



**FREDERICA ACADEMY**  
**PARTICIPATION IN STRENGTH & CONDITIONING CAMP**  
***WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT***

**Student's Name - \_\_\_\_\_ Grade for 2022-2023 \_\_\_\_\_**

I/we give our permission for \_\_\_\_\_ to participate in the Strength & Conditioning Camp at Frederica Academy for the Summer of 2022.

**Waiver:** In consideration of this permission, I, the undersigned, acknowledge a full understanding of the inherent dangers and risks associated with my child's use of these facilities and/or participation in athletic activity occurring on FA's campus.

**I/we do hereby release, waive, discharge, and covenant not to sue Frederica Academy (FA)** and any and all of its trustees, directors, officers, employees, and agents (together, "PCDS") **from any and all claims including the negligence of FA** resulting in personal injury, accidents or illnesses (including death), and damage to property arising from, but not limited to, participation in activities, and use of facilities, premises, or equipment at Frederica Academy.

**I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in the activities made possible by FA. I hereby assert that my child's participation is voluntary and that I knowingly assume all such risks. I also affirm** that it is my responsibility to secure **adequate medical or health insurance** to cover any medical assistance my child may require and that he/she is in good health and have no physical or other impediments.

**Indemnification and Hold Harmless:** I further agree to **indemnify and hold FA harmless** from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorneys' fees brought as a result of their participation in FA Strength & Conditioning Camp and to reimburse them for any such expenses incurred.

**Parental/Guardian Consent:** (To be completed and signed by parent/guardian for User under 18 years of age). I certify that I am the parent or legal guardian of the above User and that I am entitled to his or her custody and control and I do hereby give permission for the Child to participate in FA Strength & Conditioning Camp. I hereby execute the above Agreement on his/her behalf.

\_\_\_\_\_  
Signature of Parent/Guardian of Minor      Date

\_\_\_\_\_  
Print Name

User's Age \_\_\_\_\_

Emergency Contact Number(s): \_\_\_\_\_

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name