



Grades PK - K  
MENU

# August 2018

## FREDERICA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
13	14	15	16	17
	<b>BACK TO SCHOOL BBQ</b> 5:00pm – 6:30pm 	Chicken Tenders Vegetable Side Salad	Grilled Ham and Cheese Macaroni and Cheese Fruit	Pizza Day Cheese Pizza Side Salad Fruit Ice Cream Day
20	21	22	23	24
Baked Spaghetti Green Beans Side Salad	Hamburger Sliders Steamed Rice Fruit	Fish Fillets Mashed Potatoes Vegetable	Nachos with Ground Beef and Cheese Side Salad Fruit	Pizza Day Cheese Pizza Side Salad Fruit Ice Cream Day
27	28	29	30	31
Turkey and Cheese Pinwheels Fruit Yogurt	Fried Chicken French Fries Side Salad	Pasta with Sauce Broccoli and Cheese Salad	Chicken Tenders Vegetables Fruit	Pizza Day Cheese Pizza Side Salad Fruit Ice Cream Day