



Pre-K + K  
MENU

March 2018

FREDERICA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday	
12	13	14	15	16	
Baked Chicken Macaroni and Cheese Peas and Carrots	Grilled Ham and Cheese Yogurt Fruit	Ravioli - Beef Vegetable Fruit	Cheese Pizza Salad Fruit		Parent Conferences No School
19	20	21	22	23	
Pasta with Meat Sauce Vegetable Salad	Burger Sliders Rice Fruit Salad	Beef and Cheese Nachos Vegetables Salad	Turkey and Cheese Pinwheels Fruit Slices Salad	Cheese Pizza Salad Fruit	
26	27	28	29	30	
Grilled Ham and Cheese Carrot Sticks Yogurt	Baked Fish Fillets Vegetables Salad	Chicken Tenders Side Salad Fruit	Field Day Complimentary Pizza Lunch	Good Friday No School	