

Welcome to  
**St. John's Episcopal Church**

**Ninth Sunday after Pentecost**

**August 2, 2020**

**9:00 am**

Livestream on Facebook

*No matter who you are or where you are on your spiritual journey,  
you are welcome here*



*He looked up to heaven,  
and blessed and broke the loaves,  
and gave them to the disciples,  
and the disciples gave them to the crowds*

*Matthew 14:19*

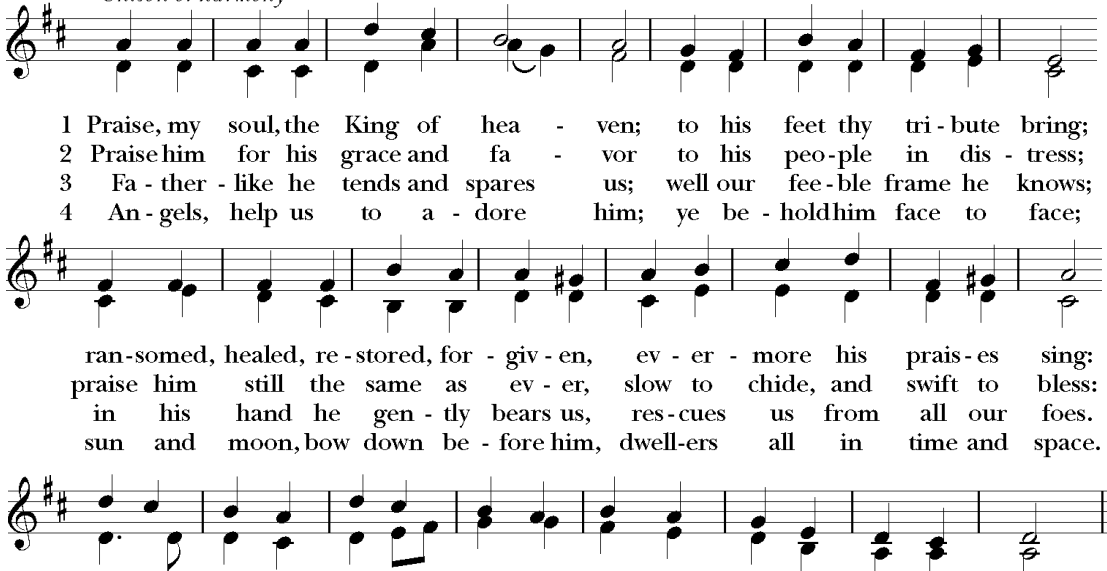
## The Word of God with Spiritual Communion

### Opening Hymn

*Praise, my soul, the King of heaven*

Hymnal 410

*Unison or harmony*



1 Praise, my soul, the King of hea - ven; to his feet thy tri - bute bring;  
2 Praise him for his grace and fa - vor to his peo - ple in dis - tress;  
3 Fa - ther - like he tends and spares us; well our fee - ble frame he knows;  
4 An - gels, help us to a - dore him; ye be - hold him face to face;  
ran - somed, healed, re - stored, for - giv - en, ev - er - more his prais - es sing;  
praise him still the same as ev - er, slow to chide, and swift to bless:  
in his hand he gen - tly bears us, res - cues us from all our foes.  
sun and moon, bow down be - fore him, dwell - ers all in time and space.  
Al - le - lu - ia, al - le - lu - ia! Praise the ev - er - last - ing King.  
Al - le - lu - ia, al - le - lu - ia! Glo - rious in his faith - ful - ness.  
Al - le - lu - ia, al - le - lu - ia! Wide - ly yet his mer - cy flows.  
Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

### Salutation

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*People* ***And blessed be his kingdom, now and for ever. Amen***

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,  
that we may perfectly love you, and worthily magnify your holy Name;  
through Christ our Lord. ***Amen.***

*Presider* Lord, have mercy.

*People* ***Christ, have mercy.***

*Presider* Lord, have mercy.

### The Collect of the Day

*Presider* The Lord be with you.

*People* ***And also with you.***

*Presider* Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

**A Reading from** Isaiah 55:1-5

Thus says the Lord: "Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the LORD your God, the Holy One of Israel, for he has glorified you."

The Word of the Lord.

**Thanks be to God.**

**Psalm 145:8-9, 15-22** *Exaltabo te, Deus*

The Lord is gracious and full of compassion,  
**slow to anger and of great kindness.**

The Lord is loving to everyone  
**and his compassion is over all his works.**

The Lord upholds all those who fall;  
**he lifts up those who are bowed down.**

The eyes of all wait upon you, O Lord,  
**and you give them their food in due season.**

You open wide your hand  
**and satisfy the needs of every living creature.**

The Lord is righteous in all his ways  
**and loving in all his works.**

The Lord is near to those who call upon him,  
**to all who call upon him faithfully.**

He fulfills the desire of those who fear him;  
**he hears their cry and helps them.**

The Lord preserves all those who love him,  
**but he destroys all the wicked.**

My mouth shall speak the praise of the Lord;  
**let all flesh bless his holy Name for ever and ever.**

**A Reading from** Romans 9:1-5

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

The Word of the Lord.

