



Grades 1-12 MENU

April / May 2018

FREDERICA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
April 23	24	25	26	27
Mexican Day Burritos - Beef and Cheese Nachos or Tacos Spanish Rice Side Salad Chef Salad with Ham Assorted Sandwiches	All-American Day Hamburger Sliders Hot Dogs and Chili Dogs French Fries - Mashed Potatoes Fruit Chef Salad with Chicken Assorted Sandwiches	Asian Day Chicken Teriyaki Bowl Broccoli and Rice Sweet and Sour Meatballs Pineapple Bowl Chef Salad with Sliced Turkey Assorted Sandwiches	Pizza Day Cheese or Pepperoni Pizza Vegetables Side Salad Fruit Chef Salad with Ham Assorted Sandwiches	May Day Celebration!
30	May 1	May 2	May 3	May 4
Pasta Meat Sauce or Alfredo Sauce Vegetables Chef Salad with Chicken Assorted Sandwiches	Buffalo Tender Sliders Hamburger Sliders Mashed Potatoes Fruit Chef Salad Assorted Sandwiches	Chicken Teriyaki Sweet and Sour Pork Lo Mien Fried Rice Broccoli and Carrots Spring Rolls Chef Salad with Ham Assorted Sandwiches	Ice Cream Day Baked Fish with Seasoned Rice Vegetables Pasta Chicken Wraps-Cold Cut Wraps Vegetables Chef Salad with Turkey Assorted sandwiches	Pizza Day Cheese or Pepperoni Pizza Vegetables Side Salad Fruit Chef Salad with Ham Assorted Sandwiches Ice Cream Day

- 1) Additional Items are available during MS and US lunch. Breakfast available during MS and US break period.
- 2) Soup may also be available on the food line on days that not on the menu.