

## November and December 2019 Programs for Adults at the Briarcliff Manor Public Library

### ABCDs of Medicare

**What:** Mary Ann Larkin, a trained volunteer from Seniors out Speaking, will present a review of the many parts of Medicare, comparing original Medicare and Medicare HMOs, Medigap (supplemental) plans and cost-saving programs such as EPIC. Learn about the options just in time for Medicare Open Enrollment which will run from October 15 to December 7, 2019. During the annual enrollment period (AEP) you can make changes to various aspects of your coverage.

**When:** Friday, November 1 at 1:00 – 2:30 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <http://www.briarcliffmanorlibrary.org/adultprograms.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### From Dino to Doo Wop: The Musical History of the 50s

**What:** Welcome to a live musical journey back to the 50s. We were not only listening to music on the radio, but also watching the performers on TV. In 10 years, music transformed from Big Band to Pop to Rock N Roll. Let's reminisce and listen to the music, the entertainers, the stories from the era music historians call the decade of music that changed the world. Singer and presenter, Joe Gilligan or "Joey G," has opened for many top acts of the 50s, including Bobby Rydell, The Drifters and The Earls.

**Sponsored by** The Friends of the Briarcliff Manor Public Library.

**When:** Saturday, November 2 at 2:00 – 3:15 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### Do Tell! The Art of Storytelling

**What:** Presenter Carol Birch is an award-winning storyteller and teacher. This workshop will help participants identify and strengthen the skills that they presently possess, as they explore moving into other storytelling contexts. This program is cosponsored with the Briarcliff Congregational Church.

**When:** Sunday, November 3 at 2:00 – 4:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### Author Talk: *The New Art of War: China's Deep Strategy Inside the United States*

**What:** Author William J. Holstein will discuss his book, *The New Art of War: China's Deep Strategy Inside the United States*. Bill Holstein was a correspondent for United Press International who covered the first stages of China's opening to the world forty years ago. He also was World Editor for Business Week magazine and U.S. News & World Report. His book was featured recently in a Wall Street Journal op-ed piece. Signed copies of *The New Art of War* will be available for sale with 10% of all proceeds going to The Friends of the Briarcliff Manor Public Library.

**When:** Thursday, November 7 at 6:30 – 7:30 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### **Drop-In Knitting Help**

**What:** This drop-in program is for people who are interested in trying out knitting for the first time or who need help with something they're working on. Benny Gerwitz who has taught knitting classes will be available to help you get started or complete a project. You must provide your own materials. No registration is required.

**When:** Thursdays, November 7 & 21 and December 5 & 19 at 6:30 – 8:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### **Laughter Yoga for Health & Happiness**

**What:** We have all heard that laughter is the best medicine and now there is scientific proof. Through various exercises and techniques, learn how to free your body and mind so that laughter flows freely, joyfully and spontaneously. Please wear comfortable clothes. No mats or prior yoga experience is needed. Donna Bernstein is a registered dietitian and certified dietetic nutritionist who has been practicing for over 30 years. She is a certified Meditation and Yoga instructor and a certified Laughter Yoga Leader.

**When:** Friday, November 8 at 1:00 – 2:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <http://www.briarcliffmanorlibrary.org/adultprograms.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### **TV Trivia Night**

**What:** Mark your calendars for another fun trivia night! You don't need to be an expert to participate. Registration is required. Please register your team of 2 to 5 players by Tuesday November 5 to [dpesce@wlsmail.org](mailto:dpesce@wlsmail.org)

**When:** Friday, November 8 at 7:00 – 8:30 pm

**Where:** W.J. Vescio Community Center attached to the Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <http://www.briarcliffmanorlibrary.org/adultprograms.html>

**Contact:** Donna Pesce, [dpesce@wlsmail.org](mailto:dpesce@wlsmail.org), 941-7072

### **Understanding Your Social Security Retirement Benefits**

**What:** This presentation will discuss the legal and financial considerations to be made when deciding to take your Social Security Benefits and emphasize the importance of proper timing. Many Americans think Social Security is simple and straightforward, often it is not. Just recently, a bipartisan budget act made some significant changes to Social Security laws about claiming retirement and spousal benefits. Making a mistake when selecting your benefit option can cost you thousands of dollars over the course of retirement. This presentation will also include maximizing your retirement Income Distributions as it relates to Social Security and other retirement sources. Adam Rude, a Certified Financial Planner and Senior Law Day contributor, will present this program.

**When:** Friday, November 15 at 1:00 – 2:30 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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**Author Talk: *Young Washington: How Wilderness and War Forged America's Founding Father***

**What:** Author Peter Stark will discuss his book on the formative years of George Washington. This book “recounts the wilderness trials, controversial battles, and emotional entanglements that transformed Washington from a temperamental striver into a mature leader” (from book jacket). Signed copies of the book will be for sale with 10% of the proceeds going to The Friends of the Briarcliff Manor Public Library. This program is cosponsored with the Briarcliff Manor-Scarborough Historical Society.

