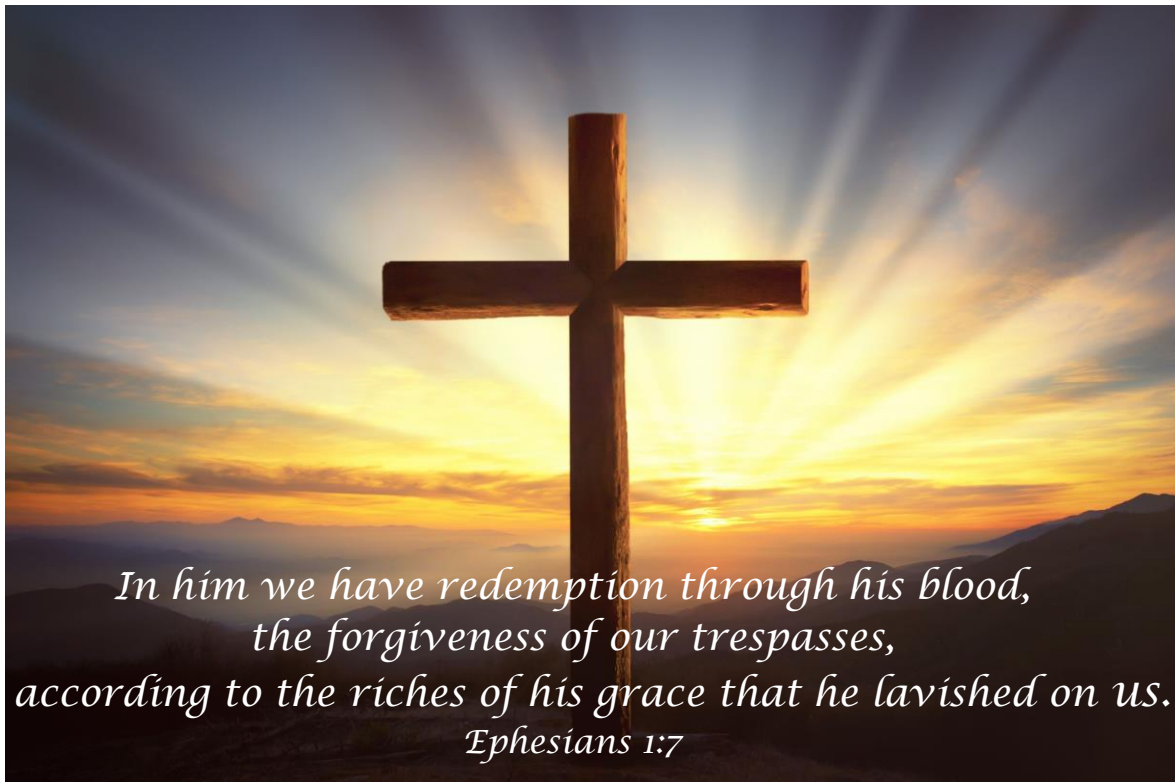


Welcome to  
**St. John's Episcopal Church**  
Chula Vista, CA

**The Seventh Sunday after Pentecost**

**July 11, 2021  
9:00 am**



***No matter who you are or where you are on your spiritual journey,  
you are welcome here!***

## Lighting of Altar Candles

### Prelude

### Welcome

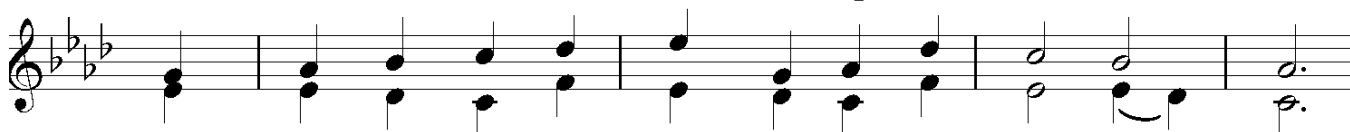
### Processional Hymn

### *Praise to the Living God*

Hymnal 372



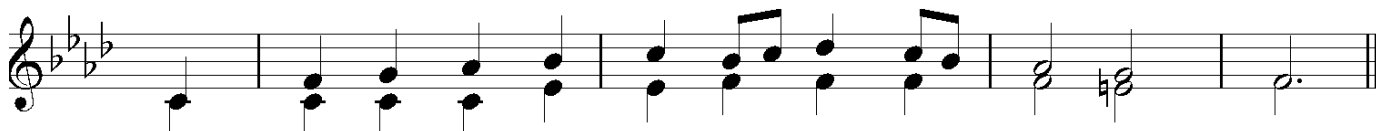
1 Praise to the liv - ing God! All prais - ed be his Name  
2 Form - less, all love - ly forms de - clare his love - li - ness;  
3 His Spi - rit flow - eth free, high surg - ing where it will:  
4 E - ter - nal life hath he im - plant - ed in the soul;



who was, and is, and is to be for ay the same.  
ho - ly, no ho - li - ness of earth can his ex - press.  
in pro - phet's word he spoke of old; he speak - eth still.  
his love shall be our strength and stay while a - ges roll.



The one e - ter - nal God ere aught that now ap - pears:  
Lo, he is Lord of all. Cre - a - tion speaks his praise,  
Es - tab - lished is his law, and change - less it shall stand,  
Praise to the liv - ing God! All prais - ed be his Name



the first, the last, be - yond all thought his time - less years!  
and ev - ery - where a - bove, be - low, his will o - beys.  
deep writ up - on the hu - man heart, on sea, on land.  
who was, and is, and is to be, for ay the same.

### Salutation

*Presider*

Blessed be God: Father, Son, and Holy Spirit.

*People*

***And blessed be his kingdom, now and for ever. Amen***

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,  
that we may perfectly love you, and worthily magnify your holy Name;  
through Christ our Lord. ***Amen.***

## The Collect of the Day

*Presider* The Lord be with you.

*People* ***And also with you.***

*Presider* Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

## The Lessons

### A Reading from the Second Book of the Prophet Samuel

2 Samuel 6:1-5, 12b-19

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals. So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

The Word of the Lord.

***Thanks be to God.***

**Psalm 24**      *Domini est terra*

The earth is the Lord's and all that is in it,  
***the world and all who dwell therein.***

For it is he who founded it upon the seas  
***and made it firm upon the rivers of the deep.***

"Who can ascend the hill of the Lord? "  
***and who can stand in his holy place?"***

"Those who have clean hands and a pure heart,  
***who have not pledged themselves to falsehood,  
nor sworn by what is a fraud.***

They shall receive a blessing from the Lord  
***and a just reward from the God of their salvation."***

Such is the generation of those who seek him,  
***of those who seek your face, O God of Jacob.***

Lift up your heads, O gates;  
lift them high, O everlasting doors;  
***and the King of glory shall come in.***

"Who is this King of glory?"  
***"The Lord, strong and mighty,  
the Lord, mighty in battle."***

