

Varsity Soccer COVID-19 Recommendations

1. Pregame Conference
 - a. Limit to 1 captain and head coach per team along with head referee / center referee.
 - b. Location at center of the field or location where social distance can be maintained.
 - c. Suspend all handshakes prior to and following pregame conference.
2. Team Benches
 - a. Encourage social distancing.
3. Substitution Procedures
 - a. Encourage social distancing from officials and opposing players by allowing closer to the center line for substitution.
4. Pre and Post Game Match
 - a. Send players to their field positions with bench personnel lined up on the touch line socially distanced for introductions.
 - b. Suspend all post game hand shaking.
5. Equipment and Accessories
 - a. Cloth face coverings are allowed during participation
 - b. Gloves are allowed during participation
6. Concessions
 - a. All prepackaged foods will be allowed for selling.
 - b. Hamburgers and Hotdogs cooked ahead of game time and packaged. Provide packaged condiments (i.e. ketchup, relish, mustard, mayo, etc.).
 - c. Utilization of gloves if money is to be taken up. (using hand sanitizer between spectators or changing of gloves per spectator).
 - d. Face coverings highly recommended.
 - e. Hand sanitizer readily available for concession stand workers and spectators.
7. Spectators
 - a. All spectators will sit on the Gym/Field House bleachers. Visitors will sit on the left side of the stands (closest to the parking lot) and Home will sit on the right side of the stands (closest to the Field House).
 - b. Encourage social distancing in the stands and no crossing of spectators.
 - c. Face coverings are highly encouraged when social distancing cannot be maintained.
 - d. Spectators are allowed to bring their own drinks and snacks in a cooler.

Varsity Baseball COVID-19 Recommendations

1. Dugouts / Player Equipment / Field Precautions

- a. Encourage social distancing pre and during game time
- b. No sharing of equipment if possible (i.e. helmets, hats, bats, gloves, batting gloves, etc.).
- c. Each athlete should have their own water bottle or cup for water during the game.
- d. Sunflower seeds are prohibited on the field.
- e. Face mask/coverings are recommended, but not mandatory. School logo is allowed or just solid color without logo. Pitchers should not wear any tint of white or grey for interference of seeing the baseball.
- f. Face shields are permitted if it is integrated into the fielding face mask, catching helmet, or batting helmet. Face shields should be clear without tint.
- g. Game balls that go out of play should be retrieved by the home school, sanitized, and put back into play.
 - i. Weather conditions or damage creates need to change the baseball, home school is responsible for the change of baseball.
- h. No team huddles without social distancing.
- i. Players not allowed to congratulate teammates after home run or run score out of the dugout.
- j. Pitching changes and charged defensive conference should be held on the outer edge of the pitching circle maintaining social distance.
- k. Pitchers are prohibited from licking fingers, touching any part of the hands to the mouth, or blowing into their hands prior to delivering a pitch. If done so the ball shall be called "dead ball" and new sanitized ball shall be put into play along with pitcher's hands sanitized.
- l. Handshakes post game are prohibited

2. Coaches & Umpires

- a. Umpires should arrive in uniform to officiate.
- b. Coaches and umpires are encouraged to wear face coverings and/or gloves.
- c. Pregame conference should be plate umpire, base umpire, and both head coaches with head coaches standing outside the batter's box closest to their dugouts, plate umpire standing behind catcher's box, and base umpire standing in front of home plate.
- d. Encourage coaches to maintain social distancing from all players and umpires.
- e. Substitutions shall be made with physical distancing to umpires and opposing athletes.
- f. Encourage social distancing by Base coaches and Base umpires.
- g. Catcher and batter should maintain social distancing while Plate umpire dust off home plate.

3. Spectators

- a. Home team spectators shall sit in the stands directly behind home plate.
- b. Visitors team spectators shall sit in the stands closest to 3rd base dugout.
- c. No intermingling of home and visitor spectators.

- d. No crossing of Baseball spectators to the Varsity Soccer / Football field at any time.
- e. Encourage social distancing in the stands and face coverings if social distancing cannot be maintained.

4. Concessions

- a. All prepackaged foods will be allowed for selling.
- b. Hamburgers and Hotdogs cooked ahead of game time and packaged. Provide packaged condiments (i.e. ketchup, relish, mustard, mayo, etc.).
- c. Utilization of gloves if money is to be taken up. (using hand sanitizer between spectators or changing of gloves per spectator).
- d. Face coverings highly recommended.
- e. Hand sanitizer readily available for concession stand workers and spectators.