**Thanks be to God.**

**Gradual**

*Almighty God, your word is cast*

Hymnal 589



1 Al - might - y God, your word is cast like seed up - on the ground,  
2 Let not our self - ish - ness and hate this ho - ly seed re - move,  
3 Let not the world's de - ceit - ful cares the ris - ing plant des - troy,



now let the dew of heaven de - scend and right - eous fruits a - bound.  
but give it root in ev - ery heart to bring forth fruits of love.  
but let it yield a hun - dred - fold the fruits of peace and joy.

**The Gospel** Matthew 14:13-21

*Presider* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People* **Glory to you, Lord Christ.**

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The Gospel of the Lord.

**Praise to you, Lord Christ.**

I Al - mighty - y God, your word is cast like seed up - on the ground,  
 now let the dew of heaven de - scend and right - eous fruits a - bound.

## Sermon

### The Nicene Creed

*We believe in one God,  
 the Father, the Almighty,  
 maker of heaven and earth,  
 of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,  
 the only Son of God,  
 eternally begotten of the Father,  
 God from God, Light from Light,  
 true God from true God, begotten, not made,  
 of one Being with the Father.  
 Through him all things were made.  
 For us and for our salvation he came down from heaven:  
 by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
 and was made man.  
 For our sake he was crucified under Pontius Pilate;  
 he suffered death and was buried.  
 On the third day he rose again in accordance with the Scriptures;  
 he ascended into heaven and is seated at the right hand of the Father.  
 He will come again in glory to judge the living and the dead,  
 and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,  
 who proceeds from the Father and the Son.  
 With the Father and the Son he is worshiped and glorified.  
 He has spoken through the Prophets.  
 We believe in one holy catholic and apostolic Church.  
 We acknowledge one baptism for the forgiveness of sins.  
 We look for the resurrection of the dead,  
 and the life of the world to come. Amen.*

## Prayers of the People

Let us pray for the Church and for the world and all who are in need.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your presence in the world.

Lord, in your mercy, **Hear our prayer.**

Guide the people of this country, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy, **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy, **Hear our prayer.**

Bless all who live in relationship with one another, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy, **Hear our prayer.**

Comfort and heal all those who are weary in body, mind, or spirit; come to the aid of those who suffer from the coronavirus, the unemployed, the hungry and the homeless, and all those listed on our parish prayer list; give them courage and hope through our care, and give them the rest and joy of your salvation.

Lord, in your mercy, **Hear our prayer.**

We commend to your mercy all who have died, especially Rob McKay, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy, **Hear our prayer.**

Together let us pray for those serving in the armed forces, first responders, medical professionals, essential workers and their families

***Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces, first responders, medical professionals, essential workers and their families. Defend them day by day with your heavenly grace; strengthen them in their trials and challenges; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.***

*Presider*            O Lord our God,  
accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

## Confession of Sin

*Presider* Let us confess our sins against God and our neighbor.

***Most merciful God,  
we confess that we have sinned against you in thought, word, and deed,  
by what we have done, and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways, to the glory of your Name. Amen.***

*Presider* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
***Amen.***

## The Peace

*Presider* The peace of the Lord be always with you.

*People* ***And also with you.***

## Birthday and Anniversary Prayers

### The Offertory

*Presider:* Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

*Ephesians 5:2*

*Stewardship is about the offering of our time, talent and treasure.*

*Thank you to all those who make the work and ministry of St. John's continue.*

*We have made it even more convenient for you to offer a reoccurring or one-time gift online.*

*You will find a "Give Now" button on our St. John's website: [www.saint-johns.org](http://www.saint-johns.org)*

## Doxology



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him a - bove, ye heav'nly host: Praise Father, Son, and Ho - ly Ghost. A-men.

## The Lord's Prayer

*Presider* And now, as our Savior Christ has taught us, we are bold to say,  
***Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.***

## Spiritual Communion

*Presider* It is a tradition in Episcopal churches to share together in the sacrament of Holy Communion, sharing in Christ's Body and Blood. Since we cannot gather in person, our church allows a person who hungers for Holy Communion to share in its benefits. This is called Spiritual Communion, and it draws us together as the Body of Christ in this world. Let us pray together a prayer of Spiritual Communion.

