of their students.



Overcoming Dyslexia

By Sally Shaywitz

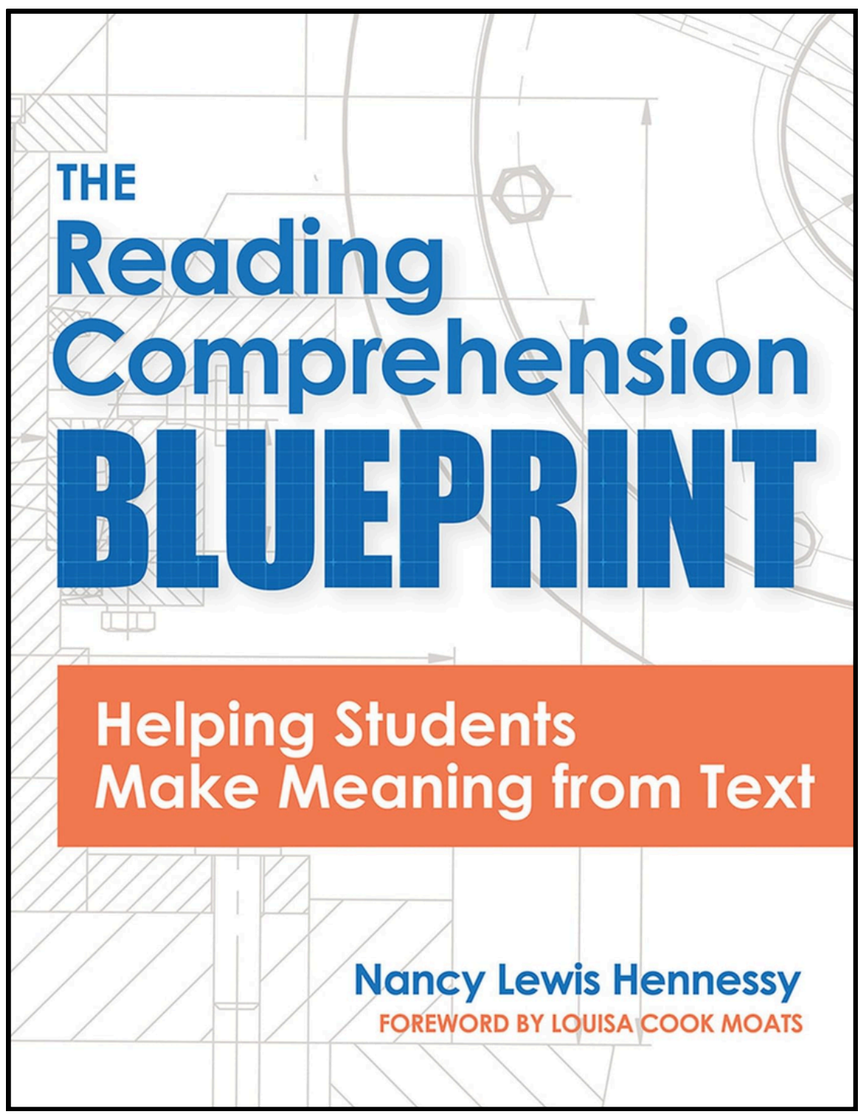
Dyslexia affects about 1 in 5 people, regardless of age or gender. In this book, Shaywitz explores how to identify and understand reading challenges and offers practical strategies to overcome them. It provides valuable insights and tools for parents, educators, and individuals with dyslexia.



Teaching Arguments: Rhetorical Comprehension, Critique, and Response

By Jennifer Fletcher

This practical, user-friendly resource helps secondary educators teach students to recognize that all discourse is shaped by occasion, audience, and purpose. It also guides students in developing argumentation skills, using rhetorical tools for academic success, and, importantly, reading the world around them.



The Reading Comprehension Blueprint: Helping Students Make Meaning from Text

By Nancy Lewis Hennessy, M.Ed.

Comprehension is a primary ingredient of reading success. K–8 teachers will find the guidance they need in this groundbreaking professional resource. This book offers a clear blueprint for understanding the complexities of reading comprehension and delivering high-quality, evidence-based instruction that helps students construct meaning from challenging texts.

Biliteracy from the Start: Literacy Squared in Action

By Kathy Escamilla

Escamilla guides bilingual education teachers, administrators, and leadership teams in planning, implementing, and strengthening biliteracy instruction that leverages students' linguistic resources in two languages from kindergarten onward. Teachers learn to develop instructional units, lesson plans, and assessments that integrate Spanish and English, while supporting students' growth toward biliteracy within scaffolded, evidence-based zones.

