

Attend a Kidney Smart® Class From the Comfort of Home



If you can't make it to an in-person class, attend from the comfort of home and take control of your kidney health.

Instructor-led online classes are taught by kidney care experts. You can easily ask questions similar to if you were in an in-person class setting.

More than 175,000 people have taken the next step in kidney education by attending a Kidney Smart class.

Are you ready to take the next step? Register today at **KidneySmart.org** or **702-308-4168**

Classes are available to anyone at no cost. You will learn:

- What causes kidney disease
- What kidney diet resources are available
- What can be done to manage a healthy lifestyle
- How medication management can help lead to better kidney health
- Why employment and insurance coverage are important
- What treatment options are available
- How the transplant process works

