

Spiritual Director

Ongoing Covid 19 issues and other daily life processes can get in the way of mental health and happiness. We are in the process of gathering names and email addresses of spiritual directors. The names we have so far are:

Rev. Ed Heilman echailman@hotmail.com (Toledo)

Breta Gorman bretasm@att.net (Fremont)

Corrie Reed coreed129@gmail.com

Rev. Katherine Beckett kabeckett1001@gmail.com (Bluffton)

Rev. Julie Parsell angelstringsministry@yahoo.com (Napoleon)

Jayne Nachtrab jaynenachtrab@pinesretreat.org (Fremont)

Beth McKibben-Nee emckibbennee@gmail.com 919-675-5385 (Tiffin)

What is Spiritual Direction? Spiritual direction is a service of sacred listening and discernment. Spiritual direction slowly deepens and unifies the interior and exterior. Spiritual direction is patient, kind, honest, and confidential. Spiritual direction is not hierarchical or forced.

*"If you want to go fast go alone.
If you want to go far go together."
African proverb*

Please contact one of the above if you would like to explore what spiritual direction is and how it can help in your day to day life.

If there are other spiritual directors you know who would be interested, please let us know by contacting the Pastoral Relations WG of the Church and Ministry Team by calling the Association office. 419-447-8323

The NWOA Pastoral Relations Working Group of The Church and Ministry Team