

Welcome to
St. John's Episcopal Church
Chula Vista, CA

The Sixth Sunday after the Epiphany

February 12, 2023
9:00 am



***No matter who you are or where you are on your spiritual journey,
you are welcome here!***

Lighting of Altar Candles

Prelude

Welcome

Processional Hymn

Lord of All Being, Throned Afar

Hymnal 419



1 Lord of all be - ing, throned a - far, thy glo - ry
2 Sun of our life, thy quick - ening ray sheds on our
3 Lord of all life, be - low, a - bove, whose light is
4 Grant us thy truth to make us free, and kin - dling



flames from sun and star; cen - ter and soul of
path the glow of day; star of our hope, thy
truth, whose warmth is love, be - fore thy ev - er -
hearts that burn for thee, till all thy liv - ing



ev - ery sphere, yet to each lov - ing heart how near!
soft - ened light cheers the long watch - es of the night.
blaz - ing throne we ask no lus - ter of our own.
al - tars claim one ho - ly light, one heaven - ly flame.

Opening Acclamation

Presider Blessed be God: Father, Son, and Holy Spirit.

People ***And blessed be God's kingdom, now and forever. Amen***

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

The Collect of the Day

Presider The Lord be with you.

People ***And also with you.***

Presider Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

A Reading from the Book of Deuteronomy

Deuteronomy 30:15-20

Moses said, "See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

The Word of the Lord.

Thanks be to God.

Psalm 119:1-8

Beati immaculati

Happy are they whose way is blameless,
who walk in the law of the Lord!

Happy are they who observe his decrees
and seek him with all their hearts!

Who never do any wrong,
but always walk in his ways.

You laid down your commandments,
that we should fully keep them.

Oh, that my ways were made so direct
that I might keep your statutes!

Then I should not be put to shame,
when I regard all your commandments.

I will thank you with an unfeigned heart,
when I have learned your righteous judgments.

I will keep your statutes;
do not utterly forsake me.

A Reading from the First Letter of Paul to the Corinthians

1 Corinthians 3:1-9

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

The Word of the Lord.

Thanks be to God.

Gradual

Forgive Our Sins as We Forgive

Hymnal 674

"For - give our sins as we for - give" you
In blaz - ing light your cross re - veals the
taught us, Lord, to pray; but you a - lone can
truth we dim - ly knew, how small the debts men
grant us grace to live the words we say.
owe to us, how great our debt to you.

The Gospel

Matthew 5:21-37

Presider The Holy Gospel of our Lord Jesus Christ according to Matthew.

People ***Glory to you, Lord Christ.***

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you

are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

"You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

"It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

"Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one."

The Gospel of the Lord.
Praise to you, Lord Christ.

The musical score is written on three staves in a single system. Each staff begins with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes. The lyrics are: "For - give our sins as we for - give" you Lord, cleanse the depths with - in our souls, and taught us, Lord, to pray; but you a - lone can bid re - sent - ment cease; then, re - con - ciled to grant us and grace to live the words we say. God and man, our lives will spread your peace.

Sermon

The Nicene Creed

***We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.***

***We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.***

***For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.***

***For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.***

***On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.***

***We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.***

***With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.***

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

***We look for the resurrection of the dead,
and the life of the world to come. Amen.***

The Prayers of the People

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, and Susan our Bishop; all bishops, priests, deacons and other ministers;

For all who serve God in his Church.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For all who have died;

For those who put their trust in you, that they may have a place in your eternal kingdom.

For those who risk their lives to ensure our freedom, to heal, protect, comfort, and keep us safe;

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces, first responders, medical professionals, essential workers and their families. Defend them day by day with your heavenly grace; strengthen them in their trials and challenges; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.

Presider Almighty God our heavenly Father, guide the nations of the world into the way of justice and truth, and establish among them that peace which is the fruit of righteousness, that they may become the kingdom of our Lord and Savior Jesus Christ. ***Amen.***

The Confession

Presider Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

The Peace

Presider The peace of the Lord be always with you.

People ***And also with you.***

Birthday, Anniversary and Traveler Prayers

The Offertory

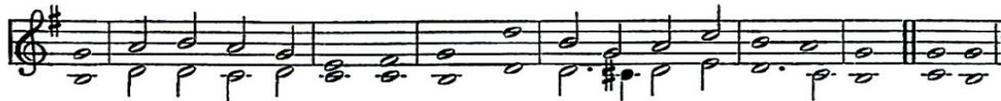
You may give here or online by using the "Give Now" button on our St. John's website: www.saint-johns.org
Your generous offering helps us to continue the mission and ministry of the parish.

