

# Medway Community Education

Excellence For All Through Learning



## **BOKS is returning to the McGovern and Memorial Schools this fall!**

**What is BOKS?** BOKS is a before school movement program designed by the Reebok Corporation to provide children's brains and bodies with a "boost" that sets them up for a successful day of learning. The program offers two **before school** sessions each week. Each session includes open play, warm up, running-related activity, skill of the week, end of class game and cool down with a nutrition tip.

**Who can attend?** The BOKS program is open to all students at McGovern and Memorial Schools.

### **When and where?**

#### **McGovern School – Mrs. Warner**

- Tuesdays & Wednesdays, October 16-November 14
- **Class time:** 8:00-8:30am & **Breakfast:** 8:30-8:45am
- McGovern Gym

#### **Memorial School – Ms. O'Neil**

- Monday & Friday, October 15-November 19
- **Class time:** 8:00-8:30am & **Breakfast:** 8:30-8:45am
- Memorial Gym

**What is the program fee?** \$15 for 10 sessions. Breakfast is available for purchase or students may bring a breakfast from home. Scholarships are available for both the class time and breakfast.

**What do parents/guardians have to do?** Parents/guardians are responsible for making sure their child arrives promptly for all sessions. **Parent volunteers are needed.** Register online now at [www.medwayce.org](http://www.medwayce.org).

