



Vitality Parenting

Parenting that builds relationships, better behavior, and mental wellness

Do you have a child with emotions that seem too big for the situation? Do you know the best way to deal with tantrums and emotional melt-downs? Are you afraid of the teenage years? Would you like to revitalize your parenting? Join Kimberly Griffin, a mother of six who has been down one of the hardest roads in parenting, as she shares important skills and information that every parent should know. Learn how to communicate to build relationships, improve children's behavior, and potentially prevent dark and dangerous behaviors. Find out what extreme experience, extensive research, and numerous experts reveal about relational parenting. You'll receive vital information, handouts, resources, references, have a bit of fun, and be better equipped with valuable parenting tools that can be put to use immediately. Appropriate for parents and grandparents of all ages.

Saturday, September 25, 2021

9:00 am- 12:00 pm

Space is limited to 26

Please register at

<https://www.signupgenius.com/go/10C0D4DADAC2EABFFC70-vitality>

