



Mental Health & Wellness App

COMPREHENSIVE MENTAL HEALTH SUPPORT

➤ Top Features & Benefits

Dedicated provider for comprehensive mental health care

Insurance Coverage:

- In-network with most major insurance providers
- Medicare & Medicaid accepted
- Coverage for all employees

Rapid Access to Care:

- **VIRTUAL APPOINTMENTS:** Within 24 hours
- **IN-PERSON APPOINTMENTS:** Within 2-3 days
- **IN-PATIENT CARE:** Same-day access

➤ Mental Health Services

Complete Mental Health & Wellness Support

- **THERAPY:** Individual & Family (CBT, DBT, mindfulness, stress relief, relapse prevention)
- **PEER SUPPORT:** Peer-led guidance
- **PSYCHIATRIC CARE:** Evaluations, follow-ups, medication management
- **MEDICATION-ASSISTED TREATMENT (MAT):** Substance use recovery support
- **CASE MANAGEMENT:** Personalized care for lasting success
- **SUICIDE PREVENTION:** Immediate, confidential help for those in crisis.

➤ Statewide Coverage & In-Patient Care

- **TELEMEDICINE:** Statewide access across Florida.
- **IN-PATIENT PLACEMENT:** Immediate connection to 30+ affiliates.
- **PRIMARY PARTNER:** HCA, Florida's largest in-patient provider.

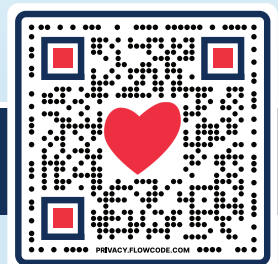


**TO ENROLL, PLEASE CALL
304-993-7067**

ABCares.org

Scan the code

For more information about ABC Cares Mental Health App ➤



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