

# Holy Week Morning Prayer

April 13, 2022

## Opening Sentence

*Officiant* All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all. *Isaiah 53:6*

## The Confession

*Officiant* Let us confess our sins against God and our neighbor.

***Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.***

***We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.***

*Officiant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

## The Invitatory and Psalter

*Officiant* Lord, open our lips.

*People* ***And our mouth shall proclaim your praise.***

*Officiant and People* ***Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.***

*Officiant* The Lord is full of compassion and mercy: Come let us adore him.

**Jubilate** *Psalm 100*

**Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.**

**Know this: The Lord himself is God;  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.**

**Enter his gates with thanksgiving; go into his courts with praise;  
give thanks to him and call upon his Name.**

**For the Lord is good; his mercy is everlasting;  
and his faithfulness endures from age to age.**

## The Psalm Appointed (appointed for the day)

Psalm 70: 1-6

Be pleased, O God, to deliver me;  
O LORD, make haste to help me.

Let those who seek my life be ashamed  
and altogether dismayed;  
let those who take pleasure in my misfortune  
draw back and be disgraced.

Let those who say to me "Aha!" and gloat over me turn back,  
because they are ashamed.

Let all who seek you rejoice and be glad in you;  
let those who love your salvation say for ever,  
"Great is the LORD!"

But as for me, I am poor and needy;  
come to me speedily, O God.

You are my helper and my deliverer;  
O LORD, do not tarry.

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.

## The Lessons

### A Reading from the Book of Hebrew

Hebrews 12: 1-3

Since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart.

The Word of the Lord.

**Thanks be to God.**

### Canticle 14 A Song of Penitence

*Kyrie Pantokrator*

*Prayer of Manasseh, 1-2, 4, 6-7, 11-15*

O Lord and Ruler of the hosts of heaven,  
God of Abraham, Isaac, and Jacob,  
***and of all their righteous offspring:***

You made the heavens and the earth,  
***with all their vast array.***

All things quake with fear at your presence;  
***they tremble because of your power.***

But your merciful promise is beyond all measure;  
***it surpasses all that our minds can fathom.***

O Lord, you are full of compassion,  
***long-suffering, and abounding in mercy.***

You hold back your hand;  
***you do not punish as we deserve.***

In your great goodness, Lord, you have promised forgiveness to sinners,  
***that they may repent of their sin and be saved.***

And now, O Lord, I bend the knee of my heart,  
***and make my appeal, sure of your gracious goodness.***

I have sinned, O Lord, I have sinned,  
***and I know my wickedness only too well.***

Therefore I make this prayer to you:  
***Forgive me, Lord, forgive me.***

Do not let me perish in my sin,  
***nor condemn me to the depths of the earth.***

For you, O Lord, are the God of those who repent,  
***and in me you will show forth your goodness.***

Unworthy as I am, you will save me, in accordance with your great mercy,  
***and I will praise you without ceasing all the days of my life.***

For all the powers of heaven sing your praises,  
***and yours is the glory to ages of ages. Amen.***

Glory to the Father, and to the Son, and to the Holy Spirit:  
***as it was in the beginning, is now, and will be for ever. Amen.***

## The Gospel

*Gospeller*      The Holy Gospel of our Lord Jesus Christ according to John.      *John 13: 21-32*  
*People*      ***Glory to you, Lord Christ.***

At supper with his friends, Jesus was troubled in spirit, and declared, "Very truly, I tell you, one of you will betray me." The disciples looked at one another, uncertain of whom he was speaking. One of his disciples-- the one whom Jesus loved-- was reclining next to him; Simon Peter therefore motioned to him to ask Jesus of whom he was speaking. So while reclining next to Jesus, he asked him, "Lord, who is it?" Jesus answered, "It is the one to whom I give this piece of bread when I have dipped it in the dish." So when he had dipped the piece of bread, he gave it to Judas son of Simon Iscariot. After he received the piece of bread, Satan entered into him. Jesus said to him, "Do quickly what you are going to do."

Now no one at the table knew why he said this to him. Some thought that, because Judas had the common purse, Jesus was telling him, "Buy what we need for the festival"; or, that he should give something to the poor. So, after receiving the piece of bread, he immediately went out. And it was night.

When he had gone out, Jesus said, "Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once."

The Gospel of the Lord.