Lift up your heads, O gates;  
lift them high, O everlasting doors;  
***and the King of glory shall come in.***

"Who is he, this King of glory?"  
***"The Lord of hosts,  
he is the King of glory."***

**A Reading from the Letter of Paul to the Ephesians**

Ephesians 1:3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also

obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

The Word of the Lord.

***Thanks be to God.***

**Gradual**      *Celtic Alleluia*



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**The Gospel**

Mark 6:14-29

*Gospeller*

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People*

***Glory to you, Lord Christ.***

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to

refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

The Gospel of the Lord.

***Praise to you, Lord Christ.***

## Sermon

### The Nicene Creed

***We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.***

***We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.***

***Through him all things were made.***

***For us and for our salvation he came down from heaven:***

***by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.***

***For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.***

***On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.***

***He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.***

***We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.***

***With the Father and the Son he is worshiped and glorified.***

***He has spoken through the Prophets.***

***We believe in one holy catholic and apostolic Church.***

***We acknowledge one baptism for the forgiveness of sins.***

***We look for the resurrection of the dead,***

***and the life of the world to come. Amen.***

## The Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. Lord, in your mercy

***Hear our prayer.***

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. Lord, in your mercy

***Hear our prayer.***

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. Lord, in your mercy

***Hear our prayer.***

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. Lord, in your mercy

***Hear our prayer.***

Comfort and heal all who suffer in body, mind, or spirit; especially those listed on our parish prayer list, give them courage and hope in their troubles, and bring them the joy of your salvation. Lord, in your mercy

***Hear our prayer.***

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. Lord, in your mercy

***Hear our prayer.***

Together let us pray for those serving in the armed forces, first responders, medical professionals, essential workers and their families

***Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces, first responders, medical professionals, essential workers and their families. Defend them day by day with your heavenly grace; strengthen them in their trials and challenges; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.***

*Presider* Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.

