COLUMBIA GORGE FOOD BANK

Serving Wasco, Hood River and Sherman Counties

Gorge Food Assistance Guide

https://foodfinder.oregonfoodbank.org/

We believe no one should go hungry.

Columbia Gorge Food Bank provides food through a network of Partner Agencies in Wasco, Hood River, and Sherman counties.

- · You can get food assistance even if you receive SNAP, WIC or other benefits.
- · No ID or Income verification is required. You may be asked for proof of residence within a pantry's service area.
- · Food is free.

Types of Assistance

- · Food Pantries provide a 3-5 day supply of fresh, healthy food.
- · Senior Meal Sites serve healthy meals to those 60+.

Other Food Assistance

- SNAP EBT food card for low-income individuals and families, www.one.oregon.gov
 Hotline: Oregon 1-800-723-3638 or 211*, Washington 1-877-501-2233
- WIC supplemental food program for mothers and children Hotline: Oregon 1-800-723-3638, Washington 1-800-841-1410

CGFB PO Box 2313 The Dalles, OR 97058 541-370-2333, www.columbiagorgefoodbank.org

Columbia Gorge Food Bank is an Equal Opportunity Employer & Provider.



HOOD RIVER COUNTY

<u>Seventh Day Adventists</u>, 10990 22nd Street, Hood River, 541-399-7344 Tuesday 9:30-11:30 am (Food Pantry)

FISH, 1130 Tucker Road, Hood River, 541-386-3474 Monday 3-5 pm; Wednesday 9-10 AM & 3-5:30 pm; Friday 3-5 pm (Food Pantry)

FISH, Parkdale Community Church, 4910 Baseline Drive, Parkdale, 541-352-3500 1st, 3rd, and 5th Mondays 4-6 pm (Food Pantry)

FISH, Cascade Locks City Hall, 140 SE WaNaPa, Cascade Locks, 541-386-3474 4th Wednesday 2:00-6:00 pm; Saturday following 4th Wednesday 11 am-12 pm (Food Pantry)

<u>Hood River Valley Adult Center</u>, 2010 Sterling Place, Hood River, 541-386-2060 Monday-Friday 11:15 am-1 pm (Senior Meals)

SHERMAN COUNTY

Rufus Food Pantry, 304 West 2nd Street, Rufus, 541-980-3256 2nd Friday 10 am-12 pm; 4th Friday 2-4 pm (Nov only: 3rd Friday instead of 4th) (Food Pantry)

<u>Sherman County Food Pantry,</u> 903 Barnett Street, Wasco, 541-442-5250 3rd Saturday 9:30-11:30 am (Food Pantry)

WASCO COUNTY

<u>Dufur School Pantry</u>, 802 NE 5th St, Dufur, 541-467-2509 Thursday 3-6 pm (Food Pantry)

<u>Salvation Army</u>, 811 East 2nd St The Dalles, 541-296-6417 Monday, Wednesday, Friday 1-3 PM (Food Pantry)

St. Vincent de Paul Food Pantry, 505 W. 9th St., The Dalles 541-340-1927 Tuesday 1-3 pm & Thursday 3-5 pm (Food Pantry)

<u>Windy River Gleaners</u>, 3525 Crates Way, The Dalles, 541-980-1725 Tuesday 9 am-1 pm (Food Pantry)

<u>Chinook Campus Pantry.</u> 400 E. Scenic Dr. Bldg. 4, The Dalles, 541-506-6013 Wednesday 2 pm-5 pm; unless CGCC is closed (Food Pantry)

Wahtonka Food Pantry 3601 W 10th Street The Dalles, OR 97058, 541-370-2333 2nd and 4th Thursday of the month, 4-6 PM (Food Pantry)

Meals on Wheels, 1112 West 9th Street, The Dalles, 541-298-8333 Monday-Friday 12-1:30 pm (Senior Meals)

<u>Pioneer Potlatch, Dufur,</u> St Alphonsus Parish Hall, 420 NE 1st St, Dufur, 541-298-4354 Wed. 12-1 pm (Senior Meals)

<u>Pioneer Potlatch/Mosier Community Meals</u>, 501 East 2nd Street, Mosier, 541-298-4354 Monday & Wednesday 12-1 pm (Senior Meals)

<u>Life Raft Pantry.</u> 401 5th St. Maupin 541-973-7814 Thursday, 10 am-3 pm (Food Pantry)

Neighbor To Neighbor Pantry. Wamic Community Center 1st & 3rd Thursday 1-4 pm (Food Pantry)