



## CALENDAR LISTING

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[www.ossininglibrary.org](http://www.ossininglibrary.org)

## FEBRUARY PROGRAMS FOR ADULTS AT THE OSSINING PUBLIC LIBRARY

### Art Exhibits:

**Main Gallery:** African American Heritage Month exhibit by Westchester Photographic Society. Feb. 1-28. Opening reception on Saturday, February 8<sup>th</sup> at 2 p.m. Light refreshments will be served. All are welcome to attend.

**Hallway Gallery:** Photography of Musicians by Alan Haywood. February 1-28.

Saturday, February 8<sup>th</sup> at 10:30 a.m.

### **Meditation Aromatherapy Sound Session**

Enjoy an aromatherapy “treatment”, the soft soothing sounds of Himalayan singing bowls and do some meditation. Provided by certified holistic health counselor, educator, and artist, Beverly “Aminata” Spencer. Registration is not required.

*FREE. In the 2nd Floor Conference Room.*

Wednesday, February 12<sup>th</sup> at 6:30 p.m.

### **Multicultural Film Series**

This series continues with the thrilling Dutch World War II drama *Secrets of War*, which will be shown in Dutch with English subtitles and has a run time of 95 minutes.

*FREE. In the Budarz Theater.*

Thursday, February 13<sup>th</sup> at 6:30 p.m.

### **The Ossining Documentary & Discussion Series**

For all information on upcoming films and this film series, please visit

[www.ossiningdocumentaries.org](http://www.ossiningdocumentaries.org).

*FREE. In the Budarz Theater.*

Saturday, February 15<sup>th</sup> at 3 p.m.

### **Talk Culture Book Group**

The incredible *Underground Railroad*, by Colson Whitehead, will be the topic of our next book discussion. Copies of the book can be found behind the Information Desk.

*FREE. In the 2nd floor Conference Room.*

Wednesday, February 19th at 7 p.m.

**Health & Wellness Series – Headaches & Migraines**

If you suffer from headaches and migraines, the expertise of Dr. Kathleen Mullin pay put you at ease and have your questions answered. Pre-registration is recommended but walk-ins are welcome. To register please call James Trapasso at 914-941-2416 ext. 327 or email [jtrapasso@wlsmail.org](mailto:jtrapasso@wlsmail.org).

*FREE. In the Budarz Theater.*

Thursday, February 20 at 2:00 p.m. or Saturday, February 22 at 10:30 a.m.

**Digital Checkup: hoopla and Kanopy**

Did you know that you can access films, TV shows, music, eBooks and more, for FREE? All you need is your library card! Come join us at OPL's Digital Checkup and learn how to use hoopla and Kanopy. We will help you log in, create an account, and search for content. To learn more, contact Allison at (914)941-2416, ext. 316.

*FREE. In the Conference Room*

Saturday, February 22 nd at 2 p.m.

**“Project Tapestry” – Dance Performance**

It's an afternoon of creativity and connection when we welcome Ted Daniel and Tomiko Magario to the library to present their jazz dance performance, Project Tapestry. A live concert featuring original choreography and original jazz music, Daniel and Magario focus on sharing the process of creation with a local audience: a meet and greet, and a Q & A session will follow the performance. All are welcome to attend this special event.

*FREE. In the Budarz Theater.*

Sunday, February 23rd at 2 p.m.

**Jazz Concert with the Tony Jefferson Duo**

The Sunday Afternoon Concert Series continues with a jazz performance by the Tony Jefferson Duo. For more information visit [www.tonyjeffersonmusician.com](http://www.tonyjeffersonmusician.com).

*FREE. In the Budarz Theater.*

Monday, February 24th at 7 p.m.

**Board of Trustees Monthly Meeting**

This is the regular monthly meeting of the library board of trustees. It is open to the public and all are welcome to attend.

*FREE. In the Director's Office.*

Wednesday, February 26th at 7 p.m.

**African Show by Rita Wagener**

Come and learn about the fashion, dance, and culture of Africa with Rita Wagener, a native of Uganda. All are welcome to attend.

*FREE. In the Budarz Theater.*

Friday, February 28th at 7 p.m.

**Friday Night Flix: Jojo Rabbit**

It's a wild and whimsical satire when we show *Jojo Rabbit*, nominated this year for 6 Academy Awards. Library doors open at 6:45 and the film begins at 7; popcorn and drinks will be served.

*FREE. In the Budarz Theater.*

Saturday, February 29th

**#OPLReads Book Club Debuts**

In our brand new #OPLReads Online Book Club, you'll read fantastic books and have lively discussions--all from the comfort of your own home! Join the #OPL Reads Book Club on Facebook and follow along as we talk about this month's book, *The Silent Patient*, by Alex Michaelides; discussion starts on February 29. Copies of the book are available at the Information Desk on the first floor. To learn more, email Mallory Marinaro at [mmarinaro@wlsmail.org](mailto:mmarinaro@wlsmail.org)

**Ongoing Programs**

Ongoing Mondays at 7:30 p.m.

February 3,10,24

**Walk-In Computer Help**

Computer help is back on Mondays! Stop by the conference room and ask general questions. We will answer all of your basic computer questions in both English and Spanish.

*FREE. In the Conference Room.*

Ongoing Mondays at 7 – 8:15 p.m.

February 3,10,24

**Beginner Yoga**

Pre-registration is not required. For more information please contact James Trapasso at 914-941-2416 ext. 327. This program is for Adults only. Please bring a yoga mat and blanket. Yoga is taught by a trained yoga instructor.

*FREE. In the Budarz Theater.*

Ongoing Tuesdays at 10:15 a.m.

