



Welcome Back!!!
Medway Public Schools and Chartwells Introduces Plans for
Serving Up Happy and Healthy at Mealtime
For the new school year of 2020-2021!!!

While the start of the school year looks a little different for everyone, I wanted to share with you some good news that schools nationwide received last week. The USDA extended a waiver that allows schools to serve **free breakfast and lunch to ALL students, through 12/31/20**. We are thrilled with this news as it means that we will be able to provide all Medway Public School students with nutritious and tasty food that will support them, both in school and at home.

The Breakfast & Lunch Program will be offering meals to all Medway Public School students **daily when school is in session**, for In-School as well as Remote learning.

The Medway Public schools food service staff is looking forward to serving your children nutritious, great-tasting meals that support their achievements in school and promote healthy lifestyles. We strive to provide outstanding service and high quality “kid-friendly” meals that meet the latest federal and state requirements.

Your children will receive a healthy breakfast and lunch every school day, at no cost, in a safe and welcoming environment. This applies to students who are attending classes in school or virtual classes at home or a hybrid combination of these models.

PAYMENTS: To avoid your student and kitchen personnel having unnecessary contact, the best method is to prepay for student meals in advance using the online payment service at **myschoolbucks.com**. **Please the flyer from My School Bucks that can provide you unlimited deposits to your student(s)' account for one low annual fee!**

If paying by cash or check, payments may be mailed to:

Medway School Food Services
Attention: Shawn Fallon
45 Holliston St
Medway, MA 02053

The check should include the student name and grade. All payments will be picked up daily and posted by the next school day.

When and if the USDA waiver for universal free meals expires, Lunch prices will be:
Full Paid Meal prices for Elementary Schools - Breakfast at \$1.50 Lunch at \$2.65
Full Paid Meal prices for Middle and High School - Breakfast at \$1.50 Lunch at \$2.90
Reduced Price Breakfast \$.30 for all; Reduced Price Lunch \$.40 for all

The monthly menus will be posted online at <https://medwayschools.nutrislice.com> .



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1

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2

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& select **My User Profile**

3

Click **Update Membership**
in the *My Memberships* box

4

Choose a Membership Plan

5

Enter your Checking Account
information & start saving!

MEAL SERVICE NOTES:

- All Lunches will be eaten in either the gymnasium or cafeteria in individual desks maintaining required social distancing guidelines while eating.
- We will start the school year with limited menu choices per day for each meal, for all schools and grades.
- Pre-packaged Breakfast meals will be picked up by the students at kiosks in each school, they will provide their Pin# to the cashier, and they will then dine in their classroom.
- Meals for remote learners may be picked up at **Medway Middle School Kelly Street Entrance**, Monday (for 2 days), Wednesday (for 2 days), and Friday (for 3 days) between the hours of 7:00 am and 9:00 am.

- The Massachusetts Department of Elementary and Secondary Education has requested that the USDA extend free meals for all students for the **entire** school year. However, as of now, the USDA has only allowed this through December 31. Therefore, families should still submit a household application to determine eligibility for free and reduced-price school meals. This will also allow students to qualify for any additional benefits and ensure a seamless transition when schools move back to a paid program (if the waiver is not extended for January to June 2021). The application is available to download at:
- https://www.medwayschools.org/departments/business_office/food_services/free_reduced_lunch

While the logistics and location for how meals will be served is different, students, staff and parents can have peace of mind knowing that our plans are rooted in the most stringent health and safety practices aligned with federal and state regulations, along with local health department recommendations. We've worked with Medway Public Schools staff, Dr. Armand Pires, Dr. Ryan Sherman and the entire Medway Administrative Team over the last several weeks to align our meal service with back to school plans to keep mealtime as a fun and recharging time for students.

All Chartwells K12 foodservice associates will also participate in COVID-19 specific training and follow strict guidelines for glove, mask, and physical distancing protocols. Enhanced cleaning and sanitation measures help assure the safest environments possible.

Innovative Food and Nutrition Education Programs

Food is a big part of everyone's well-being, and students need a place to eat where they can connect with others, recharge, and enjoy a sense of happiness in their school. Chartwells' team of chefs and dietitians have created menus featuring kid-approved foods in on-trend recipes that encourage food discovery. Chartwells at Medway Public Schools strives to inspire healthy eating habits and spark a culinary curiosity to last a lifetime through fun and engaging programs, which they will continue to adapt to the current environment. We are looking forward to potentially re-introducing some of our great programs like Harvest of the Month, Student Choice, Mood Boost, and Discovery Kitchen later this school year!

We look forward to seeing our students very soon, make them smile, and to be an important part of their day!!

Please reach out with any questions you might have. Your children are the reason we do our jobs and we are here to make sure that they are fueled with good food!

-Shawn

Shawn Fallon
Director of Dining Services
Medway Public Schools

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