

**Briarcliff Manor Public Library
March 2020 Programs for Adults**

Cookbook Meetup:

What: Theme is nostalgic foods. A selection of cookbooks related to the theme will be on display at the library, for inspiration. Led by Andrea Vladimir and Joanne Witmyer. All are welcome. Registration is required.

When: Tuesday, March 3 at 7:00 – 9:00 pm

Where: W.J. Vescio Community Center attached to the Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

Information: <https://www.briarcliffmanorlibrary.org/adultprograms.html>

Contact: Shelley Glick, sglick@wlsmail.org, 941-7072

Friday Night & Saturday Afternoon at the Movies: *Judy* [PG-13]

What: Legendary performer Judy Garland arrives in London in the winter of 1968 to perform a series of sold-out concerts. Best Actress Oscar winner, Renée Zellweger stars as Judy Garland. This new-to-DVD movie will be shown on the big screen on Friday night with a repeat showing on Saturday afternoon. You may bring your own snacks.

When: Friday, March 6 at 7:00 pm and Saturday, March 7 at 1:00 pm

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Plant-Based Nutrition

What: Janet Levine, R.D., D.M.D., a registered dietitian and dentist, will discuss what plant-based nutrition is and how it can help treat some common diseases. She will also demonstrate a recipe and provide tips on shopping and food preparation. Come find out how simple it can be to prepare plant-based foods that are satisfying, nutrition packed, and taste amazing!

When: Friday, March 20 at 1:00 – 2:30 pm

Where: Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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Hope on the Hudson: Film Screening and Discussion

What: Join us for a screening of “Hope on the Hudson,” a series of three short films by National Geographic filmmaker Jon Bowermaster that highlight some of the uplifting stories in the decades-long struggle to save the Hudson River and the communities who cherish and depend on it. The screening will be followed by a Q&A with representatives from Riverkeeper, a local organization leading the fight to protect the Hudson River and the Hudson Valley. This program is cosponsored with Briarcliff Sustainability and the Briarcliff Manor High School Treehugger Club and the Briarcliff Manor High School Treehugger Club.

When: Monday, March 23 at 6:30 pm

Where: W.J. Vescio Community Center attached to the Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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Brown Bag Lunchtime Book Discussion Group: *Where the Crawdads Sing* by Delia Owens

What: Led by Shelley Glick, Reference Librarian. Bring your lunch and join our afternoon book discussion group at the library. Books are available to borrow from the library one month before the discussion. Registration is required.

When: Tuesday, March 24 at 12:30 – 2:00 pm

Where: Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

Information: <https://www.briarcliffmanorlibrary.org/bookgroups.html>

Contact: Shelley Glick, sglick@wlsmail.org, 941-7072

Contemporary Fiction by Award-Winning Authors: *Silence of the Girls* by Pat Barker

What: Led by Shelley Glick, Reference Librarian. Bring your lunch and join our afternoon book discussion group at the library. Books are available to borrow from the library one month before the discussion. Registration is required.

When: Wednesday, March 25 at 7:30 – 9:00 pm

Where: Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

Information: <https://www.briarcliffmanorlibrary.org/bookgroups.html>

Contact: Shelley Glick, sglick@wlsmail.org, 941-7072

Nuts, Bolts and Monkey Wrench of Divorce

What: John H. Rubin, Esq. will discuss the nuts and bolts of divorce, i.e. grounds, financial matters (division of property, child support and spousal support), and parenting matters. He will also talk about the importance of planning, as opposed to rushing to file for divorce, among other things.

When: Thursday, March 26 at 6:30 – 8:00 pm

Where: Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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What is “Aging in Place”?

What: Aging in Place (AIP) is a national movement that enables people to stay in their own homes as they grow older by making available the social supports, wellness activities, and home maintenance services they require to live happy, productive lives in the community. AIP Groups (also known as Villages) are growing across the country as older people choose to live independently while benefiting from coordinated programs and services in their own community. Lynn Reichgott, President of The Center for Aging in Place in Westchester County will discuss what is needed to set up an Aging in Place Groups in your local community.

When: Friday, March 27 at 1:00 – 2:30 pm

Where: Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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Westchester Women Speak Out!

What: Women have been speaking in public for centuries, but what they said was seldom written down, recorded or remembered. In this talk, Dana Rubin will pay homage to women of all backgrounds with a connection to Westchester. Some of the women that will be featured include Sojourner Truth, Isadora Duncan, Amelia Earhart, Lorraine Hansberry, Jane Alexander, Meredith Viera, Yoko Ono, Barbara Walters and Carrie Chapman Catt, the famous suffragist and Briarcliff Manor resident. Dana Rubin is a longtime speechwriter and founder of the Mouthy Woman initiative and the Keynote Women Speech Bank. This program is cosponsored with the Briarcliff Manor – Scarborough Historical Society.

When: Sunday, March 29 at 2:00 – 3:30 pm

Where: W.J. Vescio Community Center attached to the Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

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Adult Coloring & More

What: Join our popular Adult Coloring & More Group! Come and explore your artistic side, meet new people, and have some fun, all while listening to soft relaxing music. Colored pencils, gel pens, coloring sheets and other materials will be provided or you may bring your own. Drop-in, no registration or artistic skills required! This program is cosponsored with the Briarcliff Manor Recreation Department.

When: Mondays at 1:00 – 2:30 pm

Where: Briarcliff Manor Public Library, 1 Library Road, Briarcliff Manor, NY 10510

Information: <https://www.briarcliffmanorlibrary.org/adultprograms.html>

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Drop-In Knitting Help

What: This drop-in program is for people who are interested in trying out knitting for the first time or who need help with something they're working on. Benny Gerwitz who has taught knitting classes will be available to help you get started or complete a project. You must provide your own materials. No registration is required.

When: Thursdays, March 5 & 19 and April 2, 16 & 30 at 6:30 – 8:00 pm

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Art Exhibit

What: Briarcliff Middle School Annual Mixed Media Student Art Exhibit.

When: Month of March

Where: Briarcliff Manor Public Library – 2nd floor, 1 Library Road, Briarcliff Manor, NY 10510

Information: <https://www.briarcliffmanorlibrary.org/brochure.pdf>

Contact: Shelley Glick, sglick@wlsmail.org, 941-7072