

*Destination Management Company*

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## OPTIONAL TOURS

USAPEEC – Panama 2019

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### EMBERA INDIGENOUS COMMUNITY

Our adventure begins with a trip on the river in "piragua", the traditional Embera hand-carved boats. Upon arrival at the village you will travel in time when they are immersed in the ancient traditional Embera dance and music that keep hundreds of years ago. Indigenous invite visitors to explore the area in abundant variety of birds and wildlife, showing the pristine landscape they inhabit.

The Embera women are known as one of the finest manufacturers of baskets and you can watch them create these beautiful objects made from palm fibers stained with dyes from nature.

They will also have the opportunity to paint their bodies with ink made from natural fruit called Jagua, used by the Indians for decorations in your body besides for its health properties. Before returning to civilization, indigenous offer a traditional meal of fresh fish with banana and you will have the opportunity to buy some of his original artwork.

#### Remarks:

- Estimated time: 7.5 hours
- Shared tour – Minimum: 4 pax
- Approximated time of departure: 8:00 a.m..
- Approximated time on canoe: 15 min
- Strenuous activity 🏊‍♂️



**Price per person: \$169.00 (Shared tour) 12% of coordination fee and taxes are included**

#### Includes:

- Round Transportation,
- Tour Guide,
- Activities at the Embera community,
- bottle of water
- Fruits
- Traditional Embera lunch in the village

#### What to bring:

- Comfortable shoes,
- Sunglasses, sunscreen,
- Hat,
- Comfortable and easy dry clothes
- Cash to buy Handicrafts
- Insects repellent






## GAMBOA RAINFOREST EXPERIENCE

After a 45 minutes bus ride through the Rainforest we will arrive at the gorgeous Gamboa Rainforest Resort, located in the Soberania National Park. This area has been designed for you to do as much or as little as you like as you explore the many treasures of the Panamanian rainforest. Once there, we will experience nature in a whole different way. A boat tour will take you through the Panama Canal into secret waterways to find islands where white-faced Capuchin monkeys and Howler monkeys can be seen leaping in the trees above. Occasionally, they become curious of visitors and venture down to take a closer look. The boat ride passes through the Gatun Lake of the Panama Canal, giving you the chance to see the different vessels during their transits through the Canal. Afterwards you will take the Aerial Tram through the rainforest and ascend approximately 280 feet from the shadowy forest floor, through the dense undergrowth and up to the sun drenched canopy with its thousand shades of green that are only interrupted by the vibrant colours of flowering trees. Once at the top, you will have the opportunity to walk up our Observation Tower (also accessible for wheelchairs) from where you will have an uninterrupted view of the vast rainforest of the Soberania National Park while at the same time watch the vessels manoeuvre through the Galliard Cut (the narrowest part of the Panama Canal).



### Remarks:

- Estimated duration: 7.5 hours
- Approximately departure time: 8:00 a.m.
- Moderate activity 



**Price per person: \$133.00 (min 4 pax – Shared tour)**

**Private transportation: \$199.00 price per person (min 2 pax)**

**12% of coordination fee and taxes are included**

**Includes:**

- Transportation
- Tour Guide
- Activities
- 1 Bottle of Water per person.
- 1 Beverages per person
- Lunch

**What to bring:**

- Comfortable shoes
- Sunglasses
- Sunscreen
- Hat
- Comfortable clothing
- Insects repellent



## BEACH DAY- SAN BLAS


The Archipelago of San Blas (also known as the Mulatas Archipelago) seduces by being rustic and austere, by the beauty of its beaches and its magical simplicity. This Panamanian jewel has 365 islands, most of them uninhabited. A few others (around 40) are managed by indigenous Guna people, members of the GunaYala comarca, who inhabit this area of almost 200 kilometers, located on the Panamanian north coast.

We will embark on a rocky and curvilinear trip of two and a half hours, from Panama City, aboard a 4x4 truck, to the port where we will embark on the lake that will take us to our destination island.

While the boat advances, in the width of the sea you can see the small indigenous populations that live in huts made with straw and pencas; its brightly colored molas and canoes resting in the water.



### Remarks:

- Transfer timing: 3 hours
- Shared tour
- Minimum: 2 pax
- Approximately departure time: 5:15 a.m.
- Approximately time of tour: 12 hours
- MidHigh Level Difficulty 



**Price per person: \$202.00 (Shared tour)**  
**12% of coordination fee and taxes are included**  
**Not included: \$20.00 per person (Indigenous tax)**

It includes:

- Round trip transportation - land
- Boat transfers
- County taxes
- Lunch
- Entrance to Reserva Guna Yala
- 1 companion guide


We recommend bringing:

- Passport
- Swimwear
- Sunglasses
- Sunscreen
- Hat
- Comfortable clothes
- Cash for handicraft purchases, low denomination bills

## OVERFLYING PANAMA

Experience a different and privileged view of Panama, while enjoying a helicopter ride by several of the most emblematic landmarks. We will fly over the City Centre, the Panama Canal, Fort San Lorenzo and you will be able to appreciate the colorful architecture of the Bio Museum from above.

