



Pre-K + K  
MENU

April / May 2018

FREDERICA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
April 23	24	25	26	27
Beef and Cheese Nachos Rice Vegetables	Hamburger Sliders Vegetables Salad	Chicken Tenders Side Salad Fruit	Cheese Pizza Salad Fruit	<b>May Day Celebration!</b>
30	May 1	2	3	4
Pasta and Meat Sauce Salad Bread	Chicken Tenders Mashed Potatoes Fruit	Fish Fillets Rice Vegetables	Pasta with Meat Sauce Side salad Bread	<b>Pizza Day</b> Cheese pizza Salad Fruit
7	8	9	10	11
Fried Chicken Macaroni and Cheese Vegetables	Grilled Ham and Cheese Soup Fruit	Chicken Tenders Fries Vegetables	Turkey and Cheese Pinwheels Yogurt Side salad	<b>Pizza Day</b> Cheese pizza Salad Fruit