***Praise to you, Lord Christ.***

## Reflection

### The Apostles' Creed

*Officiant and People*

***I believe in God, the Father almighty, creator of heaven and earth.***

***I believe in Jesus Christ, his only Son, our Lord.***

***He was conceived by the power of the Holy Spirit***

***and born of the Virgin Mary. He suffered under Pontius Pilate,  
was crucified, died, and was buried. He descended to the dead.***

***On the third day he rose again.***

***He ascended into heaven,***

***and is seated at the right hand of the Father.***

***He will come again to judge the living and the dead.***

***I believe in the Holy Spirit,***

***the holy catholic Church, the communion of saints,***

***the forgiveness of sins,***

***the resurrection of the body, and the life everlasting. Amen.***

## The Prayers

*Officiant*      The Lord be with you.

*People*      ***And also with you.***

*Officiant*      Let us pray.

***Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.***

***Give us this day our daily bread.***

***And forgive us our trespasses,  
as we forgive those who trespass against us.***

***And lead us not into temptation, but deliver us from evil.***

***For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.***

V. Show us your mercy, O Lord;

R. ***And grant us your salvation.***

V. Clothe your ministers with righteousness;

R. ***Let your people sing with joy.***

V. Give peace, O Lord, in all the world;

R. ***For only in you can we live in safety.***

V. Lord, keep this nation under your care;

R. ***And guide us in the way of justice and truth.***

V. Let your way be known upon earth;

R. ***Your saving health among all nations.***

V. Let not the needy, O Lord, be forgotten;

R. ***Nor the hope of the poor be taken away.***

V. Create in us clean hearts, O God;

R. ***And sustain us with your Holy Spirit.***

### **The Collect of the Day**

*Officiant*        Lord God, whose blessed Son our Savior gave his body to be whipped and his face to be spit upon: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

### **Prayers of Intercession and Thanksgiving**

*Officiant*        Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. ***Amen.***

### **Spiritual Communion**

Let us pray together a prayer for Spiritual Communion:

**Lord Jesus, we believe that you are truly present in the Blessed Sacrament. We are grateful to know there are many ways to experience your presence, but in whatever way we do, we know you come into our hearts, minds and souls. Unite my heart with those of my family of faith and make us all one with you. May this spiritual communion strengthen my faith and grant me confidence in your loving care now and forever. Amen.**

## The General Thanksgiving

*Officiant* Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness to us  
and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up ourselves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. **Amen.**

*Officiant* Let us bless the Lord.

*People* **Thanks be to God.**

*Officiant* The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

## Bible Study

### Gospel: John 20: 1-18

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, “They have taken the Lord out of the tomb, and we do not know where they have laid him.” Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus’ head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes.

But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

### **Reflection on John 20: 1-18**

The detailed account of Mary Magdalene's response to Easter morning in John's Gospel feels relatable in numerous ways. She notices that something is wrong or unexpected, in the stone rolled away from the tomb. She notifies others, as the duties to which she is likely there to attend to can't occur without a body. And when the others she gathers return to their homes, she remains and weeps, her grief of the last few days perhaps compiled at this moment of real, physical loss and confusion.

What we as the readers know has occurred falls outside of Mary's ability to comprehend—all that makes sense at this moment is the body of her teacher being taken, a tragedy in itself. She is asked by the two angels and then by Jesus, whom she does not yet recognize, why she is weeping. In Jesus' question of "Whom are you looking for?" is a call back to the first question Jesus asks in John: "*What are you looking for?*" (John 1:38). Again, we as the reader of this text might be able to make this connection, but Mary does not realize to whom she is speaking until Jesus calls her by name. In hearing her name in her teacher's voice, Mary's eyes are opened to who this person is. Jesus encourages her to not hold on to him, for his work of ascension is not complete, but instead to turn toward her brother and sister disciples to share the good news of what she has seen. We are called to remember that part of the resurrection is letting go of what has been, so that the opportunity for something new to flourish is possible.

- What are you seeking? How are you being called to be aware of the unexpected, beyond comprehension ways that the things you seek may show up in your life?
- How often are we unsure of whether or how God is speaking to us until we experience something that feels like someone we know calling our name? How does that change the way we respond?
- Are there things, both physical and ephemeral, that you attempt to hold on to that perhaps have a greater purpose in being shared?

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