

Morning Prayer

June 8, 2022
(Ember Day)

Opening Sentence

Officiant On this day the Lord has acted; we will rejoice and be glad in it. *Psalm 118:24*

The Invitatory and Psalter

Officiant Lord, open our lips.

People ***And our mouth shall proclaim your praise.***

Officiant and People ***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

Officiant Alleluia. The Spirit of the Lord renews the face of the earth:
Come let us adore him. Alleluia.

Jubilate

Psalm 100

**Be joyful in the Lord, all you lands;
serve the Lord with gladness
and come before his presence with a song.**

**Know this: The Lord himself is God;
he himself has made us, and we are his;
we are his people and the sheep of his pasture.**

**Enter his gates with thanksgiving;
go into his courts with praise;
give thanks to him and call upon his Name.**

**For the Lord is good;
his mercy is everlasting;
and his faithfulness endures from age to age.**

The Psalm Appointed *(appointed for the day)*

Psalm 15

**O LORD, who shall sojourn in thy tent?
Who shall dwell on thy holy hill?**

**He who walks blamelessly, and does what is right,
and speaks truth from his heart;**

**who does not slander with his tongue,
and does no evil to his friend,
nor takes up a reproach against his neighbor;**

**in whose eyes a reprobate is despised,
but who honors those who fear the LORD;**

who swears to his own hurt and does not change;
who does not put out his money at interest,
and does not take a bribe against the innocent.

He who does these things shall never be moved.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

A Reading from the 1st Book of Peter

1 Peter 4: 7-11

The end of all things is at hand; therefore keep sane and sober for your prayers. Above all hold unfailing your love for one another, since love covers a multitude of sins. Practice hospitality ungrudgingly to one another. As each has received a gift, employ it for one another, as good stewards of God's varied grace: whoever speaks, as one who utters oracles of God; whoever renders service, as one who renders it by the strength which God supplies; in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion for ever and ever. Amen.

The Word of the Lord.

Thanks be to God.

Canticle 9

The First Song of Isaiah

Ecce, Deus

Isaiah 12:2-6

Surely, it is God who saves me;
I will trust in him and not be afraid.

For the Lord is my stronghold and my sure defense,
and he will be my Savior.

Therefore you shall draw water with rejoicing
from the springs of salvation.

And on that day you shall say,
Give thanks to the Lord and call upon his Name;

Make his deeds known among the peoples;
see that they remember that his Name is exalted.

Sing the praises of the Lord, for he has done great things,
and this is known in all the world.

Cry aloud, inhabitants of Zion, ring out your joy,
for the great one in the midst of you is the Holy One of Israel.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

The Gospel

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew *Matthew 16: 24-27*
People ***Glory to you, Lord Christ.***

Then Jesus told his disciples, “If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, and whoever loses his life for my sake will find it. For what will it profit a man, if he gains the whole world and forfeits his life? Or what shall a man give in return for his life? For the Son of man is to come with his angels in the glory of his Father, and then he will repay every man for what he has done.

The Gospel of the Lord.
Praise to you, Lord Christ.

Reflection

Ember Days

Three days which occur four times a year: the Wednesday, Friday, and Saturday after St. Lucy's Day (Dec. 13), Ash Wednesday, the Day of Pentecost, and Holy Cross Day (Sept. 14). The name comes from the Latin title Quattuor tempora, meaning "four times." In ancient Italy the times (originally three) were associated with sowing, harvest, and vintage, for which one prayed, fasted, and gave alms. Later the four times became occasions for ordination, for which the Christian community prayed and the candidates prepared themselves by prayer and retreat. The BCP appoints proper collects and readings for this observance under the title "For the Ministry (Ember Days), including propers "For those to be ordained," "For the choice of fit persons for the ministry," and "For all Christians in their vocation" (BCP, pp. 256-257, 929).

The Apostles' Creed

Officiant and People

I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church, the communion of saints,
the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.

People ***And also with you.***

Officiant Let us pray.

***Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.***

V. Show us your mercy, O Lord;

R. ***And grant us your salvation.***

V. Clothe your ministers with righteousness;

R. ***Let your people sing with joy.***

V. Give peace, O Lord, in all the world;

R. ***For only in you can we live in safety.***

V. Lord, keep this nation under your care;

R. ***And guide us in the way of justice and truth.***

V. Let your way be known upon earth;

R. ***Your saving health among all nations.***

V. Let not the needy, O Lord, be forgotten;

R. ***Nor the hope of the poor be taken away.***

V. Create in us clean hearts, O God;

R. ***And sustain us with your Holy Spirit.***

The Collect of the Day

Officiant Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers, which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. ***Amen.***

Prayers of Intercession and Thanksgiving

Officiant Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. ***Amen.***

Spiritual Communion

Let us pray together a prayer for Spiritual Communion:

Lord Jesus, we believe that you are truly present in the Blessed Sacrament. We are grateful to know there are many ways to experience your presence, but in whatever way we do, we know you come into our hearts, minds and souls. Unite my heart with those of my family of faith and make us all one with you. May this spiritual communion strengthen my faith and grant me confidence in your loving care now and forever. Amen.

The General Thanksgiving

Officiant Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness to us
and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up ourselves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. ***Amen.***

Officiant Let us bless the Lord.

Thanks be to God.

Officiant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore. ***Amen.***

Bible Study

Gospel: John 16: 12-15

Jesus said to the disciples, "I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

Reflection on John 16: 12-15

This Gospel begins with Jesus telling his disciples that there is much more for him to tell them. However, Jesus realizes that they are striving to absorb and understand what he had been saying. He understood that at this point, they did not have the capacity to absorb anything more.

However, Jesus reminds them that when the Spirit comes, the Spirit will guide them to all the truth. He tells them that the Spirit will speak to them about the things that will come in the future. Then Jesus not only foretells his departure, he says that in the future he will return but in a new and different way!

Just as Jesus reassured his disciples, Jesus also reassures us. Today he also is telling us, that he not only will come to us but he already is among us! Jesus comes to us in the breaking of the bread! And when we, his followers, are gathered together, Jesus is with us and among us!

Do we recognize Jesus with us? Do we experience his presence, his love, his grace? Today may our minds and hearts be awake and alert to his coming! We don't want to miss him! What a loss that would be!