



## Pre-K + K MENU

# April 2018

## FREDERICA ACADEMY

| Monday  | Tuesday                                   | Wednesday                                  | Thursday   | Friday                          |
|---|---|--|--|---------------------------------|
| 9   | 10  | 11   | 12   | 13                              |
| Meatball Sub<br>Vegetable<br>Mashed Potatoes      | Grilled Ham and Cheese<br>Yogurt<br>Fruit | Ravioli - Beef<br>Vegetable<br>Fruit       | Baked Chicken<br>Macaroni and Cheese<br>Vegetable      | Cheese Pizza<br>Salad<br>Fruit  |
| 16  | 17  | 18   | 19   | 20                              |
| Pasta with Meat Sauce<br>Vegetable<br>Salad       | Burger Sliders<br>Rice<br>Fruit Salad     | Fish Fillets<br>Rice<br>Fruit Cup<br>Salad | Chicken Sandwich<br>Vegetables<br>Yogurt<br>Side Salad | Cheese Pizza<br>Salad<br>Fruit  |
| 23  | 24  | 25   | 26   | 27                              |
| Grilled Ham and Cheese<br>Carrot Sticks<br>Yogurt | Baked Fish Fillets<br>Vegetables<br>Salad | Chicken Tenders<br>Side Salad<br>Fruit     | Beef Ravioli<br>Fruit Slices<br>Salad                  | <b>May Day<br/>Celebration!</b> |
| 30  |   |  |  |                                 |
| Beef and Cheese Nachos<br>Rice<br>Vegetables      |   |  |  |                                 |