### Remarks:

- Estimated time: 1 hour (calculated under normal conditions)
- Minimum: 2 pax
- Easy activity 



Price per person: \$762.00 each person (amount 2 pax)

Price per person: \$523.00 each person (amount 3 pax)

12% of coordination fee and taxes are included

### Includes:

- Ground Transportation
- Bottles of Water
- Helicopter fee for all passengers

### What to bring:

- Comfortable clothing
- Camera





## SPORT FISHING ON GATUN LAKE

Fishermen are always impressed by the plentitude and variety of fish in Gatun Lake. This lake is home to species such as the peacock bass, the tarpon, the snook, and many others. There are no limits or any restrictions, since these fish are so plentiful.

One of our Gamboa fishing guides will take you and your party on a private guided tour of the lake and show you the best spots.

Surrounded by the peace and tranquility of lush tropical forests, this is a great tour for friends, families, or individuals to enjoy the bounties of nature that Lake Gatun offers.

**Individual private tour price: \$419.00 (3 hours fishing)**  
**Individual private tour price: \$528.00 (3 hours fishing)**

**Price per person: \$210.00 each (2 pax) 3 hours**  
**Price per person: \$265.00 each (2 pax) 6 hours**

**Price per person: \$141.00 each (3 pax) 3 hours**  
**Price per person: \$177.00 each (3 pax) 6 hours**  
12% of coordination fee and taxes are included

- **Approximately departure time:**  
Daily / Approx. 5:45 a.m. / 12:30 p.m.  
(3 hours fishing tour)
- Duration: 5.5 hours approx.

Includes:

- Transportation by boat
- Fishing Equipment
- A captain
- Bottle of water

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Daily / Approx. 5:45 a.m. / 10:00 a.m.  
(6 hours fishing tour)

- Duration: 8.5 hours approx.
- Easy activity 

Includes:

- Transportation by boat
- Fishing Equipment
- Live or artificial bait
- A captain




## PANAMA CANAL PARTIAL TRANSIT

The tour starts at the Pacific side of Panama. You will board your boat and sail towards the entrance of the Panama Canal on the Pacific Ocean. The city skyline and the American Bridge are one of the first attractions that you will appreciate.

This journey will take you to visit also the Miraflores Locks (first set of locks of the Canal where the embarkation will be raise 18 meters above the sea level), the Miraflores Lake, the Pedro Miguel Locks (the boat will be raise 9 meters above the sea level), the Centennial Bridge, the Gailard Cut Cut (the narrowest part of the Canal. It is also known as Culebra Cut because it was carved through the Continental Divide and this section of the Canal is full of history and geological value) and finally, we will finish at Gamboa Dredging Division in the middle of the Canal where you will disembark to take the buses to return to your hotel.



### Remarks:

- Estimated time: 6 - 7 hours
- Min. of participants: 4
- Shared tour
- The confirmation of the departure time will be confirmed by the Panama Canal Authority one (1) day prior to the transit.
- Easy activity 

**Price per person:** US\$ 166.00.

12% of coordination fee and taxes are included

### Includes:

- Ground transportation
- Touristic Guide
- Canal Transit Fee
- Full Lunch
- Soft drinks and water
- Panama Canal Map





## BIOMUSEUM & HANDICRAFTS MARKET


The tour starts with a visit to the “Amador Causeway”, a group of three islands linked to the main land by the breakwaters of the Panama Canal.

At the Amador Causeway we will visit the Bio Museum (or Museum of Biodiversity). This world class museum with its stunning multicolored structure was designed by the famous architect Frank Gehry, being his only work in Latin America. The building was designed to tell the story of how the Isthmus of Panama arose from the sea 15 million years ago, uniting two continents, separating a vast ocean in two, and changing the planet’s biodiversity forever.

After this, we will visit the Handicrafts Market, where you will have the opportunity to appreciate and buy the works of Panamanian artisans to remember your visit in our country.



### Remarks:

- Tour Duration: 4 hours approx.
- Min. of participants: 4
- Easy activity 

**Price per person:** USD 75.00 (12% Coordination Fee and tax included)

### Includes:

- Ground transportation
- English speaking guide
- Entrance fee to Biomuseo
- 2 bottle of water per person
- Artisans Handicraft Market
- Moist towels

### What to bring:

- Comfortable shoes and clothing
- Sunglasses
- Sunscreen
- Hat