Offertory Anthem

Doxology



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him a - bove, ye heav'nly host: Praise Father, Son, and Ho - ly Ghost. A-men.

The Great Thanksgiving

Presider The Lord be with you.

People **And also with you.**

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est. Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

***We remember his death,
We proclaim his resurrection,
We await his coming in glory;***

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. John and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. ***Amen.***

And now, as our Savior Christ has taught us, we are bold to say,

***Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.***

The Breaking of the Bread

Presider Christ our Passover is sacrificed for us;
therefore let us keep the feast.

Presider The Gifts of God for the People of God

Communion

Spiritual Communion

I invite all who are watching our liturgy online to receive Christ spiritually. Let us pray together:

Lord Jesus, we believe that you are truly present in the Blessed Sacrament. We are grateful to know there are many ways to experience your presence, but in whatever way we do, we know you come into our hearts, minds and souls. Unite my heart with those of my family of faith gathered to celebrate the great meal of thanksgiving and make us all one with you. May this spiritual communion strengthen my faith and grant me confidence in your loving care now and forever. Amen.

Prayer After Communion

Presider Let us pray

People ***Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.***

The Blessing

Presider May Christ, the Son of God, be manifest in you, that your lives may be a light to the world;

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. ***Amen.***

The Dismissal

Deacon Let us go in peace to love and serve the Lord.

People ***Thanks be to God.***



1 Lord, dis - miss us with thy bless - ing; fill our hearts with
 2 Thanks we give and a - dor - a - tion for thy Gos - pel's
 3 so that when thy love shall call us, Sa - vior, from the



joy and peace; let us each, thy love pos - sess - ing,
 joy - ful sound: may the fruits of thy sal - va - tion
 world a - way, fear of death shall not ap - pall us,



tri - umph in re - deem - ing grace: O re - fresh us,
 in our hearts and lives a - bound: ev - er faith - ful,
 glad thy sum - mons to o - bey. May we ev - er,



O re - fresh us trav - eling through this wil - der - ness.
 ev - er faith - ful to thy truth may we be found;
 may we ev - er reign with thee in end - less day.

Altar Flowers

The altar flowers are given by Barb Oliveira in memory of Dee Parmley.

St. John's Mission Statement

St. John's is a Christian community that intentionally gathers to experience God's love through Episcopal worship, education, fellowship, and ministry to the wider community.

Liturgical Ministers

Presider/Preacher

The Rev. Martha Anderson

Readers/Prayers

Bill Gustafson

Psalmist/Vocalists

St. John's Choir: Jeff Bates, Tom Brzeczek,
Alice Burnham, Pamela Brittain, Denise Eddleman,
Jane Ferguson, Larry and Lucy Ferguson, Ted Garcia,
Joe and Maria Love, Marge Moore, Chelsey Nyaradi,
Nancy Painter and Leslie Parker

Organist

Cheryl Seppala

Acolytes

Scott Bricknell, Malia Attaway, Lynn Naranjo,
Marge Moore

Ushers

David and Linda Dennehy

Eucharistic Ministers

Celia Vasquez, Iris Atkins, Debbie Lothspeich

Livestream

Cliff Berkowitz, Jamie Attaway

St. John's Prayer Lists

*Today and every day include some time for prayer, for yourself,
for your church family, and for those in need.*

For Our Military

Matt Jensen, Drew Shorkey, Cody Crossland, Cameron Ronie, Chariti Paden, Mark Stanfield, Sean Robinson, Jonathan Martinez, TK Nguyen, Christopher Lindshield, Timothy Lindshield, Jeremy Colton, David Sanchez, Jonathan Baldera, Nick Wyatt, Jamal Warner, Matt Hernandez, Daniel Getreu, Devon Strunk, Taylor Harrold, Jorge Zuazua, Sebastian Morales, Roberto Chavez, Ryan Lothspeich, Andrew C. Dugger, Dan and Chelsey Nyaradi, and Gen. G.J. Heinrich.

For Strength in Time of Need

Steve Magill, Gary and Shirley McCarren, Ann Lindshield, the McClure family, Barb Oliveira, Heather Wallace, Linda Longoria-Neff, Josey Felts, Celia Vasquez, Susy Martin Del Campo, Helen McGrath, Irene Cheney, Ann Rogers.
Kurth Barnes, and Tyler Anderson.

Names are kept on the Prayers List for 4 weeks.

If you wish to add a name, please email Maria Love at: maria@saint-johns.org.