***Amen.***

## The Confession

*Presider* Let us confess our sins against God and our neighbor.

***Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.***

*Presider* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

## The Peace

*Presider* The peace of the Lord be always with you.

*People* ***And also with you.***

## Birthday, Anniversary and Traveler Prayers

## The Offertory

*There is an offering plate available as you enter the church to leave your offering.  
You may also give online by using the "Give Now" button on our St. John's website: [www.saint-johns.org](http://www.saint-johns.org)  
Your generous offering helps us to continue the mission and ministry of the parish.*

## Offertory Anthem

### Doxology



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him a - bove, ye heav'nly host: Praise Father, Son, and Ho - ly Ghost. A-men.

## The Great Thanksgiving

*Presider* The Lord be with you.

*People* ***And also with you.***

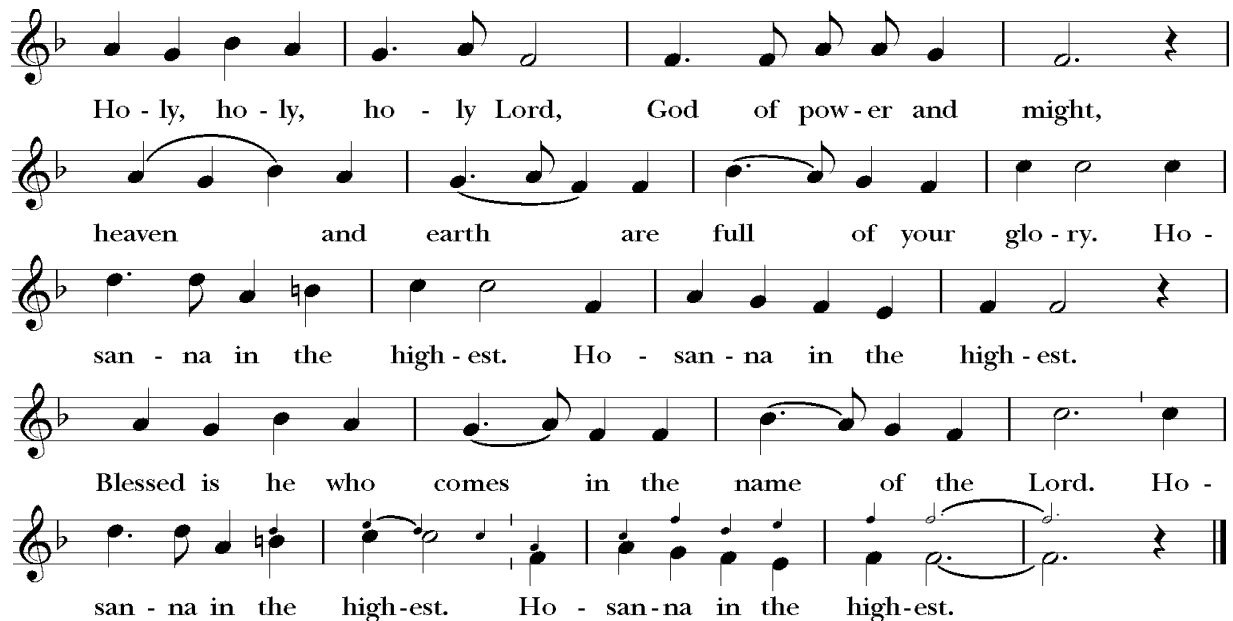
Lift up your hearts.

***We lift them to the Lord.***

Let us give thanks to the Lord our God.

***It is right to give our thanks and praise.***

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:



Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends.

