



**Pre-K + K
MENU**

March 2018

FREDERICA ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
February 26	February 27	February 28	March 1	March 2
Beef Macaroni and Cheese Side Salad Fruit	Baked Fish Fillets Vegetables Yogurt	Chicken Tenders Fruit Salad	Spaghetti and Meatballs Vegetable Fruit	Cheese Pizza Fruit Salad
5	6	7	8	9
Turkey and Cheese Pinwheels Fruit Slices Salad	Nachos with Ground Beef and Cheese Rice Fruit	Chicken Sliders French Fries Green Beans	Baked Fish Fillet Mashed Potatoes Fruit	Cheese Pizza Salad Fruit
12	13	14	15	16
Baked Chicken Macaroni and Cheese Peas and Carrots	Grilled Ham and Cheese Yogurt Fruit	Ravioli - Beef Vegetable Fruit	Cheese Pizza Salad Fruit	Parent Conferences No School