

## **Outreach Ministries of St. Johns**

### **Blanket Ministry**

New Start Blankets benefits domestic violence shelters in San Diego. The blankets we collect go to women and children who have escaped domestic violence. Most of the time, women and children arrive at the shelters with only the clothes on their backs. They are each given a new blanket, usually the only new thing they receive, and it is theirs to keep. Blankets are multi purpose, providing comfort, warmth, and security.

### **Pill Bottle Ministry**

Did you know that in developing countries, the pill bottle and cap is often more expensive than the medication inside? You can donate your empty prescription bottles by bringing them to the Parish Office.

Matthew 25: Ministries accepts donations of empty plastic pill bottles for inclusion in shipments of medical supplies and for shredding and recycling. Their pill bottle program fulfills the dual needs of improving medical care in developing countries and caring for our environment.

If you would like to contribute your financial support as well as your pill bottles, we welcome your donations.

### **Eyeglass Recycling**

If you buy new glasses, bring your old pair to St. Johns. They will be delivered to LensCrafter, where they will be reground and used for those who can't afford to buy brand new glasses.

### **Greeting Cards**

Your greeting cards, stickers and other supplies will be delivered to our ECS Head Start program and to Mi Escuilita, a Head Start run by SBCS. All cards are accepted: free cards you have received from charitable organizations or greeting cards you were sent (you may cut off the back to remove any personal information). The children use them in art projects and to identify objects and make up stories.

## **Emergency Food Pantry**

The South Bay Community Services "Emergency Food Pantry" needs donations every month. If you would like to donate, please bring your non-perishable food items to the Parish Office and they will be delivered to SBCS.

These items are always welcome:

Dry and canned beans, boxed potatoes

Rice, pasta, Mac & Cheese

Canned meat or fish and can openers

Cereals, powdered and canned milk

Peanut butter and jelly

Canned fruit and vegetables

Soup, ramen noodles and crackers

Canned stews and Spaghetti-o's

## **Gently Used Blankets for Dreams for Change**

The Outreach Committee has chosen to support Dreams For Change, an organization that provides resources for people living in their cars in 'Safe Parking' places set aside by the County. Please bring your **clean, gently used blankets** and they will be delivered to the organization. There will be a labeled container in Nale Hall to receive donations.