



LET YOUR LIGHT SO SHINE...

MENTAL HEALTH AND SUBSTANCE USE DISORDERS - WHAT CHURCHES CAN DO

Join us for this **free** mini-workshop!



Sunday, May 31, 2026
2:00 to 5:00 PM



Seward Civic Center
616 Bradford Street, Seward

WHY BOTHER?

In a 2021 survey of over 1,000 members of 13 Southeast Nebraska congregations, 44% indicated they were concerned about the addictive issues of someone close to them.

WHAT YOU WILL LEARN

- ✓ Tips for Keeping Healthy Boundaries
- ✓ Working through Hard Conversations
- ✓ Prevention, Education, Referral, & Support

Presenter: Rev. Otto B. Schultz, B.A., M. Div.

has over 40 years of experience as a Licensed Alcohol and Drug Counselor (Ret.). He has trained thousands of people in practical tools for addressing substance use and mental health problems.

Purpose of the workshop:

- To further equip those in the church to be present with those in recovery and with the families supporting them.
- To help participants to have a deeper understanding of behavioral and mental health concerns.
- To understand their role in supporting others.

LET US KNOW YOU ARE COMING BY MAY 29TH!

To register or to ask questions:

(402) 362-2621

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