He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of

Christ given for the world you have made. In the fullness of time bring us, [with St. John] and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

***Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done on earth as it is in heaven.***

***Give us this day our daily bread.***

***And forgive us our trespasses as we forgive those who trespass against us.***

***And lead us not into temptation, but deliver us from evil.***

***For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.***

## **The Breaking of the Bread**

Christ our Passover is sacrificed for us;

***Therefore let us keep the feast.***

*Presider:* The Gifts of God for the People of God

## **Communion**

### **Spiritual Communion**

There have been times when people have not always been able to gather in person to fulfill our desire to receive Holy Communion. For these times, the Church provides the practice of Spiritual Communion. I invite all who are watching our liturgy online to receive Christ spiritually. Let us pray together:

***Blessed Jesus, I believe that we are fed with the spiritual food of your Body and Blood.  
Since I cannot receive You physically today, I now desire to receive you spiritually into  
my soul. Unite my heart with those of my community gathered to celebrate the great  
meal of thanksgiving and make us all one with you. May this spiritual communion  
strengthen my faith and grant me confidence in your loving care now and forever.  
Amen.***

## **Prayer After Communion**

*Presider* Let us pray

*People* ***Eternal God, heavenly Father,  
you have graciously accepted us as living members of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food in the Sacrament of his Body and Blood.  
Send us now into the world in peace, and grant us strength and courage  
to love and serve you with gladness and singleness of heart;  
through Christ our Lord. Amen.***

## The Blessing

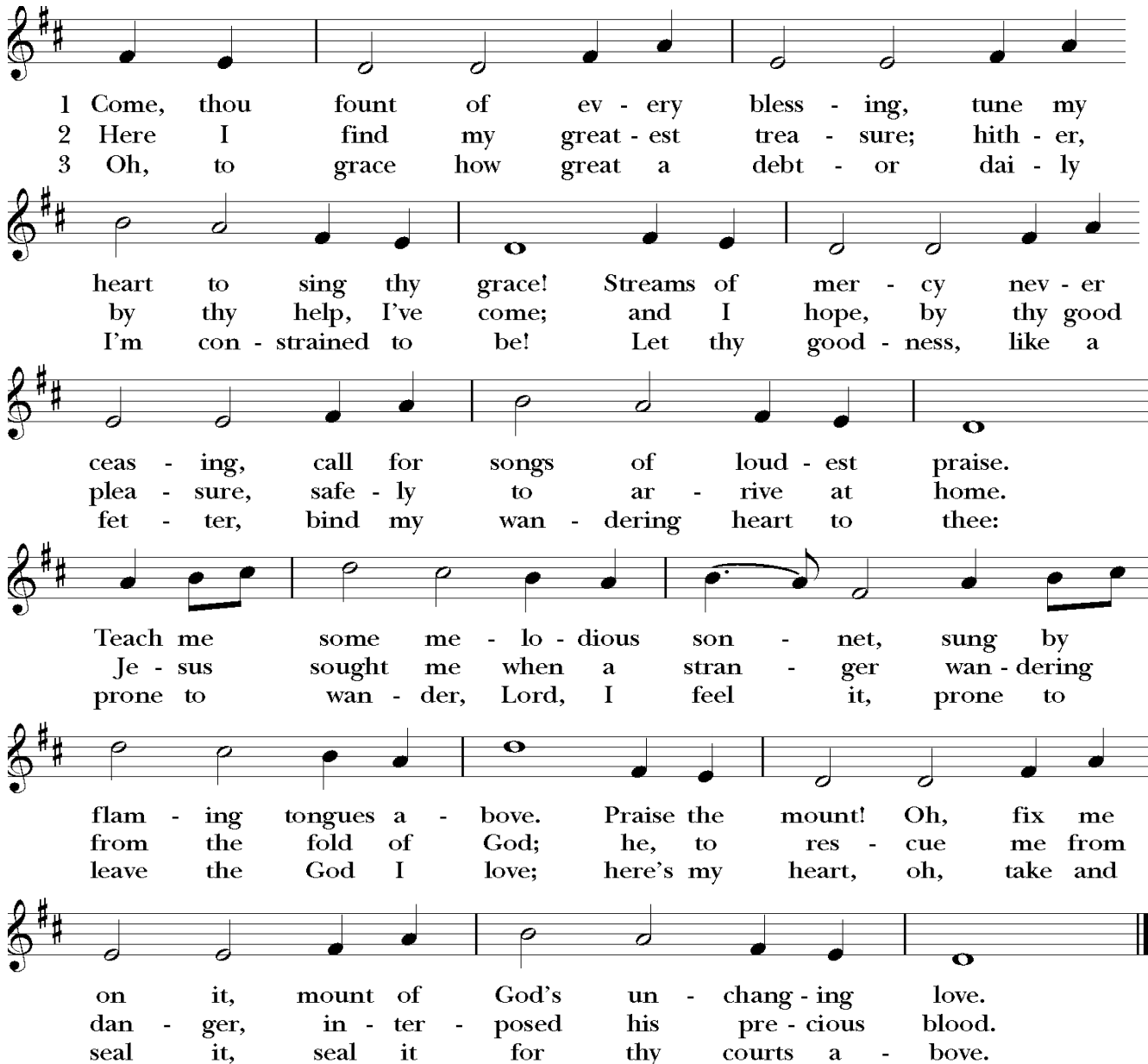
*Presider:* The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord;

