



Pre-K + K
MENU

April 2018

FREDERICA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday	
9		10		11	13
Meatball Sub Vegetable Mashed Potatoes	Grilled Ham and Cheese Yogurt Fruit	Ravioli - Beef Vegetable Fruit	Baked Chicken Macaroni and Cheese Vegetable	Cheese Pizza Salad Fruit	
16		17		18	20
Pasta with Meat Sauce Vegetable Salad	Burger Sliders Rice Fruit Salad	Fish Fillets Rice Fruit Cup Salad	Chicken Sandwich Vegetables Yogurt Side Salad	Cheese Pizza Salad Fruit	
23		24		25	27
Grilled Ham and Cheese Carrot Sticks Yogurt	Baked Fish Fillets Vegetables Salad	Chicken Tenders Side Salad Fruit	Beef Ravioli Fruit Slices Salad		May Day Celebration!
30					
Beef and Cheese Nachos Rice Vegetables					