



January 18th

Mac Macartney
The Children's Fire



Mac Macartney passionately teaches the story of *The Children's Fire*, which inspires audiences around the globe to wake up and take care of the earth and all its beings. Mac's dynamic webinar will imbue us with ancient indigenous wisdom, bridging the practicality of twenty-first century opportunity with the sacred values of interdependence, sustainability, and reverence for life.

January 26th

Dr. Drew Leder
*Grace-filled Aging:
Ancient Wisdom for
Modern Times*



How can we continue to develop ourselves as we age and face physical and social challenges? Drew Leder will lead us through stories, humor and insights on how the wisdom of several spiritual traditions can inspire the spiritual quality and depth of our Elderhood.

February 15th

Stephen Jenkinson
*A Generation's Worth:
The Work of the Spirit in
a Time of Plague*



What if the pandemic is perhaps the greatest opportunity for elders to cultivate a sense of honor about where they come from? Stephen Jenkinson will share a greater understanding about the meaning of "deep living," the power of full acceptance of death and the wisdom of appreciating the power of knowing how to grieve well in our lifetime.

March 29th

Dr. Anita Sanchez
*Discover The Four
Sacred Gifts: Essential
Indigenous Wisdom for
Thriving in these Times!*



What can Indigenous Wisdom teach us in navigating our lives in an uncertain world? How can we amplify our creative energy, emotional resilience, and appreciation of what it means to be a "full human being?" Dr. Anita Sanchez will guide us through the Four Sacred Gifts of indigenous teachings to inspire and equip us to enjoy meaningful and empowered lives.

April 19th
Raghu
Ananthanarayanan
*Through the Indic Lens:
Understanding the
Indian Psychology of
Meditating, Ageing,
Living and Dying*



Indian tradition, wisdom and psychology have arrived in the modern age with over 4000 years of life experience. The philosophy of "Yoga" penetrates deeply into what meditation really means in life: how to live well, create powerfully, age and die wisely. Raghu will teach us how to engage with life, decrease suffering and discover the liberating power of dying to the past in order to live our lives to the fullest in the present.

May 17th

William Martin
*The Tao Te Ching -
Ancient Advice for
Modern Sages*



Taoism, one of the formative traditions of Chinese culture, sees the sage as the primary keeper and transmitter of wisdom, values, and spirituality. The Tao Te Ching, a short book of wisdom poems written over twenty-five hundred years ago, is the classical voice of Taoism which depicts the sage as the model of a life of freedom and contentment. William Martin will introduce us to how the wisdom of the Tao Te Ching can enrich our lives today- even 2500 years after it was written!

June 21st
Dr. Nader Shabahangi
*Our Final Journey:Living
in a Community of
Support, Kinship and
Spiritual Growth*



In what kind of community would we like to live if we needed more support in our later years? Would it not be a community in which we felt supported in terms of being valued, feeling a kinship with respect to our spiritual journey and continued emotional growth? Dr. Shabahangi will discuss what it means to deepen our awareness and cultivate our spiritual growth during our final journey.

July 19th

Dr. Carroy Ferguson
*Evolving the Human
Race Game: A Spiritual
and Soul-Centered
Perspective*



Dr. Carroy (Cuf) Ferguson will discuss his unique, groundbreaking work into the area where spiritual consciousness meets racial diversity and perception. In this cutting-edge webinar, Dr. Ferguson will take us into a new and exciting area for most of us: what happens to the concept of Self if the ideas of race, the nature of consciousness, Self-creation, and reincarnation are married?