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. **Amen.**

## Recessional Hymn

### *Come Thou Fount of Every Blessing*

Hymnal 686



1 Come, thou fount of ev - ery bless - ing, tune my  
2 Here I find my great - est trea - sure; hith - er,  
3 Oh, to grace how great a debt - or dai - ly

heart to sing thy grace! Streams of mer - cy nev - er  
by thy help, I've come; and I hope, by thy good  
I'm con - strained to be! Let thy good - ness, like a

ceas - ing, call for songs of loud - est praise.  
plea - sure, safe - ly to ar - rive at home.  
fet - ter, bind my wan - dering heart to thee:

Teach me some me - lo - dious son - net, sung by  
Je - sus sought me when a stran - ger wan - dering  
prone to wan - der, Lord, I feel it, prone to

flam - ing tongues a - bove. Praise the mount! Oh, fix me  
from the fold of God; he, to res - cue me from  
leave the God I love; here's my heart, oh, take and

on it, mount of God's un - chang - ing love.  
dan - ger, in - ter - posed his pre - cious blood.  
seal it, seal it for thy courts a - bove.

## The Dismissal

*Presider* Let us go in peace to love and serve the Lord.

*People* **Thanks be to God.**

## **Liturgical Leaders**

<b>Presider/Preacher</b>	Rev. Roger Haenke
<b>Gospeller</b>	Rev. Cathey Dowdle
<b>Reader/Prayers</b>	Bill Cheney, David Dennehy,
<b>Psalmist/Vocalists</b>	St. John's Choir: Jeff Bates, Tom Brzeczek, Alice Burnham, Pamela Brittain, Denise Eddleman, Jane Ferguson, Ted Garcia, Maria and Joe Love, Marge Moore, and Leslie Parker
<b>Organist</b>	Cheryl Seppala
<b>Ushers</b>	David and Linda Dennehy
<b>Livestream</b>	Cliff Berkowitz

## **Altar Flowers**

The Altar Flowers are given by Bob and Norma Dunn  
in celebration of their 53rd wedding anniversary.

## **St. John's Mission Statement**

St. John's is a Christian community that intentionally gathers to experience God's love through Episcopal worship, education, fellowship, and ministry to the wider community.

## **St. John's Prayer Lists**

*Today and every day include some time for prayer, for yourself,  
for your church family, and for those in need.*

## **For Our Military**

Matt Jensen, Drew Shorkey, Cody Crossland, Cameron Ronie, Chariti Paden, Mark Stanfield, Sean Robinson, Jonathan Martinez, TK Nguyen, Christopher Lindshield, Timothy Lindshield, Jeremy Colton, David Sanchez, Jonathan Baldera, Nick Wyatt, Jamal Warner, Matt Hernandez, Daniel Getreu, Jocelyn Hernandez, Devon Strunk, Taylor Harrold, Jorge Zuazua, Katherine Milam, Sebastian Morales, Richie Lebron and Roberto Johnson.

## **For Strength in Time of Need**

Scott Hunter, Steve Magill, Gary & Shirley McCarren, Ann Lindshield, Diane Gustafson, Debbie Parrish, Barbara Duncan, and Evan McClure and his family, Liz Chambers and Theresa Duke.

*Names are kept on the Prayers List for 4 weeks and should be submitted by Wednesday.  
If you wish to add a name, please email Maria Love at: [maria@saint-johns.org](mailto:maria@saint-johns.org).*