



Grades 1-12
MENU

April / May 2018

FREDERICA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
April 23	24	25	26	27
Mexican Day Burritos - Beef and Cheese Nachos or Tacos Spanish Rice Side Salad	All-American Day Hamburger Sliders Hot Dogs and Chili Dogs French Fries - Mashed Potatoes Fruit	Asian Day Chicken Teriyaki Bowl Broccoli and Rice Sweet and Sour Meatballs Pineapple Bowl	Pizza Day Cheese or Pepperoni Pizza Vegetables Side Salad Fruit	May Day Celebration!
Chef Salad with Ham	Chef Salad with Chicken	Chef Salad with Sliced Turkey	Chef Salad with Ham Assorted Sandwiches	
Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches		Ice Cream Day
30	May 1	May 2	May 3	May 4
Pasta Meat Sauce or Alfredo Sauce Vegetables	Buffalo Tender Sliders Hamburger Sliders Mashed Potatoes Fruit	Chicken Teriyaki Sweet and Sour Pork Lo Mien Fried Rice Broccoli and Carrots Spring Rolls	Baked Fish with Seasoned Rice Vegetables Pasta Chicken Wraps-Cold Cut Wraps Vegetables	Pizza Day Cheese or Pepperoni Pizza Vegetables Side Salad Fruit
Chef Salad with Chicken	Chef Salad		Chef Salad with Turkey	
Assorted Sandwiches	Assorted Sandwiches	Chef Salad with Ham Assorted Sandwiches	Assorted sandwiches	Chef Salad with Ham Assorted Sandwiches Ice Cream Day

- 1) Additional Items are available during MS and US lunch. Breakfast available during MS and US break period.
- 2) Soup may also be available on the food line on days that not on the menu.