

Welcome to
St. John's Episcopal Church
Chula Vista, CA

The Eleventh Sunday after Pentecost

August 21, 2022
9:00 am



***No matter who you are or where you are on your spiritual journey,
you are welcome here***

Lighting of Altar Candles

Prelude

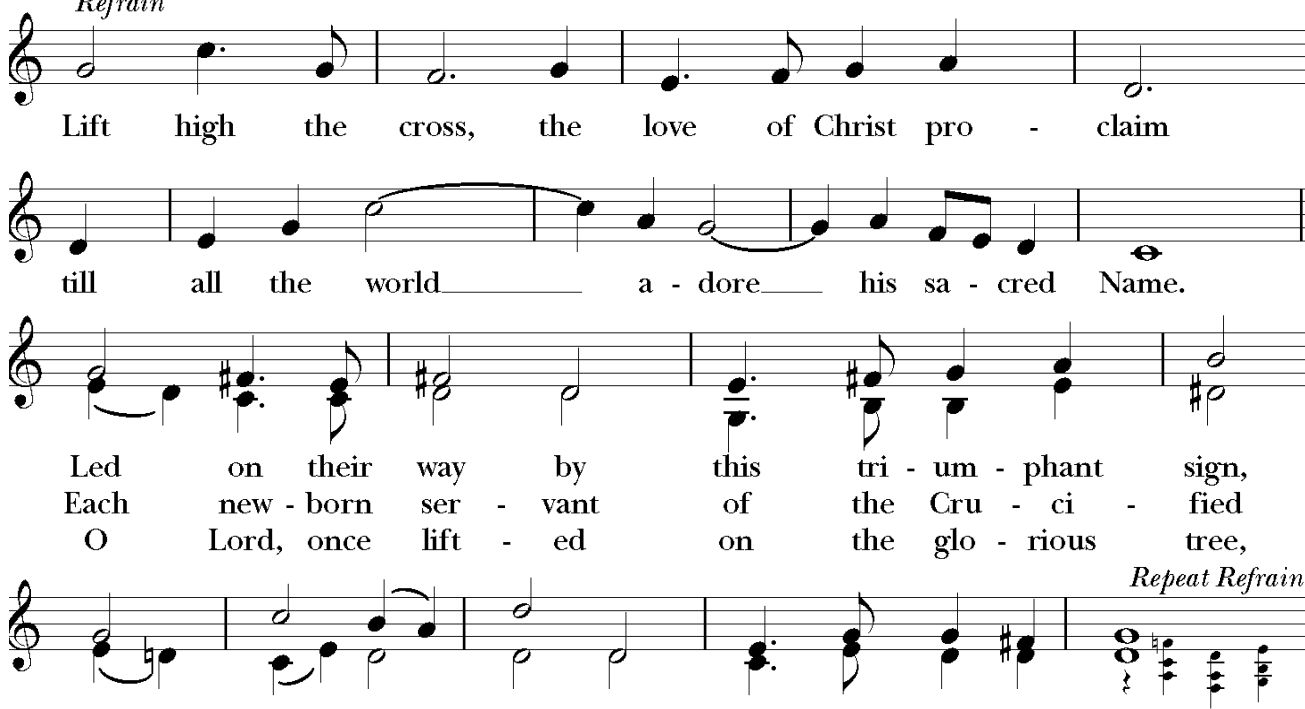
Welcome

Processional Hymn

Lift High the Cross

Hymnal 473

Refrain



Lift high the cross, the love of Christ pro - claim
till all the world a - dore his sa - cred Name.
Led on their way by this tri - um - phant sign,
Each new - born ser - vant of the Cru - ci - fied
O Lord, once lift - ed on the glo - rious tree,
the hosts of God in con - quering ranks com - bine.
bears on the brow the seal of him who died.
as thou hast prom - ised, draw the world to thee.

Repeat Refrain

Opening Acclamation

Presider Blessed be God: Father, Son, and Holy Spirit.

People ***And blessed be God's kingdom, now and forever. Amen***

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

The Collect of the Day

Presider The Lord be with you.

People ***And also with you.***

Presider Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.

The Lessons

A Reading from the Book of the Prophet Isaiah

Isaiah 58:9b-14

If you remove the yoke from among you,
the pointing of the finger, the speaking of evil,
if you offer your food to the hungry and satisfy the needs of the afflicted,
then your light shall rise in the darkness and your gloom be like the noonday.
The LORD will guide you continually,
and satisfy your needs in parched places, and make your bones strong;
and you shall be like a watered garden, like a spring of water, whose waters never fail.
Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach, the restorer of streets to live in.
If you refrain from trampling the sabbath,
from pursuing your own interests on my holy day;
if you call the sabbath a delight
and the holy day of the LORD honorable;
if you honor it, not going your own ways,
serving your own interests, or pursuing your own affairs;
then you shall take delight in the LORD,
and I will make you ride upon the heights of the earth;
I will feed you with the heritage of your ancestor Jacob,
for the mouth of the LORD has spoken.

The Word of the Lord.

Thanks be to God.

Psalm 103:1-8 *Benedic, anima mea*

Bless the Lord, O my soul,
and all that is within me, bless his holy Name.

