

UP for Learning presents

# REMOTE LEARNING and the BRAIN

*A Professional Learning Experience*

**It is now more important than ever before to understand how we learn.**

To help meet the needs of our evolving educational landscape, UP for Learning is hosting a series of online training sessions for educators and those partnering with youth in learning experiences that focus on

- ♦ the impact of stress on learning,
- ♦ the power and impact of positive self-talk,
- ♦ and how the brain learns.

*Following each live training, participants will be provided with a lesson and resources they can immediately implement with youth to help them become more effective learners in any setting.*

*If you are unable to attend at this time, you can register and a recording of the training will be sent to you.*

*A professional learning hours certificate will be provided by UP for Learning upon completion of the series.*



Session #1, **August 11: How Stress and Emotions Impact Learning & Strategies to Reduce Stress**

Session #2, **August 13: The Power of a Positive Mindset, Self-Talk, and Response to Errors**

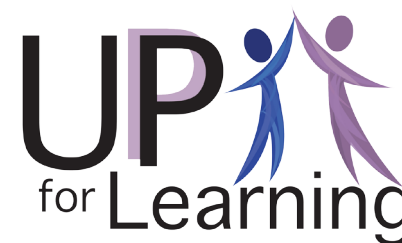
Session #3, **August 18: Understanding and Influencing How the Brain Processes Information**

Session #4, **August 20: Strategies for Effective Remote Teaching & Learning**

**All sessions will be held from 9:00-10:15 a.m.**

**Register** at [tinyurl.com/UPremotebrain](https://tinyurl.com/UPremotebrain),  
or contact Amie Conger at [amie@upforlearning.org](mailto:amie@upforlearning.org) for more information

**Cost:** Individual session \$50; entire series \$175.



Unleashing the Power of Partnership for Learning