February 4 & 18

**Breaking News Discussion Group**

Come to the library and discuss the latest news in politics with your fellow community members. This group is facilitated by Jay Forbes. Registration is required. To register please call 914-941-2416 ext. 327 or email [jtrapasso@wlsmail.org](mailto:jtrapasso@wlsmail.org).

*FREE. In the Budarz Theater.*

Ongoing Tuesdays & Thursdays at 10:15 a.m. – 1:15 p.m.

February 4,6,11,13,18,20,25,27

**ESL Class**

This is an English as a Second Language course for beginners only offered through Westchester Community College. For more information on the class please call 914-606-5656 or email at [LibraryESL@sunywcc.edu](mailto:LibraryESL@sunywcc.edu).

*Located in the 2nd floor Conference Room.*

Ongoing Tuesdays at 1:30 p.m.

February 4 & 18

### **Memoir Writing Class**

Always wanted to write your memoirs and learn more about it? Here is your chance! Join the Memoir Writing Class that meets every other Tuesday. General assignments are assigned by instructor, author and poet, Catherine Wald. Registration is Ongoing and required. To register, please call James Trapasso at (914)941-2416, ext. 327, or email [jtrapasso@wlsmail.org](mailto:jtrapasso@wlsmail.org)

*FREE. In the 2nd floor Conference Room.*

Ongoing Tuesdays & Thursdays at 1-4 p.m.

February 4,6,11,13,18,20,25,27

### **Mah Jongg Group**

This is an informal get-together of intermediate and advanced players. There is no assigned instructor for beginners, but if you have a fundamental knowledge of the game, the group will help you to improve your play. Tuesdays and Thursdays are regular play days. There is no registration needed. Any questions please call James Trapasso at 914-941-2416 ext. 327.

*FREE. In the Art Gallery/Lower Level.*

Ongoing Wednesdays at 6:30 p.m.

February 5,12,19,26

### **English Conversation Group**

For English as a Second Language Learners. Practice speaking and listening in a relaxed, social environment. No registration required.

*FREE. In the 2nd floor Conference Room.*

Ongoing Thursdays at 10 a.m.

### **AARP Tax-Aide**

Trained volunteers will be at the library on Thursdays starting February 6 th through April 9th , 10 a.m. – 2 p.m. to assist you with your taxes. Please bring all necessary paperwork and documentation with you. The library opens at 9:00 a.m. on Thursdays, feel free to come early and sign-up at the door, it is first-come, first-served.

*FREE. In the Budarz Theater.*

Ongoing Thursdays at 1:30 p.m.

February 27th

### **SBIC - Senior Benefits Information Centers**

Do you have questions about Medicare or other senior benefits? Help is here for you! This program is for adults ages 60 and older, and those caring for the elderly; you will achieve a better understanding of Medicare health plans and prescription drug coverage. Information and counseling is provided about different types of government programs, including federal and state financial assistance programs, and county-wide benefits. This program is offered by the Westchester Library System.

*FREE. In the 2nd floor conference room.*

Ongoing Thursdays at 3:30 p.m.

February 6,13,20

### **Spanish/English Conversation Group**

Improve your Spanish or English conversation skills by practicing in small groups in this friendly learning experience. Your listening and speaking skills will improve, and your vocabulary will grow. Attend as often as you can; no registration required. Basic Spanish or English needed to participate; all levels welcome! For more information, please call Diana Lennon at 914-941-2416 ext. 315.

*FREE. In the Budarz Theater.*

Ongoing Fridays at 4:30 p.m.

February 7,14,21,28

### **Mindfulness Class**

This weekly mindfulness series has two alternating formats. The meditation format relaxes the mind and body and the In Daily Life format looks at practical ways to reduce stress, improve health, overcome fear and anxiety. The class also covers tips on how to problem solve and use techniques. This class is open to all.

*FREE. In the 2nd Floor Conference Room.*

Ongoing Saturdays at 9:30 a.m.

February 1,8,15,22

### **Beginner Yoga**

Pre-registration is not required. For more information, please contact James Trapasso at 914-941-2416, ext. 327. This program is for Teens and Adults. Please bring a yoga mat and blanket. Yoga is taught by a trained yoga instructor.

*FREE. In the Budarz Theater.*

Ongoing Saturdays at 10 a.m.

February 1,8,15,22

### **Knitting Group**

Whether you're looking to learn to knit, or are a skiller knitter looking for a group to mingle with, our knitting group has something for everyone. Led by a skilled knitter, the group meets on Saturday mornings in the art gallery. All materials are provided for the participants.

Registration is required. To register please call James Trapasso at 914-941-2416 ext. 327 or email [jtrapasso@wlsmail.org](mailto:jtrapasso@wlsmail.org).

*FREE. In the Art Gallery.*

Ongoing Saturdays at 10 a.m.

February 1,8,15,22

**Puzzle Workshop**

Do you like to do puzzles? Then come to the library and do puzzles with your fellow community members. There will be a facilitator for the group. All materials are provided for participants. This is for adults only. No registration required, just come! Any questions please call James Trapasso at 914-941-2416 ext. 327 or [jtrapasso@wlsmail.org](mailto:jtrapasso@wlsmail.org).

*FREE. In the Art Gallery.*

Ongoing Saturdays at 1:00 p.m.

February 1st

**Little Bertie County Genealogy Group**

The Little Bertie County Genealogy Group explores history and ancestry.

*FREE. In the 2nd floor Conference Room.*

***About the Ossining Public Library***

The Ossining Public Library is a School District Library chartered by the State of New York to serve all residents of the Ossining School District. As a member of the Westchester Library System, it also provides services to a larger community.

***Our Mission***

The Ossining Public Library enriches, connects, and inspires our community.

***Our Vision***

The Ossining Public Library will be the community's center for lifelong learning.