***My Jesus, I believe that you are truly present  
in the Blessed Sacrament of the Altar.  
I love you above all things, and long for you in my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
I embrace you as if you were already there  
and unite myself wholly to you.  
Never permit me to be separated from you. Amen.***

## Concluding Collect

***A Prayer for the Power of the Spirit among the People of God.***

*This prayer was written by Lutheran and Episcopal prayer leaders in light of the COVID pandemic to unite us in common prayer and revive us for common mission, wherever and however we may be gathered.*

*Presider* God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. ***Amen.***



## The Blessing

*Presider* The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord;  
And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

## Closing Hymn

*Sing praise to God who reigns above*

Hymnal 408

1 Sing praise to God who reigns a - bove, the God of all cre -  
2 What God's al-might - y power hath made, his gra - cious mer - cy  
3 Let all who name Christ's ho - ly Name give God all praise and

a - tion, the God of power, the God of love, the God of  
keep - eth; by morn - ing glow or eve - ning shade his watch - ful  
glo - ry; let all who know his power pro - claim a - loud the

our sal - va - tion; with heal - ing balm my soul he fills, and  
eye ne'er sleep - eth. With - in the king - dom of his might, lo!  
won - drous sto - ry! Cast each false i - dol from its throne, the

ev - ery faith - less mur - mur stills: to God all praise and glo - ry.  
All is just and all is right: to God all praise and glo - ry.  
Lord is God, and he a - lone: to God all praise and glo - ry.

## The Dismissal

*Presider:* Let us go forth in the name of Christ. Alleluia. Alleluia.

*People:* **Thanks be to God. Alleluia. Alleluia.**

## **Liturgical Leaders**

<b>Presider/Preacher</b>	Rev. Roger Haenke
<b>Readers/Responses</b>	Pamela Brittain, Tom Brzeczek Ray Contreras
<b>Gospel</b>	Rev. Cathey Dowdle
<b>Prayers of the People</b>	Jeff Bates
<b>Spiritual Communion</b>	Rev. Cathey Dowdle
<b>Psalmist/Vocalists</b>	Jane Ferguson, Lucy Ferguson, Anna Brunner
<b>Organist</b>	Cheryl Seppala
<b>Video Production</b>	Cliff Berkowitz

## **From the Prayer Journal of Fr. Jack Tolley**

*From the archives— Originally published on 9-9-2018*

I thought you would enjoy this wonderful blessing from Henri Amiel (1821 - 1881). He was a Swiss Moral Poet and Professor of Aesthetics and Moral Philosophy at The Academy of Geneva.

Blessings and love, Fr. Jack

"Life is short, and we do not have too much time to gladden the hearts  
of those who travel with us,  
so be quick to love and make haste to be kind.  
And may the blessings of the one who made us, the one who loves us,  
and the one who travels with us, be with you and those you love  
this day and always."

## **Bags Needed**

St Mark's, City Heights, is feeding hungry families at an unprecedented rate. They need 150 bags a week to accomplish their work. If you leave your unwanted large paper bags and reusable plastic bags outside my house, I will deliver them to St Mark's.

Thanks. Norma (1206 Corte de Vela, Chula Vista, 91910)

## **Prayers List**

Today and every day include some time for prayer, for yourself,  
for your church family, and for those in need.

### **For our Military**

Matt Jensen, Drew Shorkey, Cody Crossland, Cameron Ronie, Chariti Paden, Mark Stanfield,  
Sean Robinson, Jonathan Martinez, TK Nguyen, Christopher Lindshield, Timothy Lindshield,  
Jeremy Colton, David Sanchez, Jonathan Baldera, Nick Wyatt, Jamal Warner,  
Matt Hernandez, Daniel Getreu, Jocelyn Hernandez, Devon Strunk, Taylor Harrold,  
Jorge Zuazua, Katherine Milam, Sebastian Morales and Richie Lebron.

### **For strength in time of need**

Scott Hunter, Betty Robertson, Bill Rogers, Barbara Duncan, Dean Peters, Jan Jones, Sarah Freeman,  
Rob Fredericks, Austin Stott, George Fielding and Fr. Jack and Sarah Tolley

For the repose of the souls of Rev. Al Stott and Rob McKay.  
May light perpetual shine on them.

*(Names are kept on the Prayers List for 4 weeks and should be submitted by Wednesday.  
If you wish to add a name, please email Maria Love at: [maria@saint-johns.org](mailto:maria@saint-johns.org).)*

## **We Are Available in Your Time of Need**

If you have a pastoral emergency when the parish offices are closed,  
please call Rev. Roger at 619-301-0724 or email [revroger@saint-johns.org](mailto:revroger@saint-johns.org)

## **St. John's Mission Statement**

St. John's is a Christian community that intentionally gathers to experience God's love  
through Episcopal worship, education, fellowship, and ministry to the wider community.

## **Prayer For the Human Family**

*O God, you made us in your own image and redeemed us through Jesus your Son:  
Look with compassion on the whole human family;  
take away the arrogance and hatred which infect our hearts;  
break down the walls that separate us; unite us in bonds of love;  
and work through our struggle and confusion to accomplish your purposes on earth;  
that, in your good time, all nations and races may serve you in harmony  
around your heavenly throne; through Jesus Christ our Lord. Amen*

## **St. John's Clergy**

The Rev. Roger Haenke, *Priest-in-Charge*

The Rev. Jack Tolley  
The Rev. Cathey Dowdle

## **St. John's Vestry**

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Diane Gustafson, *Clerk*

Pamela Brittain

Ray Contreras

Muriel Kulikowski

Jim McDevitt

Judy McKay

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