**When:** Sunday, November 17 at 2:00 – 3:30 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <https://www.briarcliffmanorlibrary.org/adultprograms.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

**Brown Bag Lunchtime Book Discussion Group: *The Namesake* by Jhumpa Lahiri**

**What:** Led by Shelley Glick, Reference Librarian. Bring your lunch and join our afternoon book discussion group at the library. Books are available to borrow from the library one month before the discussion. Registration is required.

**When:** Tuesday, November 19 at 12:30 – 2:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <https://www.briarcliffmanorlibrary.org/bookgroups.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

**Contemporary Fiction by Award-Winning Authors: *Washington Black* by Esi Edugyan**

**What:** Are you looking for an enlightening book discussion? Join us at the Briarcliff Manor Public Library on Wednesdays for our Contemporary Fiction discussion series. Library copies are available to borrow one month in advance of each discussion -- or you may purchase your own book. Remember to bring your copy of the book with you to the discussion for reference. Mark your calendars. And bring a friend along! Registration is required.

**When:** Wednesday, November 20 at 7:30 – 9:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <http://www.briarcliffmanorlibrary.org/bookgroups.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

**Friday Night & Saturday Afternoon at the Movies: *Yesterday* [PG-13]**

**What:** After a freak accident during a worldwide blackout, struggling musician Jack Malik wakes to discover that he is the only person in the world to remember The Beatles. Using this newfound benefit to his advantage, Jack begins plagiarizing the work of the legendary band to launch his career to superstardom. This new-to-DVD movie will be shown on the big screen in the W.J. Vescio Community Center (attached to the library) on Friday night with a repeat showing on Saturday afternoon. You may bring your own snacks.

**When:** Friday, November 22 at 7:00 pm and Saturday, November 23 at 1:00 pm

**Where:** W.J. Vescio Community Center attached to the Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <http://www.briarcliffmanorlibrary.org/adultprograms.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### **Paper Management: Less Paper, More Organized**

**What:** Shannon Reilly is back to show us how to reduce the amount of paper in our homes and lives and to better organize what we need. Shannon has been a member of the National Association of Productivity and Organizing Professionals since 2016 and has her own business and website, Simplify with Shannon.

**When:** Thursday, December 5 at 6:30 – 8:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### **Books That Will Start You Thinking Nonfiction Book Group: *The Woman's Hour: The Great Fight to Win the Vote* by Elaine Weiss**

**What:** Led by Shelley Glick, Reference Librarian. Copies to borrow are available at the library one month before the meeting. Registration is required.

**When:** Friday, December 6 at 1:30 – 3:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <https://www.briarcliffmanorlibrary.org/bookgroups.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### **Food Allergies, Sensitivities and Intolerances...What's the Difference?**

**What:** Dr. Abigail Egginton, a doctor of Naturopathic Medicine, will discuss the difference between food allergies, sensitivities and intolerances and how to tell if you have one.

**When:** Tuesday, December 10 at 7:00 – 8:00 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <https://www.briarcliffmanorlibrary.org/adultprograms.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### **Cookbook Meetup: Holiday Traditions**

**What:** The theme is holiday traditions. A selection of cookbooks will be on display at the library, for inspiration. All are welcome. Registration required.

**When:** Tuesday, December 17 at 12:00 – 1:30 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### **Adult Coloring & More**

**What:** Join our popular Adult Coloring & More Group! Come and explore your artistic side, meet new people, and have some fun, all while listening to soft relaxing music. Colored pencils, gel pens, coloring sheets and other materials will be provided or you may bring your own. Drop-in, no registration or artistic skills required! This program is cosponsored with the Briarcliff Manor Recreation Department.

**When:** Mondays at 1:00 – 2:30 pm (no session on November 11, December 23 & 30)

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### **Drop-In Technology Time**

**What:** Have a question about using your tablet, smartphone, laptop or other technology issue? Drop into the library to meet with a high school student volunteer, for up to a 30-minute session. Registration is not required. For more information, please contact Shelley Glick at [sglick@wlsmail.org](mailto:sglick@wlsmail.org).

**When:** Tuesdays, through December 10 at 6:45 – 7:45 pm

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### **Jigsaw Puzzle**

**What:** When was the last time you worked on a jigsaw puzzle?

**When:** Month of November

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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### **December is “Write a Letter to a Friend Month”**

**What:** Drop in to take a moment to craft a handwritten note for someone special.

**When:** Month of December

**Where:** Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### **Art Exhibit**

**What:** Camera Club of Westchester.

**When:** Month of November

**Where:** 2<sup>nd</sup> Floor, Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

**Information:** <http://www.briarcliffmanorlibrary.org/adultprograms.html>

**Contact:** Shelley Glick, [sglick@wlsmail.org](mailto:sglick@wlsmail.org), 941-7072

### **Art Exhibit**

**What:** Photographs by Michael Liebman.

**When:** Month of December. Opening reception on Sunday, December 8 at 2:00 – 4:00 pm

**Where:** 2<sup>nd</sup> Floor, Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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