

Tobacco Treatment Specialist

Training and Certification

Brought to you by the Nebraska Rural Health Transformation Program (RHTP), Tobacco Free Nebraska (TFN), and the Mayo Clinic Nicotine Dependence Center (NDC)

Tobacco Treatment Specialist (TTS) training is a specialized training for healthcare professionals about providing treatment for individuals seeking to quit tobacco. The program is worth up to 30.25 CEUs and covers topics such as pharmacotherapy, motivational interviewing, evidence-based practice, sustaining tobacco treatment protocols, and working with special populations. To take this training, learners must be at least six months smoke-free and have an associate's degree. There is a limited number of seats available per session. No registration fees are associated with this training as they are sponsored by TFN and RHTP.

Training Objectives



In this training, you will learn how to:



Understand the science behind tobacco addiction, nicotine withdrawal symptoms and new forms of tobacco use.



Use comprehensive, evidence-based assessments and develop effective treatment plans.



Utilize cognitive-behavioral strategies for helping individuals quit and stay quit.

Who should register?



Healthcare professionals who have a strong interest in the field of tobacco or health or provide clinical care to people who use tobacco.

Including, but *not limited to*: physicians, nurse practitioners, physician assistants, nurses, pharmacists, pharmacy technicians, dentists, dental hygienists, dietitians, psychiatrists, psychologists, respiratory therapists, mental health professionals, addiction professionals, counselors, social workers, and others providing cessation counseling.

Sessions Available

September 1-3, 2026

Gering, NE

Create an account and register:
<http://ndceducation.mayo.edu/register/listing/57127>

January 19-21, 2027

Virtual

Complete this form to receive a registration link:
<https://forms.office.com/g/s47FyUFMeR>

May 4-6, 2027

North Platte, NE

Complete this form to receive a registration link:
<https://forms.office.com/g/s47FyUFMeR>

Questions? Email Kyla.Scott@nebraska.gov

