



FEBRUARY 19-22, 2019



FREDERICA ACADEMY PK + KINDERGARTEN SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Entrée

Beef Tacos
Cheese Quesadillas
Mexican Rice
with Black Beans
Corn + Peas + Carrots

ICE CREAM DAY!

Entrée

Meat Sauce
Alfredo Sauce
Lasagna
Pasta
Spring Salad
Fruit

Entrée

Waffle with Fruit
+ Whipped Cream
Scrambled Eggs
Sausage
Ham + Pineapples

PIZZA DAY

(2 Slices)

Pepperoni or Cheese
Fruit
Fruit Vegetables