Bless the Lord, O my soul,
and forget not all his benefits.

He forgives all your sins
and heals all your infirmities;

He redeems your life from the grave
and crowns you with mercy and loving-kindness;

He satisfies you with good things,
and your youth is renewed like an eagle's.

The Lord executes righteousness
and judgment for all who are oppressed.

He made his ways known to Moses
and his works to the children of Israel.

The Lord is full of compassion and mercy,
slow to anger and of great kindness.

A Reading from the Letter of Paul to the Hebrews

Hebrews 12:18-29

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, "If even an animal touches the mountain, it shall be stoned to death." Indeed, so terrifying was the sight that Moses said, "I tremble with fear.") But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, "Yet once more I will shake not only the earth but also the heaven." This phrase, "Yet once more," indicates the removal of what is shaken-- that is, created things-- so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

The Word of the Lord.

Thanks be to God.

Gradual *Spirit of the Living God*

The musical score is written for a single melodic line on a treble clef staff in G major (one sharp) and 4/4 time. It consists of four staves of music. The lyrics are written below the notes. The first staff has the lyrics 'Spir - it of the liv - ing God, fall a - fresh on me. —'. The second staff has the same lyrics. The third staff has the lyrics 'Melt me. Mold me. Fill me. Use me. —' and includes a 'rit.' (ritardando) marking above the final note. The fourth staff has the lyrics 'Spir - it of the liv - ing God, fall a - fresh on me.' and includes an 'a tempo' marking below the first note. The music features various note values including quarter, eighth, and half notes, as well as rests and ties.

Spir - it of the liv - ing God, fall a - fresh on me. —

Spir - it of the liv - ing God, fall a - fresh on me. —

Melt me. Mold me. Fill me. Use me. — *rit.*

a tempo Spir - it of the liv - ing God, fall a - fresh on me.

Presider

The Holy Gospel of our Lord Jesus Christ according to Luke

*People****Glory to you, Lord Christ.***

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of the Lord.

Praise to you, Lord Christ.**Sermon****The Nicene Creed**

***We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.***

***We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.***

***We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.***

The Prayers of the People

Presider Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray,

Lord, hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray,

Lord, hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. We pray,

Lord, hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We pray,

Lord, hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray,

Lord, hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. We pray,

Lord, hear our prayer.

Together let us pray for those who risk their lives to ensure our freedom, to heal, protect, comfort, and keep us safe,

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces, first responders, medical professionals, essential workers and their families. Defend them day by day with your heavenly grace; strengthen them in their trials and challenges; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.

Presider Almighty God our heavenly Father, guide the nations of the world into the way of justice and truth, and establish among them that peace which is the fruit of righteousness, that they may become the kingdom of our Lord and Savior Jesus Christ. **Amen.**

The Confession

Presider Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider The peace of the Lord be always with you.

People ***And also with you.***

Birthday, Anniversary and Traveler Prayers

The Offertory

You may give here or online by using the "Give Now" button on our St. John's website: www.saint-johns.org

Your generous offering helps us to continue the mission and ministry of the parish.

Offertory Anthem

The Great Thanksgiving

Presider The Lord be with you.

People ***And also with you.***

Lift up your hearts.

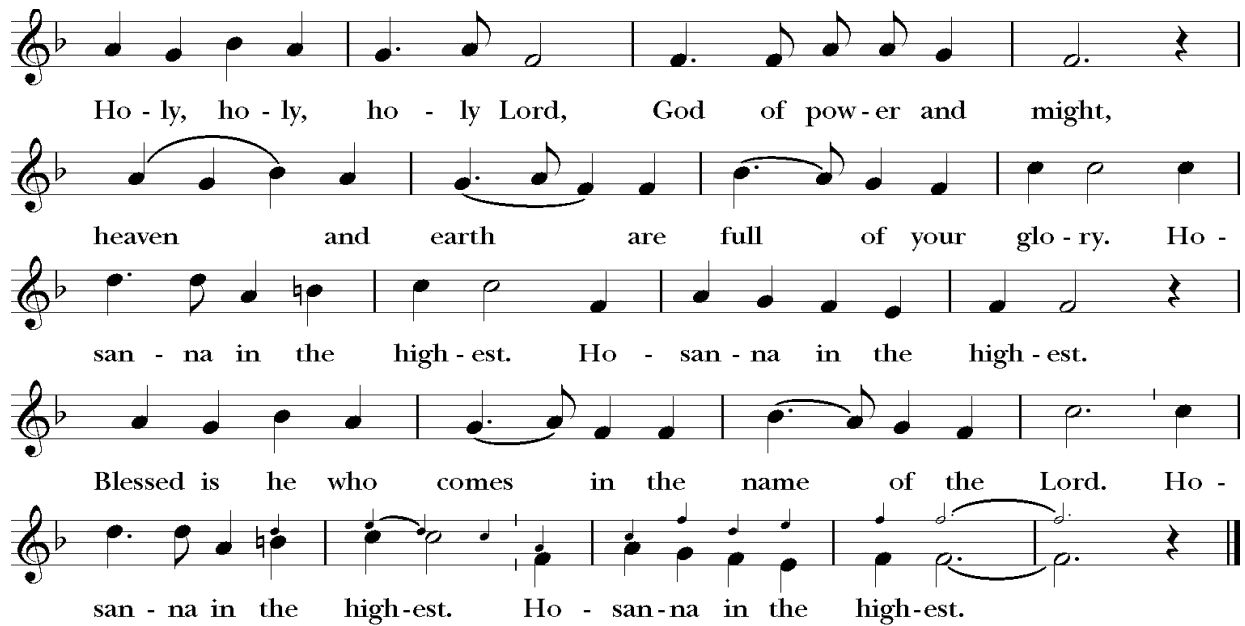
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:



We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. John and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

***Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.***

The Breaking of the Bread

Presider Christ our Passover is sacrificed for us;

People ***therefore let us keep the feast.***

Presider The Gifts of God for the People of God

Communion

Spiritual Communion

I invite all who are watching our liturgy online to receive Christ spiritually. Let us pray together:

Lord Jesus, we believe that you are truly present in the Blessed Sacrament. We are grateful to know there are many ways to experience your presence, but in whatever way we do, we know you come into our hearts, minds and souls. Unite my heart with those of my family of faith gathered to celebrate the great meal of thanksgiving and make us all one with you. May this spiritual communion strengthen my faith and grant me confidence in your loving care now and forever. Amen.

Prayer After Communion

Presider Let us pray

***Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage to love and serve you
with gladness and singleness of heart; through Christ our Lord. Amen.***

The Blessing

Presider The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord. **Amen.**

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

The Dismissal

Presider Go in peace to love and serve the Lord.

People **Thanks be to God.**

Recessional Hymn

Love Divine, All Loves Excelling

Hymnal 657



1 Love di - vine, all loves ex - cell - ing, joy of heaven, to
2 Come, al - might - y to de - liv - er, let us all thy
3 Fi - nish then thy new cre - a - tion; pure and spot - less

earth come down, fix in us thy hum - ble dwell - ing, all thy
life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -
let us be; let us see thy great sal - va - tion per - fect -

faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,
more thy tem - ples leave. Thee we would be al - way bless - ing,
ly re - stored in thee: changed from glo - ry in - to glo - ry,

pure, un - bound - ed love thou art; vis - it us with
serve thee as thy hosts a - bove, pray, and praise thee
till in heaven we take our place, till we cast our

thy sal - va - tion, en - ter ev - ery trem - bling heart.
with - out ceas - ing, glo - ry in thy per - fect love.
crowns be - fore thee, lost in won - der, love, and praise.

Postlude

Liturgical Ministers

Presider/Preacher	Rev. Martha Anderson
Readers/Prayers	Judy Butcher, Tom Brzeczek
Organist	Cheryl Seppala
Acolytes	Scott Bricknell, Malia Attaway, Marge Moore
Ushers	Bill and Irene Cheney
Eucharistic Ministers	Celia Vasquez, Iris Atkins, Debbie Lothspeich
Livestream	Cliff Berkowitz, Jamie Attaway

Altar Flowers

The Altar Flowers are given by Barb Oliveira
in memory of Dee Parmley on their 53rd anniversary.

St. John's Mission Statement

St. John's is a Christian community that intentionally gathers to experience God's love through Episcopal worship, education, fellowship, and ministry to the wider community.

St. John's Prayer Lists

*Today and every day include some time for prayer, for yourself,
for your church family, and for those in need.*

For Our Military

Matt Jensen, Drew Shorkey, Cody Crossland, Cameron Ronie, Chariti Paden, Mark Stanfield, Sean Robinson, Jonathan Martinez, TK Nguyen, Christopher Lindshield, Timothy Lindshield, Jeremy Colton, David Sanchez, Jonathan Baldera, Nick Wyatt, Jamal Warner, Matt Hernandez, Daniel Getreu, Devon Strunk, Taylor Harrold, Jorge Zuazua, Sebastian Morales, Andrew C. Dugger, Dan and Chelsey Nyaradi, Ryan Lothspeich, Roberto Chavez, and Roberto Johnson and the crew of USS Essex.

For Strength in Time of Need

Steve Magill, Gary and Shirley McCarren, Ann Lindshield, the McClure family, Christy and Mike Gollihur, Norma Dunn, Anna Jones, Linda Longoria-Neff, Bob Smalley, Dave Stewart, Rochelle Kramer, Craig Nightingale, Jenny and Herb Dougherty, Tony Ramirez, Tom Brosche and Michael Brosche.

*(Names are kept on the Prayers List for 4 weeks and should be submitted by Wednesday.
If you wish to add a name, please email Maria Love at: maria@saint-johns.org.)*

St. John's Clergy

The Rev. Roger Haenke, *Rector*

St. John's Vestry

Lynn Young, *Senior Warden*

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619-481-1256

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Jane Ferguson, *Clerk*

Bill Cheney, *Treasurer*

Diane Gustafson, *Recorder*

Pamela Brittain

Alice Burnham

David Dennehy

Alejandra Valdez-Beer



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