



COVID-19 positive?

We can monitor your health at home while you isolate.

The **Ontario Health West COVID-19 Remote Patient Monitoring Team** (the team) is a remote team of nurses who are here to privately support and monitor your health alongside your health care team while you recover from COVID-19 at home.

USING AN APP, THE TEAM CAN:

- Assess your symptoms daily**

Using an app called *Vivify Go* on your smart phone (or other device, like a tablet or laptop), **you answer questions about your health and how you are feeling twice per day, every day of the week.** Your responses are automatically sent to the team at 8:00 a.m. and at 5:00 p.m. If you do not have a smart device or access to the Internet, A nurse will call you to check on you instead.
- Monitor your progress and track any changes**

Using your answers, the team will monitor your COVID-19 symptoms every day to help you feel more comfortable and confident in your recovery. We can help detect potential health problems, before your condition gets worse. We will talk with your doctor to help you recover.
- Check-in with you to answer your questions and concerns**

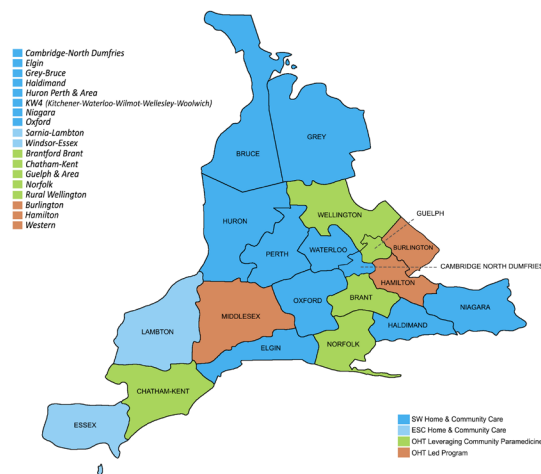
We're here to support you. We may also follow-up with you over the phone to ask you more questions or if you are not responding to the questions.

WHAT YOU NEED

This is a confidential and free service. All you need is a smart device, like a tablet, phone or laptop and a connection to the Internet. If you don't have a smart phone, we can still support you by calling you instead.

WHAT IF MY SYMPTOMS GET WORSE?

If you start to feel worse, we may have a doctor check on you by phone or video call. Please note, your symptoms will only be monitored between 8:00 a.m. – 8:00 p.m. If you're having a medical emergency, please call 911. If you need to talk to your nurse, use the contact info they provide you on your first phone call.



CONTACT

For more information about this program, please contact the Ontario West COVID-19 Monitoring Team at **1-888-444-8805**.